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Co-Founder of Netflix and HPU Entrepreneur in Residence mentors students at High Point University.

HPU pharmacy student Ivana Korankyi pitched her business idea to the Netflix Co-Founder. His feedback helped Korankyi push her “Flasky Labware” invention, a specialized tool that collects the medication researchers and drug companies are usually unable to reach on the interior walls of a round-bottom flask, from idea to reality.



Apple

STEVE WOZNIAK
Apple Co-Founder
HPU's Innovator in Residence



NETFLIX

MARC RANDOLPH
Netflix Co-Founder
HPU's Entrepreneur in Residence

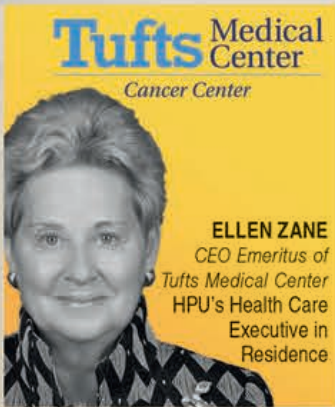


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Dallas Mavericks CEO
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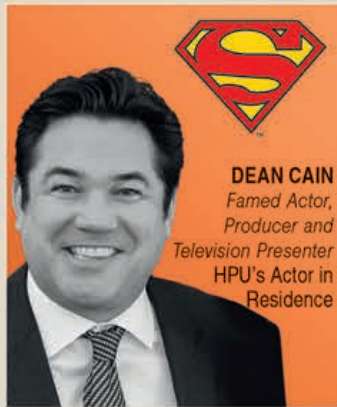
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Cancer Center

ELLEN ZANE
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BYRON PITTS
Co-Ancor of ABC's "Nightline"
HPU's Journalist in Residence



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Wayne Brady

The improv legend takes to the Broadway stage in a new revival of *The Wiz*

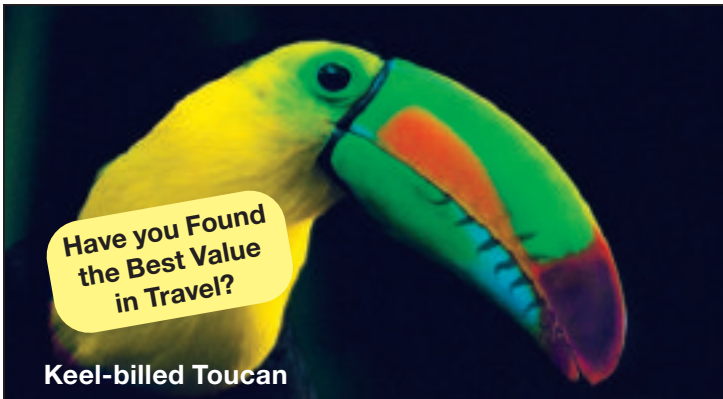
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Run for the Roses

150 years of history, horses, and (of course) hats at the Kentucky Derby



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Keel-billed Toucan

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Visit us online for more travel ideas

At hemispheresmag.com, we’ve got tons of guides, including a tour of London’s historic aits, 180 small islands on the River Thames. Some have provided refuge for royals, others have appeared on the silver screen, and all of them teem with wildlife.



Welcome aboard! On behalf of the United team, I'd like to thank you for choosing to fly with us today.

Our team has been hard at work expanding our large and diverse route network, providing you, our guests, with popular and unique destinations to explore. Last year, United became the largest airline in the world, offering the most destinations across the Atlantic and Pacific from North America—and we are not done yet. It's our goal to make United the airline of choice for our guests, and we are building on our leading global network with several exciting additions in 2024.

Summer of Growing Choices

Next month, we'll inaugurate Faro, Portugal, as our 38th destination across the Atlantic. This destination is unique to United from North America and is our fourth gateway into Portugal. With service to the most destinations in Portugal, we are giving our customers more access to explore everything this vibrant country has to offer.

This summer, United is also increasing service to top destinations across Europe. We will add service from Chicago to Athens and San Francisco to Barcelona, and we're reconnecting New York/Newark with Reykjavík.

Additionally, we're adding more flights to popular destinations such as Málaga, Naples, Nice, Brussels, and Rome, giving our guests even more opportunities to fly United.

I am proud of what we are building across the Atlantic, but our investment is global. In Latin America, we now connect Georgetown, Guyana, with the United network via Houston. We also started service to Tulum, in Mexico's Riviera Maya, providing easier access to this eco-tourism gateway.

In 2023, we made significant investments into the North and South Pacific. We became the largest airline from the U.S. to Australia, restarted service to Beijing, added more flights to Hong Kong and Taipei, and launched the first-ever nonstop flight by a U.S. carrier from the continental U.S. to Manila. This spring, we will build out our Japan network further with new flights between Guam and Tokyo-Haneda.

While United has been busy expanding its global reach, I'm equally excited about our adds within

North America. We know our customers love the outdoors, and we're launching eight new routes to Alaska and Canada this summer, including the only nonstop service between Washington, D.C., and Anchorage. United will offer something new this summer from all seven of our hubs, including more than 100 new flights from Denver and Houston.

Excited for Fall and Winter

As much as we love summers, we are looking ahead to the upcoming fall and winter season as well. My team and I pride ourselves on offering numerous unique and exciting destinations—much more than our competitors—and this list will continue to grow. This fall, United will become the

exclusive airline to fly the first-ever service between the U.S. and Marrakesh, Morocco, which is quickly becoming the next must-visit destination. Served from New York/Newark, Marrakesh will be United's fifth destination on the African continent. Across the Pacific, we are continuing our leading position in the Philippines with a flight to Cebu from Tokyo-Narita, connecting a beautiful tropical region known for its stunning beaches to the broader United network. Finally, we are expanding in Latin America with new flights to Medellín, Colombia from



Now Boarding: More Routes for 2024

A message from Patrick Quayle

Houston, enabling easier access to this dynamic city for our guests.

As a teenager, I marveled at the expansive route maps of past U.S. airlines. Looking at United's global route network today, I am proud of what we have built: the best and broadest network of any U.S. airline—ever. I know United's future remains bright, and I look forward to sharing even more new destinations and routes with you in the coming years.

As always, thank you for choosing to fly with United.

A handwritten signature in blue ink that reads "Patrick Quayle".

Patrick Quayle

Senior Vice President of Global Network Planning and Alliances



The Science Behind a Sign

Inside the data-driven design philosophy of our innovative airport signage system

By Andrew Morrell

The countless signs that fill our world give us a sense of direction as we move from point A to B. Signs take on extra importance in the airport, an environment where time and safety are of the essence.

Of course, signs are capable of so much more than stating the obvious. So, when several teams across United set out to remake airport signage for the modern travel landscape, they weren't just looking to slap on a new coat of paint.

"We understand that an airport can be a chaotic, stressful environment for travelers," says Amy Thornton, Director of Brand at United. "We're re-envisioning

our United-branded signage system as a beacon or a landmark that travelers can rely on to guide them through the United experience confidently."

Informed by customer feedback, employee experience, and data-driven design, we re-imagined airport wayfinding and are in the process of updating signs across our network. Our new and improved signs make more effective use of color and iconography to cut through the noise—and even cut across language barriers or different abilities to guide travelers on their journey through the busiest of airports. Those colors and icons are integrated across

the digital experience in areas including the United app, creating a cohesive experience from before you've set foot in an airport through when you step off the plane at your destination.

This design system came together after many months of user testing, involving more than 100,000 travelers. It provides a unified experience at every step of the way, as travelers move from the lobby, through security, and to their departure gate. Signs anchored in light blue direct travelers to key landmarks, such as bag tag kiosks, while purple signs denote the location of premium services, like Premier Access®. Bolder pink and yellow signs highlight areas where travelers can get additional assistance, if needed.

"Our wayfinding system is rooted in the unique color, nomenclature, and iconography of each lobby check-in area," says SueSan Chen, Senior Manager of Brand. "Regardless of how a person prefers to learn or communicate, there's an element within this system that is

designed to help them navigate the airport."

When paired with action-oriented icons, the colors and designs work together to communicate information in multiple ways. This allows the messages to effectively reach a wide range of people, including non-English speakers or those who experience colorblindness.

As the new signs began rolling out in select United hubs last year, the impact was felt almost immediately. Customer service agents in hubs such as Chicago O'Hare were the first to report on the early success of the rollout, saying they now had better tools at hand to assist travelers.

"This project isn't just about refreshing our signs, it was about de-stressing the journey," says Kenny Frank, Senior Manager of Lobby Strategy and Innovation. "Throughout the entire process, from testing to installation, our frontline employees provided so much feedback on what customers relate to and how they navigate the airport. As we began transforming our lobby spaces with these new signs, I had so many colleagues come up and personally thank our teams for helping make this vision come to life. It's a tool for both our customers and employees to help remove stress from the travel experience as much as possible."

You may have spotted some of our updated signs on your trip through the airport today, and you can expect to see more of them as we continue to roll them out over the next year. It's all part of our ongoing effort to make each and every moment of your trip easier, with results you can see firsthand every time you fly with us.



Time Is of the Essence

Want to skip the long security lines? Here are four ways you can have a quick and seamless airport experience this summer.

By Michaela Madden

Summer is just around the corner, which means we're about to enter one of the busiest travel periods of the year. Flights are fuller, lines are longer, and you'll likely need to budget some extra time for your travel journey. For those looking to spend less time waiting in airport lines this summer, security programs like TSA PreCheck®, Mobile Passport Control, and more can save the day. Applying for these programs is easier than ever if you're a United MileagePlus® member or a United Chase credit cardholder; here's a quick guide.

TSA PreCheck

If you've ever seen a small green check mark on a boarding pass, you're probably familiar with TSA PreCheck, an expedited screening program that helps travelers in the U.S. get through airport security faster.

The program comes with several benefits. About

99 percent of people enrolled in TSA PreCheck wait less than 10 minutes in security lines, giving them extra time to explore one of our United Club® locations or grab a coffee at their gate. There's also no need to remove shoes, laptops, travel-size liquids, belts, or light jackets while passing through security, allowing greater comfort and convenience. Lastly, children aged 12 and younger can accompany their parent or guardian at no extra charge, providing a seamless security experience for the whole family.

To apply for TSA PreCheck, you must be a U.S. citizen, national, or lawful permanent resident. The application fee, starting at \$78, covers your membership for five years. If you're a United MileagePlus® member or United Chase cardholder, however, you can pay the fee with 11,000 miles or even have the fee covered through your credit card benefits.

Global Entry

If you see yourself exploring a new country this summer or are often traveling overseas, Global Entry can help you breeze through U.S. Customs and Border Protection (CBP) lines. Program members get to use designated Global Entry lanes, where a quick photo will be captured to verify their membership and identity. This eliminates the need for paperwork and processing lines, speeding up the return to the U.S.

U.S. citizens, U.S. lawful permanent residents, and citizens of select other countries can apply for Global Entry for a \$100 nonrefundable fee. This fee not only covers your Global Entry membership for five years, but also includes five years of TSA PreCheck membership, giving you the best of both worlds. Additionally, most United Chase cardholders receive a \$100 statement credit to cover their Global Entry fee.

Mobile Passport Control

Another option for expediting your return to the U.S. is to use the free Mobile Passport Control (MPC) app. That's right—it's completely free to use. With the app, eligible travelers can submit their travel documents, photos, and customs declaration information instead of filling out paper declaration forms. Passengers will then get a QR code to present to the customs and border protection officer, reducing wait times. Additionally, up to 12 family members can be added to one QR code for more efficient processing.

The MPC app is available to U.S. citizens, U.S. lawful permanent residents, Canadian B1/B2 citizen visitors, and returning Visa Waiver Program travelers who have been approved by the Electronic System for Travel Authorization (ESTA) and can download the app from their device's mobile app store.

CLEAR®

Lastly, CLEAR Plus is an annual membership that uses your eyes or fingerprints to verify your identity at more than 55 airports across the U.S. Members can use the CLEAR lane to verify their biometrics, eliminating the need to take out physical identification and speeding up the security process. A CLEAR Plus membership can also be used alongside a TSA PreCheck membership for an ultra-fast security experience.

The CLEAR Plus annual membership fee is \$189, with discounted prices for MileagePlus members. If you're a MileagePlus Premier® member, you may be eligible for a complimentary membership.

Turn to page 116 for more information on security programs.

The Drive

By Jeremy Taylor



The Road to the Masters

Driving through the Appalachian Mountains and on to Augusta, Georgia, in a Mercedes-AMG GLE 53

A pilgrimage to Augusta National Golf Club to watch the Masters is a once-in-a-lifetime chance for golf fans to feel as if they've stepped back in time. I've landed in Atlanta a day before the tournament starts, and since I've got my hands on a Mercedes-AMG GLE 53, I've decided to take a scenic detour to visit another decidedly old-fashioned area: the Southern Appalachian Mountains.

I tee off the trip with breakfast at **Buttermilk Kitchen**, a farm-to-table spot in Buckhead. Fried chicken on a buttermilk biscuit with a side of pimento cheese grits is definitely the right way to start a day of driving around the South, and I'm soon zooming northeast on U.S. Route 19 toward the Chattahoochee-Oconee National



Forest. I peel off on State Route 60, pulling into the community of Suches, known as the Valley Above the Clouds, and park the Mercedes at the **Cooper's Creek Recreation and Wildlife Management Area**. A short hike brings me to Sea Creek Falls, a 30-foot waterfall with a swimming hole at the bottom. Not wanting to muck up the car's pristine interior, I turn around without getting wet.



I wish it were late enough to wet my whistle when I stop at **Serenberry Vineyards & Winery** 30 minutes later. Instead, I buy a bottle of crisp chardonnay for later and head over to **Chester Brunnenmeyer's Bar & Grill**, a rustic spot in the historic town of Blue Ridge, where I nosh on a mesquite-grilled burger topped with pimento cheese.

From Blue Ridge, I turn east and curve slowly north, crossing the state line and winding my way up U.S. Route 64 to Highlands, North Carolina. I stop for a stroll on the **Highlands Heritage Walking Trail**, taking in the quaint turn-of-the-century buildings in the picture-postcard town.

The sun is starting to sink, so I get back in the Mercedes and head to **Skyline Lodge**, a 1930s hideaway that reopened as a modern boutique hotel in 2021. I'm surprised to find myself

Clockwise from above: Jon Rahm tees off at Augusta National Golf Club during the 2023 Masters; Oak Steakhouse; shops in Blue Ridge, Georgia; a chicken biscuit and grits at Buttermilk Kitchen

getting hungry, but maybe that's because I know what awaits me at the property's restaurant, **Oak Steakhouse**: a 20-ounce, dry-aged rib eye. After that, I'm ready for bed.

I'm up early the next morning to make the three-hour drive back south to Augusta, entering South Carolina and following

Highway 28 along the Savannah River and the Georgia border. I finally cross the river back into the Peach State just north of the **Augusta National Golf Club**, where I join the melee of fans traveling in to see "a tradition unlike any other." I hope the fairways are as green as they have been in my dreams.



THE CAR

2024 Mercedes-AMG GLE 53 4Matic+ SUV

The updated GLE 53 remains as burly as ever, albeit with lines that are a whole lot sleeker than most amateur golfers' swings. The 3.0-liter, six-cylinder engine powers this chunky SUV (with as much as 74.9 cubic feet of cargo space, you'll have plenty of room for all of your clubs) from zero to 60 in just 4.9 seconds. An adaptive damping system and quick-shift, nine-speed, automatic gearbox add to a level of performance that's more pleasantly surprising than a hole-in-one. *From \$86,750, mbusa.com*



David Cannon/Getty Images (Rahm); courtesy of Buttermilk Kitchen (biscuit); Tim Lenz (Oak Steakhouse); B. David Cathell/Alamy Stock Photo (Blue Ridge)

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The Adventure

Story and Photography by
Brianna Randall



Fantastic Voyage

The traditional Polynesian sailing canoe *Hökūle'a* makes an epic journey across the Pacific

Waves roll *Hökūle'a* as icy rain falls in sheets, drenching a dozen crew members while they reef the sails of the double-hulled canoe. Juneau, Alaska, is still 10 hours away, but when *Hökūle'a* enters Auke Bay that afternoon, its red sails vivid against snow-capped peaks, hundreds of people stand on the rocky shore to celebrate its arrival. Tlingit canoes circle the boat, while Indigenous leaders chant on shore to grant the crew permission to enter their homeland.

This scene, last June, marked the launch of the Moananuiākea voyage, a four-plus-year, 43,000–nautical mile circumnavigation of the largest ocean on Earth during which *Hökūle'a*, a 49-year-old replica of a traditional Polynesian ocean canoe, is slated to stop at 345 ports in 36 countries and 100 Indigenous territories. The crew uses classic wayfinding methods (observing the stars, wind patterns, ocean currents, and animal behavior) to navigate, sleeps head-to-toe on narrow pads, cooks meals on a camp stove, and employs a long wooden oar to steer.

By the end of 2023, the ship had sailed 2,800 miles from Alaska to San Diego, visiting 45 ports along the West Coast. The crew then added a detour to Maui to show support for a community still



hurting from last summer's deadly wildfires. This year, the Polynesian Voyaging Society is conducting training sails to Tahiti before returning to Hawaii to make shorter trips around the islands. In 2025, the circumnavigation of the Pacific continues, as *Hökūle'a* travels to Aotearoa (New Zealand) and beyond. The voyage will ultimately include stops in the Americas, Rapa Nui, Mangareva, the Marquesas, and more, before finally terminating in Hawaii in 2028. At each port, the public is invited to tour the boat and participate in cultural engagements with the crew. (You can track the voyage at hokulea.com/moananuiakea.)

A total of 400 volunteers will serve as crew members, rotating through the stages of the journey. For many of them it's an honor to sail the ship, which the Polynesian Voyaging Society



constructed in 1975 to help prove that the ancient Polynesians were able to navigate across the Pacific using the art of wayfinding. "It has huge cultural significance," says crew member Tehinamai Tafiti. "It is one of the few things you can do today that is exactly like what your ancestors did."

Aside from its cultural importance, the Moananuiākea voyage is also meant to inspire people to become better stewards of the ocean—and the planet as a whole. "The power of people working together toward a common goal is immense," says Catherine Fuller, a Hawaiian teacher who served as watch captain in Juneau. "We all are on the same *wa'a* [boat]. We sail the same paths with the same island—a sustainable Earth—in our sights."

Clockwise from top: *Hökūle'a* approaches San Diego; dancers greet the arriving ship in San Diego; a Tlingit canoe escort in Juneau, Alaska; Tehinamai Tafiti (left) and Catherine Fuller in Juneau





Iberian Express

It's never been easier to buy a vacation property across the Atlantic



The rise of digital nomad visas has made owning a vacation home in Europe more appealing than ever. Why spend four hours in traffic each weekend driving to the Hamptons when you can catch a nonstop flight to Faro, Portugal, and stay for the whole summer? Especially when you can rent your new abode to a fellow digital nomad when you're not there?

For those looking to invest overseas, Portugal and Spain are particularly hot markets right now. According to a report by the General Council of Notaries in Spain, sales of Spanish homes to U.S. residents grew 88 percent from the first half of 2019 to the first half of 2022, and the number of Americans in Spain increased 13 percent from 2019 to

2021. Southern Spain has long been popular, and with United's route to Málaga, it's never been easier to get there. How about a three-bedroom apartment at the new **Las Lomas del Higuero**n, within the five-star Higueron Resort? You'll have access to the beach club, spa, award-winning sports club, and plenty more (\$655,000, lucasfox.com).

Spain's Iberian neighbor has also welcomed a huge influx of Americans. According to the Portuguese government, almost 10,000 Americans were living in Portugal in 2022, up 239 percent from 2017. If 300 days of sunshine is your thing, then check out **Quinta do Lago**, a resort community in the Algarve region, which has top-notch golf courses, a tennis academy, more than a dozen restaurants, and an arts center. Homes here range from one-bedroom condos at \$540,000–\$650,000 all the way up to the seven-bedroom **Villa Atlantis** (\$14 million), complete with a glass elevator, swimming pool, and Mediterranean garden just steps from the beach (quintadolago.com).

From top: the Villa Atlantis at Portugal's Quinta do Lago; an apartment at Las Lomas del Higueron, in Málaga, Spain

THE LISTING

Four Seasons Private Residences Las Vegas

Want to stay closer to home? Press your luck now by investing in this four-bedroom desert stunner at the Four Seasons Private Residences Las Vegas, currently under construction in the affluent MacDonald Highlands section of Henderson, Nevada. Look out at both the serene mountains of the Red Rock Canyon National Conservation Area and the pulsing lights of the Las Vegas Strip from your dual balconies. The property will also feature resort-style pools, a restaurant and wine bar, a gym and spa, and a screening room. *Residence South 1605, 400 Rock Peak Dr., Henderson, Nevada; 4 bedrooms, 4 bathrooms, 4,326 square feet; \$5.925 million, lasvegaspriateresidences.com*

THE UPGRADE

Ralph Lauren Cable Cashmere Travel Set

If you're going to be flying back and forth to your new European retreat, you should treat yourself to a cashmere travel blanket. This cozy cable-knit set from Ralph Lauren includes an eye mask, a 100 percent cashmere blanket, and a zippered pouch that makes the blanket doubles as a pillow. Get some rest—you'll want to head right to the beach when you land. \$395, ralphlauren.com



Rodrigo Bimering (Villa Atlantis); courtesy of Four Seasons Private Residences Las Vegas (towers and pool)

The Frequent Flyer

By Ellen Carpenter



Mandy Scipione

Get to know your fellow passenger

What do you do for a living?

I am passionate about my work as an author and motivational speaker. I'm also very proud of my work as an executive at a financial services firm headquartered in Boston.

In December, you released (under your pen name, A.L. Collier) *The Plane Game*, a book of short stories born from an interesting challenge. Tell us about it.

I believe in talking about mental health and removing the stigma, so I will start with sharing that my therapist had been trying to get me to journal. When the world reopened after the pandemic, I found myself traveling more than ever before, and it was harder to be present when I returned home. After one challenging trip, I decided to journal on the United flight home, and I ended up writing a short story. When I got home, I was present

and energized. Every flight home since the summer of 2022, I have written a story, and *The Plane Game* is the first collection of some of those stories.

What are the rules for those who want to play their own *Plane Game*?

1. You can't start writing until you are in your seat.
2. No Wi-Fi during your flight home; any research must be done before the plane door closes and your phone goes into airplane mode.
3. You must stop writing and finish your story by the time you walk off the plane (ending early is OK).
4. You can only edit your story for two days after your flight.
5. Bonus points if your story relates to the trip you just took.

What's the most meaningful trip you've ever taken?

My husband and I went to Maui and Kaua'i and fell in love with the islands, the people, and the food. We plan to retire to Hawaii someday. They say if you see a rainbow on your vacation, it means you'll be back, and we saw a few rainbows, so I believe that dream will come true!

What place is at the top of your bucket list?

Italy. My husband is Italian, and he has relatives in Southern Italy. We have always wanted to take an extended



vacation and explore the country, the food, the culture, and the people.

What has been your most memorable flight?

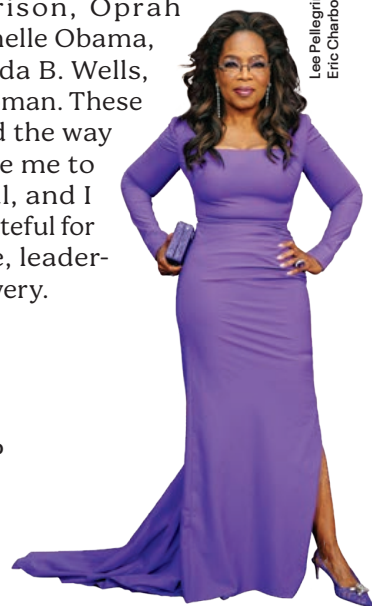
On a flight from Dayton, Ohio, to Chicago, I sat next to a couple, and they shared that their son had died at war overseas and his coffin was on the plane. When the plane landed, the pilot asked everyone to remain seated while the coffin was removed from the plane. The parents were escorted to the tarmac, where a hearse was waiting. The coffin was removed from the plane, surrounded by a military honor guard. The plane was the quietest I have ever heard, as my fellow travelers said silent prayers, cried, and bowed their heads in respect.

Which famous person—living or dead—would be your dream seatmate?

Toni Morrison, Oprah Winfrey, Michelle Obama, Rosa Parks, Ida B. Wells, or Harriet Tubman. These women paved the way for people like me to be successful, and I am forever grateful for their courage, leadership, and bravery.



Clockwise from top: the Santuario di Santa Maria dell'Isola, in Tropea, Italy; Oprah Winfrey; Waimea Canyon, on the Hawaiian island of Kaua'i



Lee Pellegrini (Scipione); Nemanja Peric/Unsplash (Italy); rebelem/istock/Getty Images (Hawaii)
Eric Charbonneau/Getty Images for Warner Bros. (Oprah)

TAKING OFF

Show Me a Hero

Hero Fiennes Tiffin lives up to his name in *The Ministry of Ungentlemanly Warfare*

By Tom Smyth • Photography by Justin Campbell

School Daze

Despite growing up the son of two filmmakers, Hero Fiennes Tiffin had zero interest in show business as a kid. “What your family does isn’t initially cool to you, so I just wanted to play football with my friends,” he says of his South London childhood. Nevertheless, you might recall one of his early onscreen appearances, as the young Voldemort in *Harry Potter and the Half-Blood Prince*. (His uncle, Ralph Fiennes, portrayed the fully formed villain.) “My mom said, ‘There’s an audition for *Harry Potter*,’” Fiennes Tiffin remembers, “and I said, ‘Why are you telling me?’” She incentivized him by letting him miss school on audition day, and he ended up booking the role. “I was like, *This acting s***’s amazing—you just get so many days off school!*”

Before and After

In 2019, after scoring supporting parts in a film and a British drama series, Fiennes Tiffin took on the lead role of Harry Styles–inspired heartthrob Hardin Scott in the *After* franchise, based on the romance novels by Anna Todd. “The more time I spend away from it, I realize how luxurious it is for an actor to get the opportunity to play the same character again and again,” he says of starring in the five films, the last of which came out this past September. “Everyone talks about their big break, and that was definitely it for me. I don’t think it just put me on the map, per se; I think it really gave me the opportunity to develop my skills as an actor.”

War Hero

This month, the 26-year-old actor stars in the Guy Ritchie action comedy *The Ministry of Ungentlemanly Warfare*, a fictionalized account of a real-life secret organization that Winston Churchill founded during World War II, giving birth to modern black ops. “The files that documented these true stories were only de-filed in 2012, so it’s actually fresh information about a cool revolution in warfare,” Fiennes Tiffin says. Speaking of cool, that was Ritchie’s big note during an intense scene in which the actor’s character hides from Nazis. “Guy goes, ‘Do it again, but just be cool ... a bit cooler ... even cooler.’ By the end of it, I’ve abandoned everything I know about acting,” Fiennes Tiffin remembers—thus bringing to life the director’s “boldly confident” vision.

Next Goals

Fiennes Tiffin’s passion for football remains, and last year a dream came true when he joined a squad being fielded by his favorite club, West Ham United, for The Soccer Tournament—a seven-on-seven competition with a \$1 million prize—after a chance encounter at a match. “One of the staff members tapped me on the shoulder and said, ‘There’s an opportunity to come play with us in America,’” he recalls; the next day, he was training with the club. While West Ham didn’t win, “it was an unforgettable experience,” and he adds that a football-focused film will surely be in his future. Until then, his fans can look forward to an upcoming rom-com costarring *Bridgerton*’s Simone Ashley. “I had lots of fun,” he says. “It’s nice to do the other side of the romance coin.”



Clockwise from left: Aquazzura's Starlite Clutch bag; the Hot Rumor Sling 105 pump in sunset; tableware from the Aquazzura Casa collection

When he started Aquazzura, Osorio was just 25 years old, bringing a youthful energy to the field at a time when most master shoe designers were over the age of 50. "I thought it would be nice to have a voice for my generation," says the prodigious designer, who began his career by landing an internship with a Colombian fashion designer at the age of 15. His job back then was to create matching shoes and bags for the designer's clients, and he quickly realized that accessories were his passion. "I became a horse with blinders on," he recalls. He studied accessory design at the London College of Fashion, but before he could finish his degree Salvatore Ferragamo hired him as a consultant. Four years later, Roberto Cavalli appointed him head of footwear; Osorio was just 23.

Today, Osorio has an accessories empire, with boutiques in Europe, the U.S., the Middle East, and Asia, and he's now focused on building a full-fledged lifestyle brand. In 2022, he launched a homewares line, Aquazzura Casa, and he also has plans to debut his first menswear shoe collection.

As the brand grows, Osorio continues to look to women—friends, family, shoppers—for inspiration. He shares an anecdote about a shopping event he hosted in New York where many of the women apologized for wearing flats because they had been running errands. "I thought, *Why are they apologizing?*" he says. "Maybe it's because no one's made a flat that you don't need to apologize for—one that's as fabulous as a heel." That led him to design the Christy, a pointy ballerina flat with leather straps that wrap around the ankle. It became the brand's best-selling shoe of all time.

"Part of my design process is making you try on that shoe and have a Cinderella moment," Osorio says. "I want a woman to be able to dance with me at a party and not be thinking of her feet the entire night."

Edgardo Osorio loves to dance. At parties, hosts know the Colombian-born, Florence-based shoe designer will get everyone grooving. That passion ultimately led to his success in the fashion world, as well. In 2011, when Osorio was the head of footwear at Roberto Cavalli, he attended a dozen weddings. Every time he hit the dance floor, he noticed that the women around him were in pain, and, he remembers, "It was too early on in the night to be complaining about their shoes."

The following year, he founded Aquazzura, a luxury shoe brand based on ergonomic principles. "No one was thinking of doing beautiful but comfortable shoes," says Osorio, who is also the company's creative director. "It wasn't a focus for anyone, so I decided to make it mine." For someone wearing high heels, the weight rests on the ball of the foot, but Osorio teamed up with a technician who had studied foot anatomy for 30 years, and together they found a way to distribute the weight between the sole, arch, and heel. (They then added memory foam for extra comfort.)

Osorio also understood a fundamental truth: "It can be the most comfortable

shoe in the world," he says, "but if it's not beautiful, it stays on the shelf." Aquazzura shoes rarely do. The architecturally designed heels and flats are bejeweled and bow-tied, and they've earned Osorio quite the celebrity fan club. Catherine, Princess of Wales, regularly wears his pumps and stilettos to greet heads of state; Scarlett Johansson has donned the designer's glittery-heeled sandals on the red carpet; and Taylor Swift caused internet searches for Aquazzura to increase 186 percent after she rocked his Atelier Plateau 130 sandals for her 34th birthday celebration this past December.



State of the Art

What to look for at the 2024 Venice Biennale

By Sallie Lewis

This summer, all eyes will be on Paris for the 2024 Olympic Games, but for the Olympics of the Arts, you'll need to travel about 500 miles southeast. This year's edition of the Venice Biennale opens on April 20, with 89 nations hosting pavilions and Brazil native Adriano Pedrosa making history as the festival's first South American curator. Here are five highlights from the art fair, which runs through November 24.

Stranieri Ovunque— Foreigners Everywhere

More than 330 artists are participating in the 60th International Art Exhibition, Pedrosa's landmark show at the Biennale's Central Pavilion and the Venice Arsenale. The art fair's centerpiece examines what it means to be a "foreigner"—



be that as a refugee, outsider, émigré, immigrant, or expatriate—with an emphasis on Indigenous artists and contributors from the Global South.

Nigeria Imaginary

African nations are poised to be leaders at the 2024 Biennale, and one of the most exciting national pavilions belongs to Nigeria, at the Palazzo Canal in the Dorsoduro neighborhood. *Nigeria Imaginary* explores the complexities of nationhood through the work of eight multidisciplinary artists. "Above all, I am proud of the potential this exhibition has to challenge misconceptions," says Aindrea Emelife, a curator at MOWAA (the Museum of



West African Art) in Benin City, who is overseeing the show. "Together, it forms a manifesto for what Nigeria could have been—and still can be."

Jeffrey Gibson: the space in which to place me

A member of the Mississippi Band of Choctaw Indians who is of Cherokee descent, Jeffrey Gibson is the first Indigenous artist to represent the U.S. in a solo exhibition at the Biennale. His show, the title of which is a reference to Oglala Lakota poet Layli Long Soldier's poem "Ħe Sápa," includes sculptures, paintings, and a site-specific installation at the Giardini della Biennale.



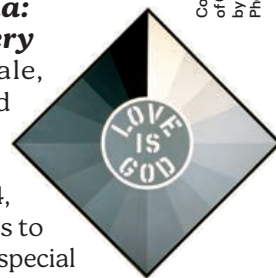
Shifting Sands: A Battle Song

Artist Manal Al Dowayan is renowned for creating immersive works that dissect Saudi Arabia's history, traditions, and collective memory. In particular, she has often examined the evolving role of women in Saudi society. While the topic of her show at the Saudi Arabian Pavilion (located at the Arsenale) had not been announced at press time, she held several collaborative workshops with Saudi women earlier this year in preparation for the exhibition.

Clockwise from top: *Now You See Me, Now You Don't*, a 2020 installation by Manal Al Dowayan; *Love Is God*, a 1964 painting by Robert Indiana; *PEOPLE LIKE US*, a 2019 work by Jeffrey Gibson; *Foreigners Everywhere*, by Claire Fontaine; the Gaggiandre, two former shipyards that are used as exhibition spaces during the Biennale

Robert Indiana: The Sweet Mystery

During each Biennale, museums, palazzi, and galleries across the city host what are known as Collateral Events. In 2024, there are 30 official ones to choose from, including a special exhibition dedicated to the late American artist Robert Indiana, whose iconic *LOVE* series is adored around the globe. His works will be on display at the Piazza San Marco's Procuratie Vecchie, a landmark building that recently underwent a complete renovation led by Pritzker Prize-winning architect David Chipperfield.



Courtesy of Manal Al Dowayan/photography by Lance Garber (*Now You See Me, Now You Don't*); courtesy of Claire Fontaine and Galerie Neu, Berlin (*Foreigners Everywhere*); courtesy of La Biennale di Venezia/photo by Andrea Avezzu (*Gaggiandre*); © Morgan Art Foundation Ltd./Artists Rights Society, NY (*Love Is God*); Photo Courtesy of Sikkema Jenkins & Co./Roberts Projects/Stephen Friedman Gallery (*PEOPLE LIKE US*)



The Productivity Paradox

[Working slower can help you avoid burnout—and do your job better](#)

By Lauren Vespoli • Illustration by Martín Elfman

In the span of human history, the eight-hour work day is a relatively new development. For Paleolithic hunter-gatherers, the search for sustenance was naturally interspersed with periods of rest. When agriculture emerged about 12,000 years ago, the seasonal rhythms of crops shaped discrete periods of intense work. It was only a couple of centuries ago that the Industrial Revolution normalized working at a constant intensity. In other words, we're not really built for it.

In the new book *Slow Productivity: The Lost Art of Accomplishment Without Burnout* (Portfolio), Cal Newport examines how what he calls the “invisible factory model” has been applied to the knowledge work many of us do today. With burnout and dissatisfaction on the rise, the author, who is also a computer science professor at Georgetown University, seeks to answer the question, “How can you produce work that’s meaningful and

impactful, without having your work take over most of your life?”

Drawing from his research into some of history’s great thinkers and creatives (everyone from Galileo to Jewel), Newport lays out a philosophy that’s based on three core principles: Do fewer things, work at a natural pace, and obsess over quality. “If you have fewer things on your plate,” he says, “you accomplish work faster and with better quality, and you actually accomplish more things over time.”

In service of these goals, Newport lays out practical strategies workers can implement that won’t annoy their bosses and colleagues. To do less work, he suggests actions such as blocking out the time required for a new task in your calendar to see if it’s actually feasible, or creating a shared task list that requires anyone adding a task to outline all the information needed to complete it. “Your boss now has to confront what they’re asking of you,”

he says. “Hiding our workload is a big source of overload.”

Newport also suggests ways people can vary the intensity of their efforts, or, as he puts it, “embrace seasonality”: incorporating “No Meeting Mondays,” taking a random weekday afternoon off once a month to go see a matinee, or “quiet quitting” for a month each year. “It’s super-unnatural for humans just to sit and do the same thing all day long,” he says.

Of course, Newport notes, there’s an important trade-off to make if one is to get away with doing less work. “If you’re going to do fewer things and work at a more natural pace, you have to balance that by doing the best work possible,” he says. “Once you care about quality, the idea that you need to slow down and do fewer things at a more natural pace becomes common sense. As you get good at things, you get more opportunities to slow down—and leverage over what you want your life to look like.”

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This page, clockwise from above left: Invisible Cities guide Sonny; colorful storefronts on Victoria Street; an artist at work at Dovecot Studios; opposite page: rustic decor at Timberyard

St. Giles' Cathedral and the **John Knox House**, the oldest original medieval building on the Mile, he also points out shelters where he stayed. "I feel much better," he says, "and I just look forward to doing more tours and helping homeless people."

We thank Sonny and walk 15 minutes over to **The Gardener's Cottage** for lunch. Sustainability plays a huge role in Edinburgh's restaurant

scene, and chef Dale Mailley has been at the forefront of the trend since 2012. He favors local and seasonal produce, some of which is grown in the 1836 cottage's picturesque garden. Dining at a communal table in the two-room space feels like sharing a meal in someone's home, and the kitchen—where two chefs prepare a seven-course tasting menu—is about the size of a postage stamp. Perhaps the tighter the space, the more concentrated the flavors, I think, as I bite into a juicy loin of venison rubbed in fragrant lavender, set in a mound of pumpkin puree, and topped with a Calvados-soaked plum.

After lunch, we cut through **Holyrood Park** on the way to the city center. We're too full to hike to the top of **Arthur's Seat**, an extinct volcano 823 feet above sea level and the city's highest point, so instead we merrily wander the park's heather-strewn glens and watch swans glide across its lochs. Matt heads back to the hotel for a swim,

"Victoria Street is said to be the inspiration for Diagon Alley, so it's a magnet for Harry Potter fans; I count at least three magic-themed stores."

and I continue on to **Victoria Street**, a bow-shaped, cobblestoned thoroughfare with pastel-painted 19th-century buildings and lots of shops. J.K. Rowling wrote most of the *Harry Potter* series in Edinburgh, and Victoria Street is said to be the inspiration for Diagon Alley, so it's a magnet for Potter fans; I count at least three magic-themed stores. In search of less witchy wares, I step into **Walker Slater**. Originating in the Highlands, the brand makes clothing inspired by the colors of the rugged Scottish landscape.



Courtesy of Timberyard (restaurant interior)



I sift through sharply tailored tartan coats and Harris Tweed suits—my weekend-at-a-country-estate-wardrobe fantasy come true—and end up buying a cappuccino-colored fisherman's sweater.

Next, I head to the nearby **Dovecot Studios**, a 112-year-old weaving workshop and gallery that makes tapestries and rugs for institutions such as the Theatre Royal in Glasgow. Over the years, the studio has also collaborated with renowned British artists such as Chris Ofili and Elizabeth Blackadder to create wool and yarn interpretations of their artworks; from a viewing gallery, I watch master weaver Louise Trotter at work on a rug based on artist Victoria Crowe's painting of a moonlit landscape in Orkney.

By the time I leave, the blustery landscape resembles Trotter's rug. I'm meeting Matt for dinner at **Timberyard**, which was awarded its first Michelin star last March. The 19th-century

warehouse is a monastic space with high ceilings, whitewashed brick walls, and rustic, candlelit tables. "The room is so beautiful we didn't change it," says manager Peter Johnson. "It's the same with the ingredients. If a mushroom is so fresh, we don't add too much to change its essence." As proof, the creaminess of a buttery lobster is enhanced, not overpowered, by the sweetness of golden beets, while toasted fennel seeds and the acidity of gooseberry balance beautifully with the seared turbot.

For a nightcap, we duck into **The Spence** at **Glen-eagles Townhouse**. Housed in an 18th-century bank, the marble-topped bar, a reference to the old banking counter, sits underneath an original glass dome. Alas, the cloudy night only reflects the gantry lights back at us, but we toast with The Gardener, a tequila, mezcal, and red wine concoction that doubles as dessert, thanks to the pear, sugar, and honey. It's a sweet end to a wonderful day.

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DAY

2

Superb sandwiches, Scottish designers, and an inventive distillery in Leith

After a quick, haggis-free breakfast at the Kimpton, we check out and drop our bags at **The Balmoral**, a grande dame hotel if there ever was one. From here it's just a few minutes' walk to the **National**, Scotland's national art gallery, which opened in 1859, long kept its Scottish collection in a difficult-to-access space; as a result, only 19 percent of museum visitors made their way to see those works. A brand-new redesign has doubled the area, though, creating a welcoming gallery that features Scottish pieces from 1800 to 1945,



the most recognizable being Edwin Landseer's *The Monarch of the Glen*. Although it has morphed into a ubiquitous image on shortbread tins and whisky bottles, the monumental painting of a stag still astounds. I'm also taken by *Picturing Landscapes & Framing the City*, an exhibition that gathers together paintings of Edinburgh from 1730 to 1930, showing how the city has changed. Many of these hang next to windows facing Princes Street, which is depicted in several of the works, making the city's evolution all the more palpable.

Ready for a bit of modernity, we hop a tram to the waterfront of Leith. The neighborhood, once a busy port, became famous as the location of *Trainspotting*, the gritty Irvine Welsh novel and subsequent Danny Boyle movie about the lives of junkies and misfits in the 1980s. In the years since, Leith has transformed into one of the city's coolest neighborhoods, filled with Michelin-starred restaurants and quirky shops. Still, the area has managed to keep its edge.

At the sandwich shop **Alby's**, co-owner Natasha Ferguson gives us a little insight into the local vibe. "Leithers like being separate from the rest of the city," she says, citing a 1920 referendum to make Leith a part of Edinburgh; Leithers overwhelmingly voted no, but the council overrode their votes

and incorporated the neighborhood anyway. Today, I'm just casting my vote for best sandwich, and the winner is beer-battered smoked haddock smothered in coronation mayo, topped with pickled red onion and masala puffed rice, and served on focaccia slices as thick as my wrist. The chicken thigh and *pakora* with spiced onions and fresh mint is a close second.

Matt and I burn off lunch with a stroll along the **Water of Leith**, a 22-mile-long river that runs past warehouses, Victorian tenements, and a few surviving Georgian structures. A few minutes' walk from the Royal Yacht Britannia, the royal family's much-visited former personal vessel, we wander into the brand-new **Port of Leith Distillery**, the tallest whisky distillery in the world and the latest of two new whisky producers that became the first to open in Edinburgh in 100 years. (The first was Holyrood, which broke the drought in 2019.) We've just missed the tour, so we make our way to the ninth-floor



This page, from top: the Scottish gallery at the National; a sandwich at Alby's; opposite page: Custom Lane, in Leith



This page, from left: a bridge on the Water of Leith walking path; a cocktail at Nauticus; **opposite page:** James Stevens and Hugo Macdonald at Bard, their shop in Custom Lane

bar to take in the panoramic city views. The menu champions “new wave” whiskies, featuring more than 200 that are aged less than 10 years. We choose the Fire Water flight, including Port of Leith’s two New Makes, which are straight off the still and haven’t yet gone into casks for maturation. They’re both fiery and fruity and extract a fine burn. The distillery has been nine years in the making, but it’s likely a sound investment: The spirit is worth £7 billion a year to Scotland.

We see more of Leith’s creative spirit at **Bard**, a shop

showcasing the work of more than 50 Scottish artisans and designers, in **Custom Lane**, a collaborative workspace and gallery housed in the 1811 Customs Building. Hugo Macdonald, a former design editor in London, and his husband, James Stevens, opened the shop in 2022 to promote the “incredible wealth of Scottish craft and design,” which Macdonald says “gets overlooked for fake cashmere scarves and Loch Ness Monster fridge magnets.” I’m drawn to clay tea sets, striped lambswool blankets, and antique chairs

from Orkney with straw backs. “There’s a hardiness and ingenuity to much of our craft traditions here,” Macdonald says. “These are pieces to enhance harsh environments and survive repeated use.”

The sun is setting, which means it’s time for happy hour. We meander over to **Nauticus**, a Victorian-inspired pub and cocktail bar founded in 2018 by Kyle Jamieson and Iain McPherson. (The latter also opened Edinburgh’s Panda & Sons, which made the World’s 50 Best Bars list last year.)

SPEYSIDE WHISKY TOURS

The region of Speyside, once home to thousands of illegal stills, brims with dozens of whisky distilleries to this day. A tasting tour is a quintessential Scottish experience, and three of our Speyside favorites are within a 90-minute drive of The Fife Arms, our Day 3 hotel.

In 2017, master distiller Billy Walker acquired **The GlenAllachie**, a slumbering distillery in Aberlour, and just four years later won World’s

Best Single Malt at the World Whiskies Awards 2021. Walker opts for long fermentation times—160 hours on average, as opposed to the usual 40 or 50—to allow for flavor compounds to be as bold as possible. The distillery offers a variety of tours, as well as tasting-only experiences at its new Whisky Bar & Tasting Lounge. theglenallachie.com

Established in 1892, **The Balvenie** is home to a

sprawling stone campus that produces one of the world’s fastest-growing single-malt brands. On the tour, guests learn about the Five Rare Crafts—using homegrown barley, doing floor maltings, and more—that the distillery has employed since its long-ago founding. thebalvenie.com

Glenfiddich is one of the oldest family-owned distilleries in Scotland, as

William Grant and his nine children built it with their bare hands in 1886–87. In 1963, Glenfiddich helped introduce single malt—until then a well-kept Scottish secret—to the world, and it remains the biggest, most acclaimed brand on the planet. On the Solera Deconstructed tour, visitors prepare their own version of Glenfiddich 15 Year Old by combining whiskies from different cask samples. glenfiddich.com



“There’s a hardiness and ingenuity to much of our craft traditions here.”

“There aren’t many proper old-school pubs in Edinburgh any longer,” Jamieson says, adding that the ones that do exist can be “a wee bit scary.” Happily, there’s nothing frightening about Nauticus, though it is traditional, with red-and-green leather seats and an upright piano under bookshelves stuffed with vintage tomes. Even better, 90 percent of its products are Scottish or have Scottish links. The Porridge Colada Milk Punch Matt orders is made with Aberfeldy whisky, coconut cream and yogurt, pineapple, lemon, oat syrup, and tea; he proclaims it much tastier than his usual morning muesli.

Dinner tonight is in the central Edinburgh area of

Stockbridge. We’re dining at buzzy **Skua**, run by Tomás Gormley, who last year became one of the youngest chefs in Scotland ever to receive a Michelin star while at his previous restaurant, Heron. A quick cab ride brings us to a red neon sign that points to a jet-black basement lit with flickering candles. The food is as bold as the space: My squid-ink crumpet stuffed with smoked lobster is briny, buttery, and brilliant, and a simple dish of foraged maitake mushrooms cooked with walnuts and lovage bursts with earthy flavors. Matt’s partridge with creamy bread sauce gets a sweet-tart punch from red currant. Dessert is Valrhona Dulcey chocolate mousse with spiced apple and pickled ginger, which is a bit sour for my liking; Matt couldn’t be more delighted that he doesn’t have to share.

Our original plan had been to get a nightcap back at The Balmoral, but we decide discretion is the better part of valor and turn in early. Tomorrow we’re off to explore the Highlands.

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DAY

3

A pony-led picnic, a castle visit, and the ultimate fish and chips in the Highlands



We wake up just as the sun is rising, ready to hit the road in our rental car—that is, after a full Scottish breakfast for Matt and corned beef hash with a poached egg for me at The Balmoral.

It's a clear day, and the two-hour drive is mesmeric, winding roads flanked by brooding hills dotted with grazing sheep. I'm struck by how bare the terrain becomes the farther north we progress. The hills are bereft of trees, courtesy of harvesting and farming that reduced Scotland's forest cover to a

mere 5 percent in the early 20th century. The Forestry Act of 1919 was passed as an attempt at rewilding, slowly bringing trees back to the Highlands, but the landscape's rawness still has an otherworldly quality. I pass the drive in a state of awe, snapping photos through the window.

Finally, we reach Braemar, a sleepy village set in the heart of **Cairngorms National Park**, where we check in at **The Fife Arms**, a 19th-century coaching inn built after the royal purchase

of nearby Balmoral Castle in 1852 turned the neighboring villages into tourist hubs. In 2015, the powerhouse gallerists behind Hauser & Wirth bought the inn and transformed it into a design hotel, complete with an eccentric mélange of floral wallpapers, taxidermy, a carved chimneypiece inspired by the works of Robert Burns, and artworks by Pablo Picasso and Louise Bourgeois.

We warily eye the gathering clouds—not a good sign for our next activity, a hike to Queen Victoria's

From top: Balmoral Castle, said to be the late Queen Elizabeth II's favorite home; the John Brown Room at The Fife Arms hotel

Courtesy of The Fife Arms (room)



Clockwise from above left: a river in Cairngorms National Park; scallops at Fish Shop; a replica of Queen Victoria's private rail car, in Ballater

blankets and feast on egg sandwiches and coffee while Stage regales us with stories about his adventures with clients. One of his most popular requests is to set up meetings for Scottish-Americans with the chief of their family's clan. "It helps people feel their history," he says. "Genealogy is very important with Americans."

The skies have cleared by the time we make our way back to the hotel to freshen up. Soon, we're driving toward **Balmoral Castle**. Prince Albert bought the 19th-century palace for Queen Victoria, who called it her "dear paradise in the Highlands." It's also said that

"Even with tourists around, the sense of peace is all-encompassing."

it was Queen Elizabeth II's favorite home. (She passed away here in 2022.) We walk up a tree-lined path that opens onto the massive, Gothic Revival building. The grounds are open to the public when the royals aren't in residence, so we meander across manicured lawns and then wander behind the royal abode onto a leaf-strewn path along the River Dee. Even with tourists around, the sense of peace is all-encompassing. At the gift shop, overpriced Balmoral-stamped teacups and imitation royal jewelry jolt me back to reality.

We jump in the car again, and 15 minutes later we're marveling at the chocolate-box village of Ballater. Craggy mountains tower behind quaint storefronts, including **Dee Valley Confectioners**, which makes old-fashioned sweets like brandy balls and soor plooms.

Next door, replicas of Queen Victoria's private rail car and waiting room are housed in a former train station. After a devastating fire in 2015, the station was authentically recreated with help from then-Prince Charles, in an attempt to attract tourism. The king's influence is everywhere in Ballater: He was also the brains behind the **Rothsay Rooms**, a lovely, turn-of-the-century-style café. While perusing Scottish artists at **Ballater Gallery**, we learn that owner David Reid opened the showroom in 2019, upon noticing the positive changes the royal had brought to the town.

For dinner, we head to **Fish Shop**. Head chef Marcus Sherry and his wife, general manager Jasmine, helm an inviting space decorated with fishermen's portraits and yellow nets. As a fervent fan of fish and chips, I try the restaurant's elevated version: crumbed Shetland pollock with tartar sauce and herb salad. It's light, fresh, and flavorful—the best fish and chips I've had in recent memory. Matt orders the Macduff lobster, with homemade tagliarini that's





From left: Marcus and Jasmine Sherry at Fish Shop; Pablo Picasso's *Femme Assise dans un Fauteuil* hangs on a tartan wall at The Fife Arms



covered in swirls of a chili, garlic, and chervil sauce. At his exhortations, I take a bite: It's spicy and buttery, hearty and herbaceous, and, Jasmine shares, the restaurant's most popular dish. We declare this the best meal of the trip.

Back at The Fife Arms, we have a whisky tasting at **Bertie's Bar**, which is named for Queen Victoria's playboy son and is fittingly opulent: red velvet seats, Persian rugs, crystal chandeliers. Bar manager Mark Shedden

"A glittering wall of whiskies is divided by flavors: fragrant, fruity, rich, and smoky."

leads us around a glittering wall of whiskies, 85 percent of which are Scottish, divided by flavors: fragrant, fruity, rich, and smoky. After deciphering our taste profiles,

he chooses a Tomintoul 17-year-old for me (tastes of roasted hazelnuts) and a smoky Glenturret 7-year-old for Matt. "It's a campfire in your mouth" Matt says.

To clear our heads, we take a late-night stroll through Braemar. We're hoping to do some stargazing, since Cairngorms is a Dark Sky Park, making it one of the world's best places to see the constellations and the aurora borealis. The moon is almost full and surprisingly visible, but, alas, clouds obscure the rest of the heavens. I'm sad we won't end tonight under a blanket of stars, but a glance back at the hotel cheers me up: I spy a buzzing bar, a blazing fire, and a vacant sofa across from the Picasso. Matt takes my hand, and we head back inside.

Savor Scotland: Fly nonstop to Edinburgh year-round from New York/Newark, with additional summer nonstop flights from Chicago O'Hare, Washington Dulles, and a second New York/Newark frequency. In addition, United offers one-stop access to Edinburgh from more than 100 other cities across the U.S. during the summer season.

WHERE TO STAY

Kimpton Charlotte Square Hotel

Comprising seven interconnected Georgian townhouses, this stylish hotel boasts 199 rooms and suites, with hipster-approved decor ranging from wildlife prints to clawfoot bathtubs. Everything is made in-house at the restaurant, Aizle, from the hand-churned butter to the kombucha in the cocktails. The spa uses Ishga products made in the Outer Hebrides and has the U.K.'s first Sound Wellness Room. From \$314, kimptoncharlottesquare.com

The Balmoral

The grande dame of Edinburgh hotels has hosted Paul McCartney and J.K. Rowling, who finished writing the *Harry Potter* series here. The 187 rooms and suites have Scottish tartan sofas and sylvan wallpaper, and the Michelin-recommended Number One restaurant highlights Scottish ingredients. Afternoon tea at the glass-domed Palm Court is a must, as is a tippale at Scotch, with its selection of more than 500 whiskies. From \$333, roccofortehotels.com

The Fife Arms

Located in the village of Braemar, this 19th-century inn was given a makeover by Hauser & Wirth gallerists Manuela and Iwan Wirth in 2015. The 46 rooms and suites are individually decorated with oriental rugs, William Morris archival wallpapers, and plenty of tartan. The Clunie Dining Room excels at Scottish fine dining, while The Flying Stag offers hearty pub fare. Experiences—fishing, foraging, designing your own tartan—are extra, but worth it. From \$581, thefifearms.com



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Dr. Barbara M. Panther-Gibby

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WITH

Wayne Brady

The Emmy Award–winning multihyphenate returns to Broadway in *The Wiz*

Reading the “Career” section of Wayne Brady’s Wikipedia page is like flipping through *Ulysses*—it goes on and on and on. Is there anything this man hasn’t done? He helped introduce America to improv comedy on *Whose Line Is It Anyway?*. He hosted his own talk show. He strutted across a Broadway stage in six-inch heels as Lola in *Kinky Boots* and shot Alexander Hamilton in the Chicago run of Lin-Manuel Miranda’s hit musical. He filmed 41 episodes of *The Bold and the Beautiful*, playing a gambling-addicted British doctor who sold a patient’s baby to make a buck. He voiced a cartoon rabbit in a hit Disney series, as well as one half of the first married gay couple on a Nickelodeon cartoon. He has made people’s dreams come true five days a week for 15 seasons of *Let’s Make a Deal*. He won the second season of *The Masked Singer* dressed as a fox, for goodness’ sake.

This month, Brady adds another item to that impressive list, heading back to Broadway to play the title character in a revival of *The Wiz*, the groundbreaking 1975 musical that later became a film starring Michael Jackson and Diana Ross. True to form, doling out wishes to Dorothy and crew eight shows a week isn’t the only thing on Brady’s plate

right now. He’s also cowriting a project for Stephen King, producing a scripted teen drama, and shooting a Freeform/Hulu docuseries about his blended family. All of this makes you wonder: Are there multiple Waynes out there? “Oh, I wish,” Brady says, calling on his way to the Pantages Theatre in Los Angeles during *The Wiz*’s pre-Broadway national tour. “That would be cool—a little bunch of friends that I could hang out with!” Really, though, it’s just that Brady has drive in spades. “This is a business,” he says, “where, if you don’t do it, no one’s going to do it for you.”

Take me back to your childhood, living with your grandmother in Orlando, Florida. Do you remember watching the film version of *The Wiz*?

Oh, I vividly remember watching it and knowing that I was seeing something special. At that age, I was already familiar with Michael Jackson and, of course, Diana Ross and Nipsey Russell and Richard Pryor. Being an avid reader, I already knew *The Wizard of Oz*. I’d read the book and all the other spin-offs, and I’d seen *The Wizard of Oz* movie dozens of times. So watching *The Wiz* just blew my mind, because it was still the same story, but I saw faces that looked like me. I heard music that I loved, that I could listen to on the radio. I saw dancing that made me want to move. I saw all these things that moved me in a different way. There was a connection, decades before the words “representation matters” entered the zeitgeist. It’s amazing to see, in an aspirational sense: Someone who looks like you doing something that moves you, doing something that maybe you want to do. Little Wayne didn’t know any of the words for that, but all I knew was it touched me, and it moved me.

Left: Brady as the title character in *The Wiz*



This is not your first time performing on Broadway, of course, but when did you first come to New York to see a show?

I think my very first Broadway show would have been *The Lion King*. I was actually one of the original Simbas that was hired, but I didn’t choose to do it.

Seriously?

Trust me, it broke my heart, because I was like, *Oh my God, Disney is flying me*



Kevin Winter/Getty Images (portrait); Jeremy Daniel (*The Wiz*)

out to New York. I think I had just turned 23. But I didn't take it because I had just started to make inroads in Hollywood. I remember having to make that choice: Do I go and follow my dreams? This is what I've trained for—Broadway—or am I that close [to making it in Hollywood]? And I get a call to audition for a show called *Kwik Witz*, and then for *Whose Line Is It Anyway?*, so that made the choice for me to stay in LA. Once *The Lion King* opened, I went back to New York to see it, and I made a promise to myself at that point: I said, "I don't care what happens, I'm coming back to Broadway." Because, ultimately, Broadway is where my heart is. It doesn't pay quite the same [laughs], but my heart's Broadway. I want that. That's my dream.

I'm a big fan of Marc Maron's podcast, and on your episode with him last year you talked about how you wish you had been more "intentional" in your career, especially after looking at your daughter and how she's approaching her entertainment career. But is there anything you'd actually change? Obviously, all of those choices led you to where you are now.

You are correct, and isn't that the human condition? All of those choices, including any missteps, brought me to being on the phone with you right now, at 2:58 p.m. my time, here in this car driving to the Pantages. It's great that I am where I am, and I'm grateful, but [there's a difference between] being intentional and letting things happen to you. I just bounced around and said, "Oh, all I want to do is work. Oh, they're hiring at Universal Studios for the *Beetlejuice Rock and Roll* show? I'll audition for that. Then I'll go audition as a cruise ship singer and dancer. Oh, now I'll audition for a movie. Now I'll audition for..." All of those things worked out, because I used the skill sets that I got along the way, but maybe I could've been more intentional and said, "Broadway is my dream." I watch my daughter now, and how intentional she is, and she's killing

"I didn't know it then, but I was being set up as, Oh, that's the Black guy from that big ABC show. You're not like us, because you're not doing our thing."

it at school. She goes to Loyola Marymount, and she's been a lead in a couple shows there, and she's written a sitcom that she shopped and did a pilot for, and she's written a play that got chosen for a national college play competition. I look at her, and I go, "There's a person who knows what they want." So it's not any regrets; it's just, what's that like, to actually go into something knowing what you want?

Years ago, you famously appeared in a *Training Day* parody on *Chappelle's Show*, which came about because one of the show's writers basically said you weren't Black enough. Do you think Black people are still held to a certain standard or idea of Blackness?

I think as long as people breathe, there will be division and a sideways way of thinking. I think now maybe there is more of a shift in understanding that there's no one way to be one thing, whether you're Black, whether you're Asian—because I have friends who are Asian—and it's funny to me that in every culture there are derogatory terms that the people within that race use for

each other if you're not in the tribe, so to speak. And I understand where that stems from, especially being Black: For so long, we weren't accepted, so if somebody is accepted by the others *en masse*, then you can't be one of us. I didn't know it then, but I was being

set up as, *Oh, that's the Black guy from that big ABC show. You're not like us, because you're not doing our thing.*

Right.

The part that I find funny about that thinking is when a white person says something about somebody not being Black enough. I lost a movie role because of that once. Back in the day, I auditioned for that movie *Snakes on a Plane*, to be the rapper in the film. I know my audition was the s***; it was *amazing*. I hired background dancers. I freestyled a rap, I made a track. I walked in with a bodyguard. I passed all the people in the waiting



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Left: Brady on the set of *Let's Make a Deal*, with fellow cast members Jonathan Mangum and Tiffany Coyne

room, walked right into the audition, and they were expecting me to read my sides. I said, "I'm not reading that s***," and we turned on the radio, and I freestyled the whole verse about the plot of *Snakes on a Plane* and all the characters and everything that I was going to do, and then I walked out.

Mic drop.

Mic drop. I got a call from my agent: "They love you. They love you. This is going to happen!" Cut to, I get a call later when one of the execs—this is a small town, but I don't think I'm putting anybody on blast—I believe it was Toby Emmerich, at the time, who may have been in charge of everything. "No, Wayne's not urban enough." Or, "Wayne's not, you know." Oh, you mean *Black*. How dare you.

That's crazy.

The good thing is, my good buddy Flex Alexander did [the role], and he killed it. But I've lost a lot of opportunities like that. And that's OK, because look where I am right now: I am in what could ostensibly be the Blackest of the Black musicals, celebrating Black joy

with a Black cast, making Black history with our director and our writer. So you can't tell me anything about myself, because *look at me*.

Last year, you came out as pansexual, and it became a huge news story. Were you surprised by that?

I'd like to think that we've reached the point where a lot of folks shouldn't care. In fact, I liked when I would see someone's comment under a post about it, saying, "So what? We get it. I don't care. Good for you." Then again, I kind of knew that it would be something, because if you're in the zeitgeist, you have people that care; you have people that have an opinion. If people make a big deal out of it, great. If people don't, great. But either way, I'm going to help someone.

You really will. I've been moved by how candidly you've shared your story and your struggles with mental

health. You absolutely do have the power to help people.

That's so big. Being an artist, I recognize the benefit of having a platform. When people have just seen the glossy side of you, and they think that's it, then when they hear you come with the real, you do such good. That's what my life is about now. I made my mind up: I'm going to be candid. I've earned the right to love myself and not care, and that's only going to make me a better man. It'll make me a better father. It'll make me a better performer and a better actor and a better person. So I'm going to speak my truth, and if you don't like it, then you don't need to watch me.

Was that a big part in deciding to do the upcoming Freeform/Hulu docuseries about your family—to truly be you and let people see that?

Yes. There are a lot of truths that come out, which I love. A lot of artistic truths and family truths. I really wanted to share that on camera, because I want to help anybody who is like me. All of the comments, all of the emails and letters that we get—I get letter letters to my agency—and all these people, it's the same theme. I've had teenagers say, "Now I feel like I can talk to my parents and come out,

because of the way that you explained it." I've had people who are suicidal say, "Thank you." I've had people that are my age say, "Hey, I'm 50, and I just got divorced, and this is the thing that I've been living with my whole life, and now I feel like I can do it." I say, "Yes, good for you." Because how much would it suck to leave this world never being happy?

"I made my mind up: I'm going to be candid. I've earned the right to love myself and not care, and that's only going to make me a better man."

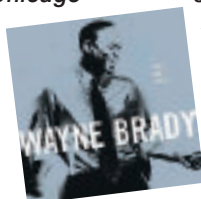
BY THE NUMBERS

16

Age at which Brady joined an improv troupe at SAK Comedy Lab in Orlando

2004

Year he made his Broadway debut, as Billy Flynn in *Chicago*



157

Peak position on the Billboard 200 of his 2008 studio album, *A Long Time Coming*

5

Emmy Awards—one Primetime Emmy and four Daytime Emmys

3rd

Place in which he and partner Witney Carson finished on *Dancing with the Stars* in 2022



1,913

Episodes of *Let's Make a Deal* he has hosted (at press time)



Run for the Roses

By Ellen Carpenter and Katie Fraser

Next month brings the 150th running of the Kentucky Derby, the fastest, most exciting two minutes in sports. Since 1875, when a thoroughbred named Aristides wowed a crowd of 10,000 at the track that would become Churchill Downs, all eyes have been on Louisville the first Saturday in May. Of course, seeing the winner of the first jewel in the Triple Crown is just part of the Derby experience. Here's a guide to everything you need to know about the race—and how to attend it in style.



Daniel Boczarski/Getty Images for Churchill Downs



STARTING LINEUP

Each year, 20 3-year-old thoroughbreds earn the chance to run in the Kentucky Derby—and securing a spot isn't easy. To qualify, they have to compete in a series of designated races in the U.S, Europe, U.A.E., or Japan that's fittingly called the Road to the Kentucky Derby. The top five finishers in each of these races are awarded points, and the 20 horses with the most points earn a spot at the starting gate come the first Saturday in May. (The final points race takes place not far from Churchill Downs, at Lexington's Keeneland, on April 13.) While it's too soon to say who'll be running, insiders know to look at trainers. Keep an eye on horses trained by Derby regulars such as Todd Pletcher, Steve Asmussen, Brad H. Cox, and Kenny McPeck.

The 10 Weirdest Names of Derby Horses

- Lost Cause (placed 13th in 1882)
- Wool Sandals (5th in 1907)
- Behave Yourself (1st in 1921)
- Shut Up (4th in 1944)
- Dust Commander (1st in 1970)
- Mister Frisky (8th in 1990)
- Atswhatimtalknabout (4th in 2003)
- Mucho Macho Man (3rd in 2011)
- I'll Have Another (1st in 2012)
- Soup and Sandwich (19th in 2021)

HORSE TALES

Every horse who runs in the Derby has a story. Here are three winners with particularly notable tales to tell.

Whirlaway

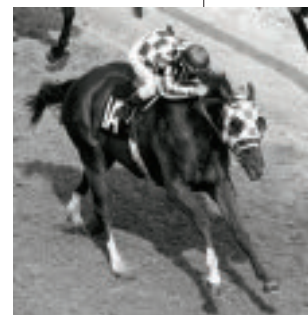


The winner of the 1941 Derby, Whirlaway was a small chestnut colt with an unusually long tail that streamed behind him like the tail of a kite. He was a crowd favorite, thrilling spectators with his last-to-first bursts, but getting him into the gate was an adventure. He had a tendency to drift across the track when he ran, so his trainer devised a one-eye blinker with a tiny hole in it to limit his field of vision. The invention worked: Whirlaway won the Derby by eight lengths. His time of 2:01:40 would stand for 21 years, until Decidedly beat it in 1962.

Secretariat

Widely considered the greatest race-horse ever, this handsome chestnut set the Derby record in 1973, finishing

in 1:59:40. He also set the records for the fastest Preakness and Belmont Stakes on his way to winning the Triple Crown. His outgoing personality attracted admirers, and he was smart enough to know what was going on, posing for cameras whenever he saw them. As for his name? It was proposed by the long-time secretary to his owners, because her previous job was with the secretariat at the League of Nations; most people called him Big Red.



Barbaro

This champion horse won the 2006 Derby in a runaway—nearly seven lengths ahead of second-place Bluegrass Cat—but it's what happened next that captured the hearts of millions. At the Preakness, he shattered his right hind leg—a life-threatening injury for a thoroughbred. The media followed his eight-month struggle for survival, through various surgeries and complications, until it became clear his pain could not be managed, and his owners decided to end his life. A memorial was erected at Churchill Downs, featuring a life-size bronze statue of the horse in mid-stride, jockey on his back.

150 YEARS OF THE MOST EXCITING TWO MINUTES IN SPORTS

1875

The first Derby is held, on May 17. The race is organized by Meriwether Lewis Clark Jr., the grandson of explorer William Clark. Fifteen horses compete in front of a crowd of about 10,000. The winner is Aristides, ridden by Black jockey Oliver Lewis.

1915



Regret becomes the first filly (young female horse) to win the Derby. Two others have won since: Genuine Risk (1980) and Winning Colors (1988).

1919

Sir Barton wins the Derby, then goes on to win both the Preakness Stakes and the Belmont Stakes, becoming the first winner of the Triple Crown.



1925

The Derby is broadcast on network radio for the first time; millions of listeners tune in to hear Flying Ebony win the race and to hear sports announcer Bill Corum coin the term "Run for the Roses."



TOP IT OFF

At the Derby, a hat is a must. Initially, they were worn both out of necessity—and for Louisville sun is no joke—and for style, and the tradition remained. “If you’re not wearing one, you stand out,” says Jenny Pfanenstiel, the owner of Formé Millinery and The Hat Shoppe in Louisville and a five-time featured milliner of the Derby. “Your hat is the focal point of your complete look.”

In Pfanenstiel’s 16 years of handcrafting playful toppers—including for Michelle Obama, Oprah, and Madonna—she has seen trends come and go. “When I started making hats for the Derby, the big brim was certainly *the* hat everyone wore,” she says. “Fascinators became the rage after Kate Middleton got married.”

At Churchill Downs, though, “anything goes,” says Pfanenstiel, who also offers hat-making workshops. “You will see everything from elegant and simple fascinators to larger-than-life brimmed hats to plastic horses sitting atop their heads. I always look forward to seeing what people come up with.”



DRINK UP

The mint julep became the official drink of the Kentucky Derby in 1939, but its roots stretch back much further. “In the 1800s, it was considered a morning drink,” says Elizabeth McCall, Woodford Reserve’s master distiller. “People working on horse farms or in the horseracing industry during this time period would wake up with aches and pains. You didn’t have aspirin, so you’d make a mint julep: bourbon to soothe your aches and pains, sugar to cut the alcohol, and mint to freshen the breath.” Many at the Derby still consider it a morning drink; after all, the bar opens at 8 a.m. (Fun fact: It’s Kentucky law that Louisville bars don’t have to close from Derby Eve to Derby Day.)

This year marks Woodford Reserve’s 25th year of being the official bourbon of the Kentucky Derby, and the brand is also a presenting sponsor. “Bourbon and horses are so deeply intertwined in Kentucky,” McCall says. “The Woodford Reserve Distillery is nestled among rolling horse pastures where these magnificent athletes are bred and trained. The same nutrient-rich water that gives great flavor and

makes great bourbon is what helps horses grow to be strong athletes.” To celebrate the 150th running, the brand has created two special bottlings: the annual Derby bottle, featuring Kentucky native Wylie Caudill’s painting *Adorned in Roses*, and a super-luxe Baccarat edition, limited to 150 bottles. One person sure to score a bottle of the latter? The owner of the winning horse.

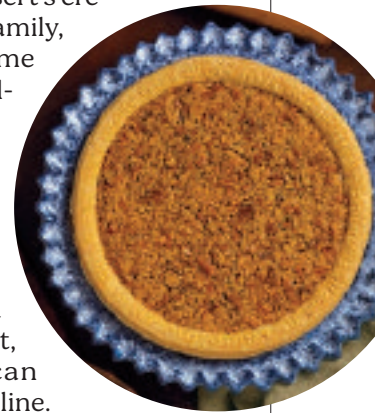
Elizabeth McCall’s Mint Julep Recipe

Fresh mint • 2 oz. Woodford Reserve Bourbon • Simple syrup
• Crushed ice

Rub the glass with mint leaves, then add bourbon and a splash of simple syrup. Fill with crushed ice and stir. Add a sprig of mint and top with more crushed ice. Cheers!

SWEET FINISH

Derby-Pie®, a sugary, chocolate-and-walnut confection, is the ultimate Kentucky treat. Don’t try to order it at most restaurants, though; instead, ask for chocolate nut pie, Kentucky pie, Pegasus pie, or May Day pie. Why? Because the dessert’s creators, the Kern family, patented the name in 1969. They diligently protect their property, filing countless lawsuits against restaurants, cookbook authors, and websites. Fear not, however: You can order the pies online.



1932

Burgoo King is the first Derby winner to be draped with a garland of red roses, still a tradition today.



1952

The Kentucky Derby is televised nationally for the first time. More than 10 million viewers tune in to watch Hill Gail win the race in black-and-white.



1970

Twenty-one-year-old Diane Crump becomes the first female jockey to race in the Derby, finishing 15th in a field of 17.

1977

Seattle Slew wins the Derby and goes on to take the Triple Crown, becoming the first horse to do so with an undefeated career record.

Courtesy of Louisville Tourism (mint julep, Derby-Pie®); courtesy of Jenny Pfanenstiel (hat); INTERFOTO/Alamy Stock Photo (television); © Churchill Downs Racetrack/Courtesy of Kentucky Derby Museum Archives (Crump)

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THE SEATING CHART

More than 256,000 people are expected at this year's Oaks Day and Derby races. Here's where they'll be watching.

Clubhouse Boxes

A notch up from the Grandstand, these seats are six or eight to a box. (The prime area is on the third floor, overlooking the finish line.) The Clubhouse also offers better restaurants and bars and, crucially, more bathrooms.

The Mansion

Food from James Beard Award winners, Chanel makeup artists providing touchups, betting advisors, Paddock tours ... this is true Derby luxury.

The Grandstand

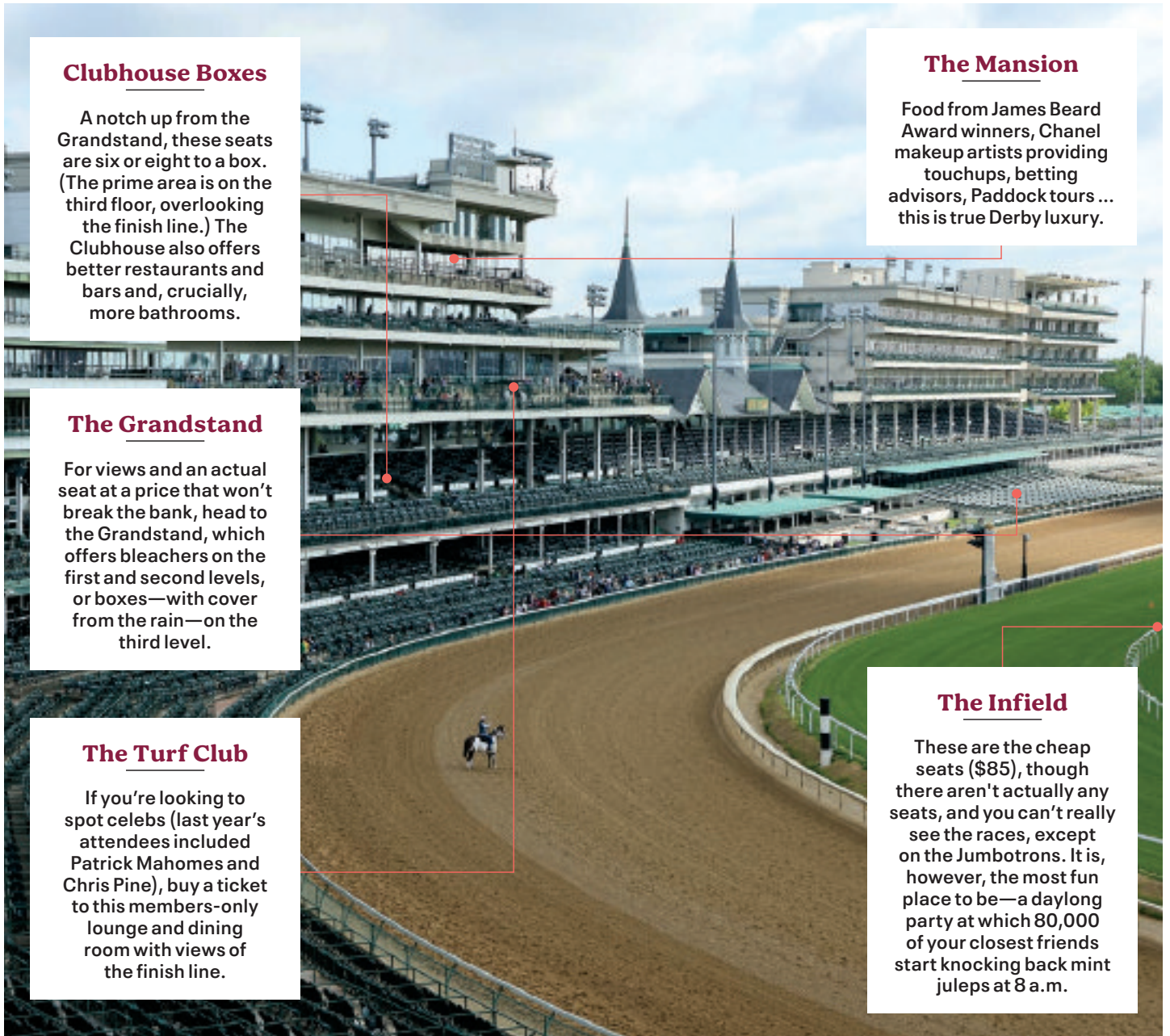
For views and an actual seat at a price that won't break the bank, head to the Grandstand, which offers bleachers on the first and second levels, or boxes—with cover from the rain—on the third level.

The Turf Club

If you're looking to spot celebs (last year's attendees included Patrick Mahomes and Chris Pine), buy a ticket to this members-only lounge and dining room with views of the finish line.

The Infield

These are the cheap seats (\$85), though there aren't actually any seats, and you can't really see the races, except on the Jumbotron. It is, however, the most fun place to be—a daylong party at which 80,000 of your closest friends start knocking back mint juleps at 8 a.m.



1985

The Kentucky Derby Museum opens on the grounds of Churchill Downs.

1986

Churchill Downs is placed on the register of National Historic Landmarks.



2000

Marlon St. Julien becomes the first Black jockey to race in the Derby since 1921.

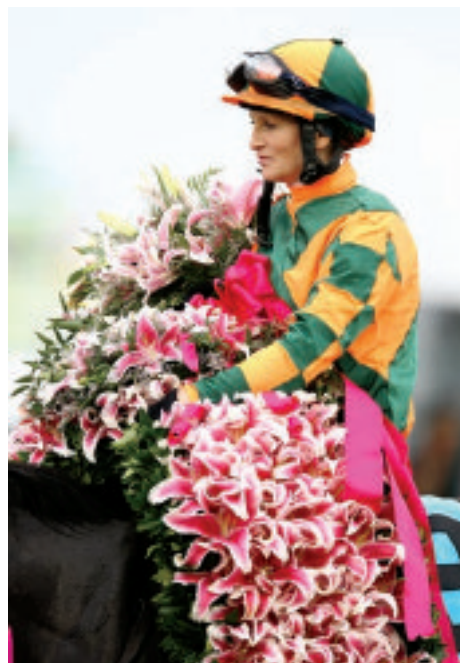
2020

The Kentucky Derby is postponed until September because of COVID-19. When the race finally does run, it's without a live audience for the first time.



GIRL POWER

The Friday before Derby Saturday is known as Oaks Day, and the big event is the **Longines Kentucky Oaks**, the country's most important race for 3-year-old fillies, which debuted on May 19, 1875. Rather than roses, the winning horse is given a blanket of lilies—fittingly called Lilies for the Fillies. The race has long been overshadowed by the Derby, but locals think of it as the classier of the two race days, and many attendees wear pink in honor of survivors of breast and ovarian cancer. (An annual Survivor's Parade is one of the highlights of the day.) The Oaks even has its own drink: Instead of mint juleps, attendees toast with the pink Oaks Lily cocktail, a blend of vodka, cranberry, lime, and triple sec.



IF YOU GO

Stay

Louisville's best hotels are downtown, about a 15-minute drive from Churchill Downs. For quiet luxury, book a room at **The Grady**, which opened in 2021 in a medicinal bourbon apothecary from 1883. If you're looking to keep the party going after the races, opt for **Hotel Genevieve**, which opened last spring in NuLu and boasts the city's best rooftop bar. For a dose of Georgian-Revival

glamour, you can't beat **The Brown Hotel** (pictured above), which celebrated its 100th birthday last year and is also the birthplace of the city's most famous dish: the gut-busting Hot Brown, an open-faced turkey sandwich smothered in Mornay sauce and topped with bacon.



Eat

Start your day off sweet with a glazed honey bun from **Nord's Bakery** or tres leches pancakes at **Con Huevos**. Explore the city's mainstays for lunch: **The Irish Rover** for fish and chips or **Vietnam Kitchen**

for pho. At dinnertime, score a grill table to cook Korean barbecue at star chef Edward Lee's latest spot, **Nami** (pictured inset); tuck into tacos at **Guacamole Modern Mexican**; or feast on bison empanadas at Louisville rapper Jack Harlow's fave spot, **Seviche**.

Drink

A distillery tour is a must when you visit Louisville. At **Michter's Fort Nelson Distillery** (pictured below), there are three tour options, plus you can fill your own bottle of Barrel Strength Bourbon straight from the barrel. If you really want to know how the good stuff gets made, book the Private Select Tour at **Angel's Envy**—the largest distillery on downtown's Whiskey Row—which includes a tasting of three expressions.



BY THE NUMBERS

1.25
Length, in miles,
of the Derby race

3
Age of thoroughbreds who can qualify for the Derby; for ease in handling records and statistics, all horses born in any given year are assigned birthdays of January 1

10
Horses starting from Post 5 who have won the Derby—more wins than any other position

94
High temperature (in degrees Fahrenheit) on the hottest ever Derby Day, in 1959; the average Derby Day high is 74 degrees

12
Derby-winning horses who have sired a future Derby winner



13
Horses who have won the Triple Crown (the Kentucky Derby, the Preakness Stakes, and the Belmont Stakes)

113
Derby-winning horses born in Kentucky

400+
Roses sewn onto the garland awarded the winner; each rose has its own water vial hidden inside the lining

120,000
Mint juleps served at Churchill Downs on a typical Derby weekend

14
Number of races, including the Derby, that will run at Churchill Downs this May 4

\$5 MILLION
Total purse of the 2024 Derby; the winner will receive \$3.1 million



Matthew Stockman/Getty Images (Kentucky Oaks); Wim Baker/GhostWorx Images/Alamy Stock Photo (trophy); courtesy of The Brown Hotel (lobby bar); Horsephotos/Getty Images (Justify); Rosemary Calvert/Getty Images (rose); Matt Simpson (Nami); courtesy of Michter's Fort Nelson Distillery (tasting)

Hemispheres

MOTHERS DAY GIFT GUIDE



NOURISH TO FLOURISH

When we take care of Mama, we take care of families. When we take care of families, our communities thrive. FullWell's evidence-based prenatal and postnatal supplements are thoroughly researched and formulated by expert Registered Dietitian, Ayla Barmmer and supported by MDs and OBGYNs. Take nutritional supplements off Mom's to-do list when you set her up with FullWell. SCAN THE QR CODE and enter discount code MOM15 for 15% OFF of FullWell's Bestsellers. FULLWELLFERTILITY.COM



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DO GOOD SWIMWEAR

Do Good Swimwear was born during a girls surf trip, searching for ways to repurpose ocean waste. The result: affordable, sustainably and ethically made swimsuits so that humans—and our planet!—can feel good for years to come. Use code FLY for 10% OFF at DOGOODSWIMWEAR.COM



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REGULAR ACTIVEWEAR VS. FORME ACTIVEWEAR

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Women's Health | **COSMOPOLITAN**

AWAY

This Month's Trending Hotels, Restaurants, and Destinations



LPM RESTAURANT & BAR AT THE COSMOPOLITAN

3708 Las Vegas Blvd. S., Las Vegas

The carefree lifestyles of the Côte d'Azur and Las Vegas come together at LPM Restaurant & Bar, which creates exquisite harmony on the plate by focusing on the joy of Mediterranean ingredients. From its striking alfresco terrace overlooking the Las Vegas Strip to its charming dining room with freshly cut flowers, original artwork, and French shutters, LPM evokes the glamour and sophistication of the South of France, where every moment is filled with surprise indulgences and opportunities to create memories. LPM takes guests

on a French Riviera-inspired culinary journey filled with delicate intensity and surprising combinations. Signature highlights include starters such as warm prawns with olive oil and lemon juice, snails with garlic butter and parsley; main courses such as salt-baked sea bass with artichokes and tomatoes, marinated lamb cutlets with olive, and Aubergine caviar with pine nuts; and vanilla crème brûlée for dessert.

LPMRESTAURANTS.COM



HOTEL CAFÉ ROYAL

10 Air St., London

Located in the heart of London, this hotel boasts grand, historic areas that have been sensitively restored, while its rooms and suites have a contemporary yet refined style. Continuing its legacy of exquisite dining, the property is home to the two-Michelin-starred Alex Dilling at Hotel Café Royal; Green Bar's cocktails; a traditional afternoon tea in the Grill Room; and Cakes & Bubbles, led by renowned pastry chef, Albert Adrià. For luxurious spa facilities and a modern fitness center, visit Akasha.

HOTELCAFEROYAL.COM



SADELLE'S AT THE BELLAGIO CONSERVATORY

3600 Las Vegas Blvd. S., Las Vegas

Craving breakfast at any time of the day? Head to Sadelle's Café at the Bellagio. This swanky restaurant offers an all-day menu brimming with creative takes on American favorites. Savor the signature eggs Benedict, with perfectly poached eggs and rich hollandaise sauce, and don't miss the legendary sticky buns. Pair your meal with stunning views of the Bellagio Conservatory & Botanical Gardens.

SADELLES.COM

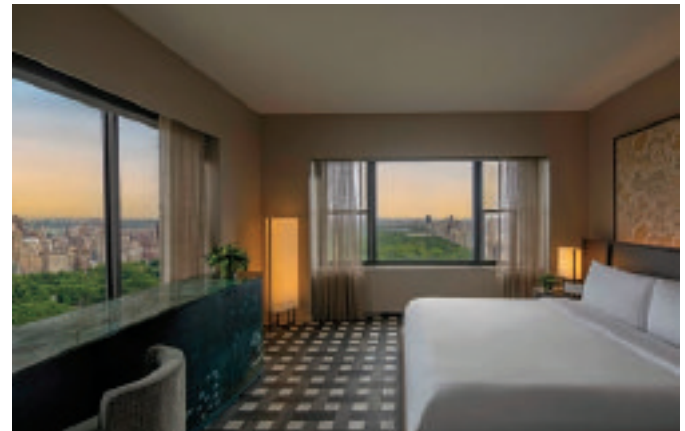


GRACIANNA WINERY

6914 Westside Rd., Healdsburg, CA

Sonoma County's Gracianna Winery makes wine for those with something to be grateful for. As part of their Medallion Wine Club subscription, members create a personalized stone medallion that graces their own vine. Gracianna produces pinot noir, chardonnay, zinfandel, and cabernet sauvignon and it's ranked in the top 10 percent of Tripadvisor's world attractions. For your own medallion and regular shipments at your pace, visit the link below for a special subscription offer for *Hemispheres* readers.

GRACIANNA.COM/HEMISPHERES



PARK LANE NEW YORK

36 Central Park S., New York

Rising 47 stories into the New York skyline, the 610-room Park Lane New York is a bold and inviting space on Central Park South. In the hotel lobby sits Rose Lane, an 80-seat bar with an outdoor terrace; on the second floor, Park Lane Café is a cozy restaurant for evening meals. The 47th floor, meanwhile, is home to Darling, the only rooftop lounge and cocktail bar on Billionaires' Row, offering sweeping views across Manhattan's Upper East and Upper West Sides.

PARKLANENEWYORK.COM

THE JORDAN TRAIL

With its diverse landscapes and rich history, the Jordan Trail offers a unique and unforgettable experience for hikers of all levels. Here are the top 5 things you shouldn't miss on your Jordan Trail adventure:



UMM QAIS

Cradled by rolling hills and overlooking the Sea of Galilee, Umm Qais isn't just the starting point of the Jordan Trail; it's a history buff's dream come true. Roman ruins whisper of emperors like Hadrian, their grandeur echoing through the ancient city of Gadara. Climb the basalt theater, imagining gladiatorial clashes, and wander colonnaded streets where merchants once hawked their wares. Marvel at the unearthed mosaics,

intricate stories etched in stone. But Umm Qais isn't just about the past. Beyond its historical charm, the people of Umm Qais welcomes you to the Jordan Trail, providing an initial glimpse into the warmth and hospitality of 75 local villages. As the sun dips below the horizon, casting long shadows across the ruins, you'll know your Jordan Trail adventure has begun, not just on a path, but in the heart of history itself.





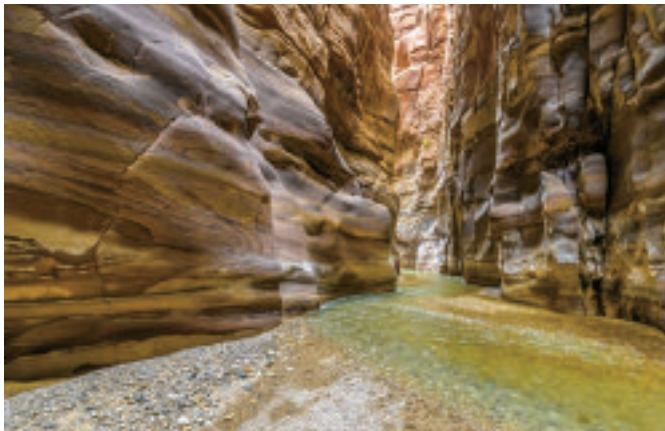
KERAK CASTLE

Perched on a crag overlooking the Dead Sea, Kerak Castle is a formidable guardian of Jordan's history. Built by Crusaders in the 12th century, its imposing walls whisper tales of battles and sieges. Explore its labyrinthine passages, once bustling with knights and soldiers. Climb the towers for panoramic views, overlooking the scorched beauty of the desert and the shimmering Dead Sea. This is not just a monument, it's a time capsule, leaving you spellbound by its enduring presence. And while exploring this part of Jordan, don't miss out on the pride of the locals – the finest Jameed, a fermented yogurt integral to the traditional dish Mansaf.



MADABA

Nestled among rolling hills, Madaba welcomes you with a timeless charm. Wander cobbled streets lined with bustling shops and cafes, their aromas tempting your senses. Marvel at the city's crown jewel - the Madaba Map, a 6th-century masterpiece depicting the Holy Land in intricate mosaics. Step inside ancient churches, their hushed interiors echoing with whispers of saints and pilgrims. Beyond history, Madaba pulsates with life. Sample local delicacies like knafeh, its sweet cheese and pastry a symphony for your taste buds. Engage with friendly locals, their warmth and hospitality as welcoming as the desert sun. At night, the city shimmers under a canopy of stars, a perfect backdrop for newfound friends.



WADI MUJIB GORGE

Nicknamed the "Grand Canyon of Jordan," Wadi Mujib Gorge is a heart-pounding adventure carved by rushing waters. Towering red sandstone cliffs rise above you, the sun a sliver overhead. Brace yourself as cool water surges around your ankles, then thighs, then chest. Navigate slippery rocks, rappel down waterfalls, and swim through refreshing pools, the canyon walls echoing with the thrill of your journey. It's a baptism by nature, pushing your limits and rewarding you with breathtaking views and a sense of accomplishment. Leave your comfort zone behind and enter Wadi Mujib Gorge, where every splash becomes a memory etched in adrenaline and awe.



DANA BIOSPHERE RESERVE

In Jordan's heart lies the Dana Biosphere Reserve, a tapestry of ecosystems woven across canyons, mountains, and valleys. Step into a world where olive groves whisper secrets to juniper forests, and vibrant wildflowers paint the dusty slopes. Hike through Wadi Dana, a dramatic gorge echoing with bird songs, where ibexes dance on rocky ledges. Discover ancient copper mines, remnants of a civilization long gone. At night, gaze at a million stars under a sky unpolluted by city lights. Bedouin camps offer a glimpse into their nomadic life, sharing stories and warmth around flickering fires. Dana isn't just a place; it's a sensory experience, a reminder of nature's resilience.

The New York Times Crossword

NO. 1218

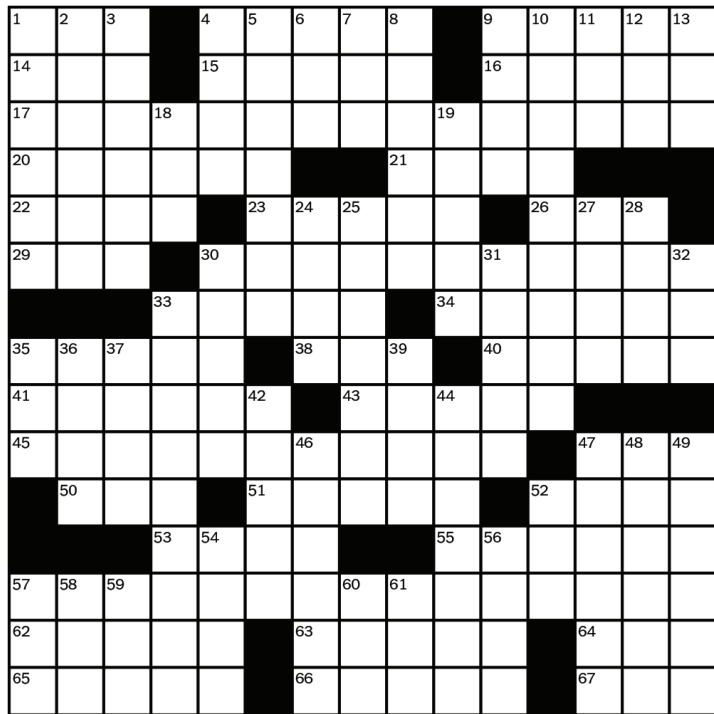
Puzzle by Joe Marquez

ACROSS

- 1 Parishioners' bench
- 4 Spanish "Bye!"
- 9 Unexpected plot development
- 14 Before, in poetry
- 15 Variety show with skirts and songs
- 16 Got out of bed
- 17 Preliminary tournament stage
- 20 Commotion
- 21 Campus figure with a "list"
- 22 1960s soul singer Redding
- 23 Filipino or Laotian
- 26 Fig. on a college transcript
- 29 "Spring forward" clock setting: Abbr.
- 30 Snake oil salesman's offering
- 33 Move just a little
- 34 Got hitched in Vegas, perhaps
- 35 Cause for a produce recall
- 38 Lawyers' org.
- 40 2, 4, 6, 8, etc.
- 41 1989's "Honey, I ___ the Kids"
- 43 Wonderland visitor
- 45 Woman temporarily serving as monarch
- 47 Ice cream amts.
- 50 Disorderly bunch
- 51 Beginning phase
- 52 Last word in "The Twelve Days of Christmas"
- 53 Actress ___ Skye
- 55 Passes into law
- 57 Financial statement issued every three months
- 62 Railroad property in Monopoly
- 63 Actress Davis of "Thelma & Louise"
- 64 20-sided game piece in Dungeons & Dragons
- 65 Intelligence
- 66 Important agent in bread dough and beer fermentation
- 67 Guinness book suffix

DOWN

- 1 Captain Ahab's ship in "Moby-Dick"
- 2 Shoots lava
- 3 What to do "if the shoe fits"
- 4 Prima donna's chance to shine
- 5 Swindle
- 6 Poison ___ (plant)
- 7 French assent
- 8 Maurice who wrote "Where the Wild Things Are"
- 9 Olympic figure skating champion Lipinski
- 10 Ill-advised maneuver
- 11 Debtor's note
- 12 ID with two hyphens
- 13 TV's "___ Lasso"
- 18 The "L" of U.C.L.A.
- 19 Sci-fi or romance
- 24 Story that spans generations
- 25 Swelling reducers for sprains
- 27 Pet name for José
- 28 Gulf of ___ (waters off the coast of Yemen)
- 30 Anthony who played Zorba in "Zorba the Greek"
- 31 Put into power
- 32 Football distances: Abbr.
- 33 Colorful symbols of hope and happiness
- 35 Lawyer's title: Abbr.
- 36 Pal
- 37 Cookie in cookies and cream



- 39 Opposite of aweather, to a sailor
- 42 Coin of Denmark
- 44 Summer office workers
- 46 Pep
- 47 Scannable black-and-white square ... or a hint to 17-, 30-, 45- and 57-Across
- 48 Video game with falling blocks
- 49 Six lines in a sonnet
- 52 Percussive dance style
- 54 Great Plains tribe
- 56 "Super-cool!"
- 57 Over half of all Super Bowl M.V.P.s, for short
- 58 Dubai's country, for short
- 59 ___ Arbor, Mich.
- 60 Stan who co-created the Marvel Universe
- 61 Vote of support

For answers to the crossword puzzle, turn to page 96

Answers to the Sudoku puzzles from page 96

ANSWERTO SUDOKU 1

7	5	2	8	6	9	4	3	1
9	1	3	4	2	5	7	8	6
6	4	8	3	7	1	5	2	9
3	6	9	2	1	4	8	5	7
2	7	1	9	5	8	3	6	4
5	8	4	6	3	7	1	9	2
4	3	7	5	9	2	6	1	8
8	9	6	1	4	3	2	7	5
1	2	5	7	8	6	9	4	3

ANSWERTO SUDOKU 2

6	2	3	7	5	8	9	4	1
4	1	7	9	2	6	3	5	8
5	8	9	4	1	3	7	6	2
8	4	2	6	9	7	5	1	3
7	9	1	5	3	2	6	8	4
3	5	6	8	4	1	2	7	9
1	7	8	3	6	9	4	2	5
2	3	5	1	7	4	8	9	6
9	6	4	2	8	5	1	3	7

ANSWERTO SUDOKU 3

4	2	1	3	6	5	7	9	8
8	9	3	4	7	1	5	6	2
5	7	6	9	2	8	3	1	4
2	5	9	1	8	7	4	3	6
3	8	4	6	9	2	1	5	7
6	1	7	5	3	4	2	8	9
9	4	5	7	1	6	8	2	3
7	6	2	8	5	3	9	4	1
1	3	8	2	4	9	6	7	5

Puzzle by Joe Marquez; edited by Will Shortz; © 2024 The New York Times

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Sudoku

By PennyDell Puzzles

SUDOKU 1 (EASY)

	5	2	8					1
		3			5		8	6
	4	8		7	1			
3	6				4			7
			9	5	8			
5			6				9	2
			5	9		6	1	
8	9		1			2		
1					6	9	4	

SUDOKU 2 (MEDIUM)

		3			8			
4			9		6		5	
	8			1		7		2
	4		6			5		3
	9			3			8	
3		6			1		7	
1		8		6			2	
	3		1		4			6
			2			1		

SUDOKU 3 (HARD)

4		1		6			9	
		3			1			
	7				8			4
2	5	9			7			
3				9				7
			5			2	8	9
9			7				2	
			8			9		
	3			4		6		5

For answers to the Sudoku puzzles, turn to **page 94**; below: the answers to the crossword from **page 94**

PEW		ADIOS		TWIST				
ERE		REVUE		AROSE				
QUALIFYING		GROUND						
UPROAR		DEAN						
OTIS		ASIAN		GPA				
DST		QUACK		REMEDY				
		BUDGE		ELOPED				
ECOLI		ABA		EVEN				
SHRUNK		ALICE						
QUEEN		REGENT		QTS				
MOB		ONSET		TREE				
		IONE		ENACTS				
QUARTERLY		REPORT						
BANDO		GEENA		DIE				
SENSE		YEAST		EST				

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SCOTTISH GOURMET USA

7:00 pm

8:00 pm

9:00 pm

10:00 pm

11:00 pm

12:00 MON.

12:00 SUN.

1:00 am

Arctic Ocean

MIDNIGHT

Pacific Ocean

WESTERN SAMOA

Pacific O

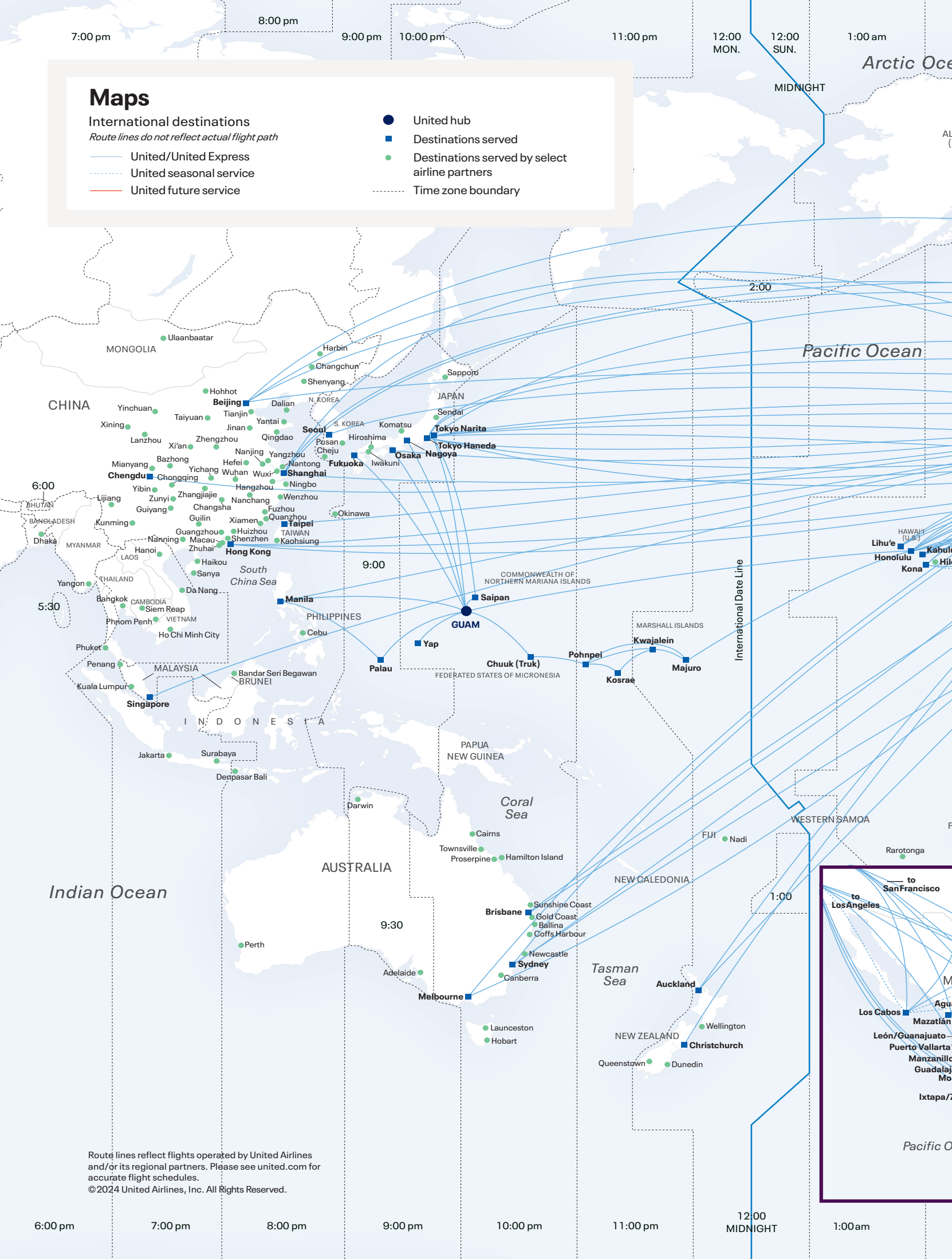
Maps

International destinations

Route lines do not reflect actual flight path

- United/United Express
- United seasonal service
- United future service

- United hub
- Destinations served
- Destinations served by select airline partners
- Time zone boundary



Route lines reflect flights operated by United Airlines and/or its regional partners. Please see united.com for accurate flight schedules.
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6:00 pm

7:00 pm

8:00 pm

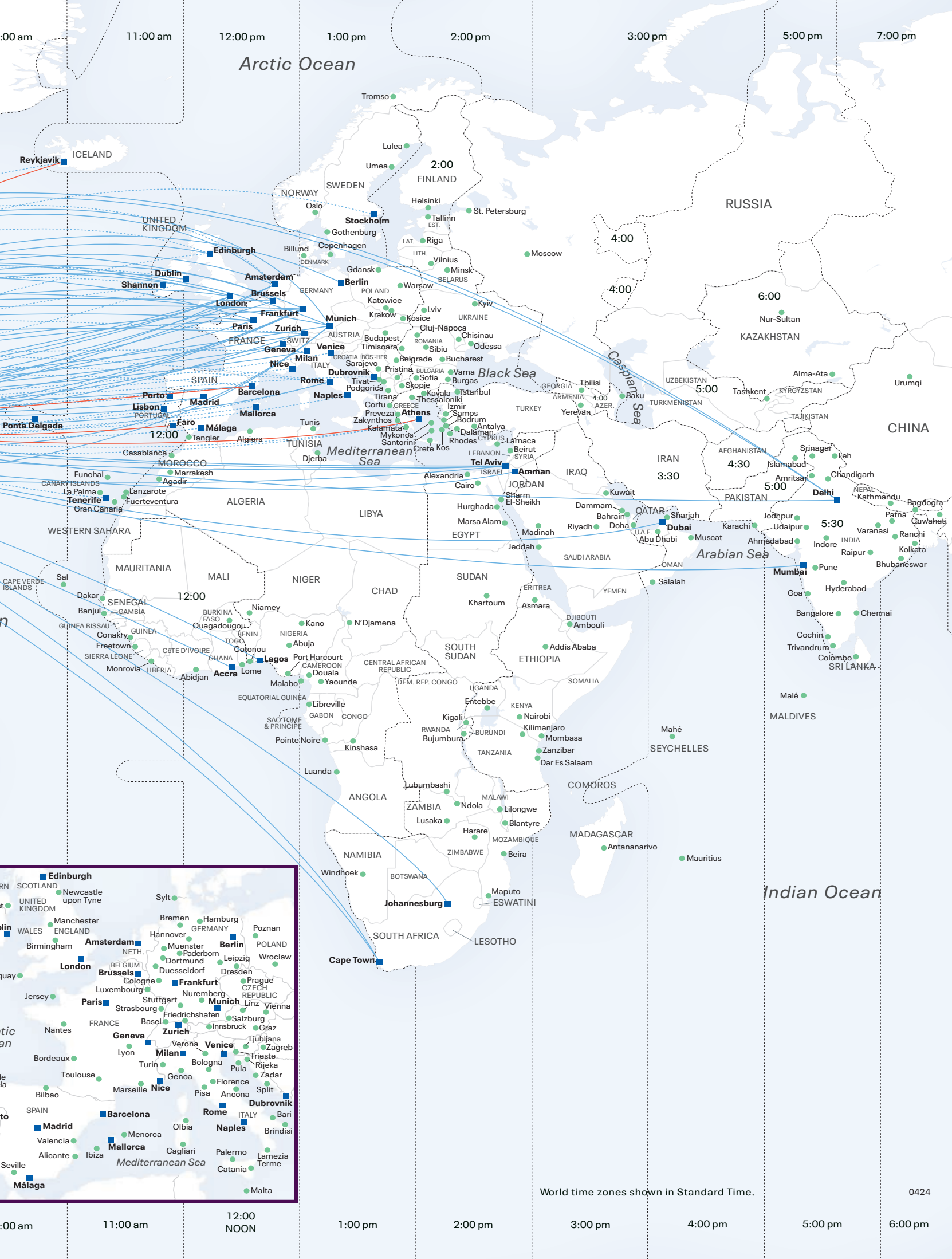
9:00 pm

10:00 pm

11:00 pm

12:00 MIDNIGHT

1:00 am



11:00 am 12:00 pm 1:00 pm 2:00 pm 3:00 pm 5:00 pm 7:00 pm

Arctic Ocean

RUSSIA

CHINA

Indian Ocean

11:00 am 12:00 NOON 1:00 pm 2:00 pm 3:00 pm 4:00 pm 5:00 pm 6:00 pm

World time zones shown in Standard Time.

0424

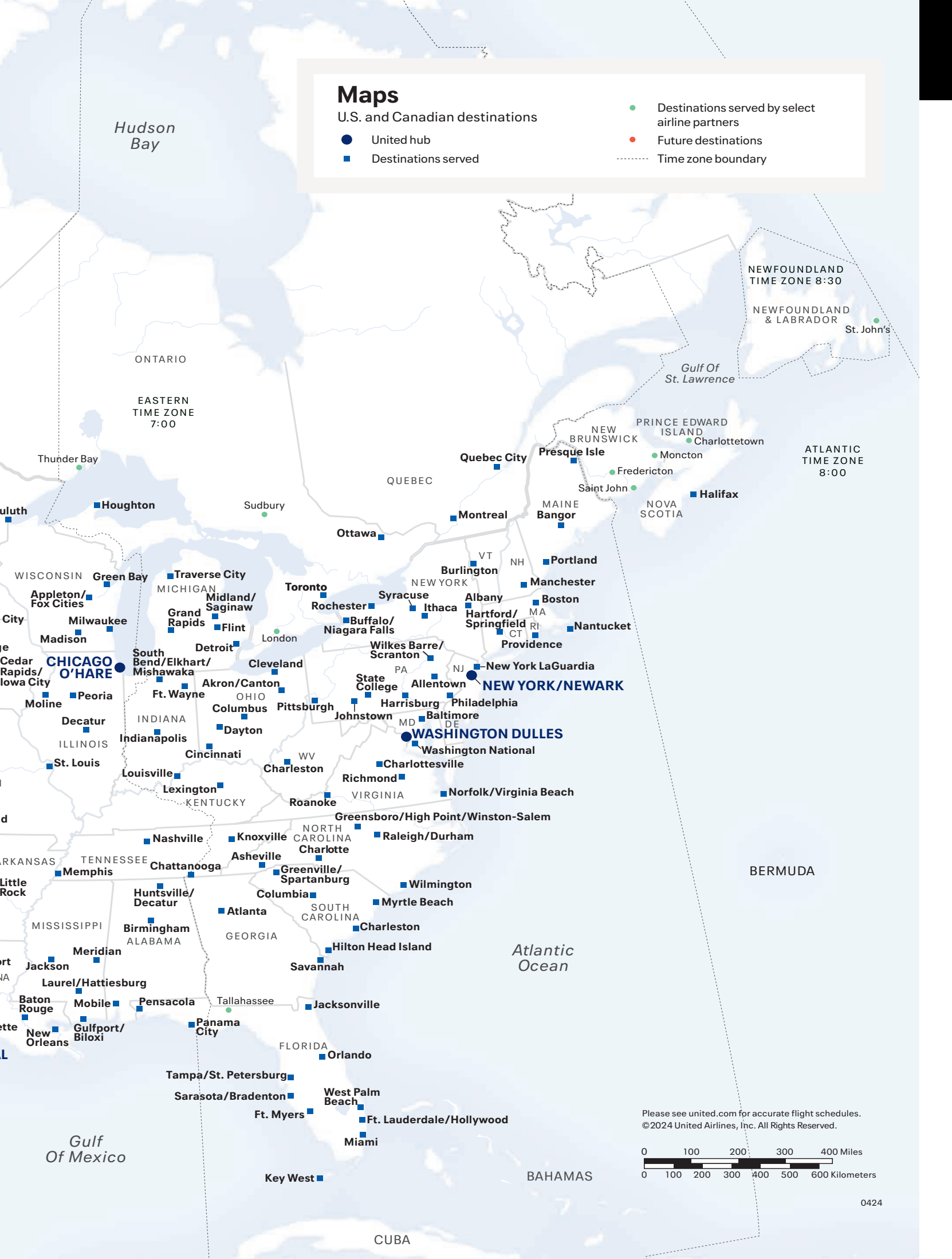


Maps

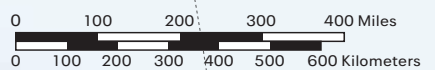
U.S. and Canadian destinations

- United hub
- Destinations served

- Destinations served by select airline partners
- Future destinations
- Time zone boundary



Please see united.com for accurate flight schedules.
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With Star Alliance Awards, you can use your MileagePlus award miles for award travel on any Star Alliance carrier worldwide. Or, use them for Star Alliance Upgrade Awards and upgrade to a premium cabin for maximum comfort.

Star Alliance connecting partners

Connecting Partner carriers are affiliated with Star Alliance. When traveling on a Star Alliance itinerary that includes a connecting flight with a Connecting Partner, customers can enjoy comforts such as being checked through to their final destination. Gold status members will be offered a tailored set of privileges. Intermodal Partners like Deutsche Bahn provide travelers even greater access and seamless connections by rail.

Other airline partners

You can earn and/or redeem award miles on many of our other airline partners. See united.com/airlinepartners for specific information about each of our other airline partners.

- | | |
|-------------------|-------------------|
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| Air Dolomiti | Flydubai |
| Airlink | Hawaiian Airlines |
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| Cape Air | Olympic Air |
| Discover Airlines | Silver Airways |
| Edelweiss | Virgin Australia |
| Emirates | Vistara |



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APRIL 2024

Snack Shop

Snackboxes



Tapas

Traditional hummus, pita chips, asiago cheese spread, La Panzanella® crackers, cracked black pepper almonds, pitted snack olives

VEGETARIAN

\$10 or 1180 miles



Takeoff

Beef salami, Mediterranean apricots, gouda cheese spread, fig spread, cream crackers, Italian breadsticks, hickory smoked almonds, Toblerone®

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Snacks

Pringles®

Original potato crisps

VEGAN, KOSHER

\$5 or 590 miles



Bobby Sue's Original Nuts

A savory mix of almonds, cashews, and pecans with a sweet touch

KOSHER

\$6 or 710 miles



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Recline

Lesser Evil® Himalayan Gold popcorn, Pretzel Pete® honey mustard & onion mini twists, OREO® cookies, Albanese® gummi bears, Fun Size M&M's®

\$10 or 1180 miles

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Field Trip Carne Asada Jerky

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GLUTEN-FREE

\$6 or 710 miles



Trü Frü Strawberry Bites

Hyper-dried strawberries coated in dark chocolate

KOSHER

\$5 or 590 miles



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Flight details

Flights scheduled over 500 miles
Within the United States, Canada, Latin America and the Caribbean

Snack time

All day

Breakfast



Apple Cinnamon Overnight Oats

Creamy overnight oats mixed with golden apples and topped with cinnamon spice and raisins

VEGETARIAN

\$9 or 1070 miles



Three Cheese Omelet with Seasoned Potatoes

Swiss, cheddar and Monterey Jack cheese omelet with a side of seasoned potatoes

SERVED WARM, VEGETARIAN

\$10 or 1180 miles



Ham, Egg and Cheese Breakfast Bagel

Asiago bagel with Black Forest Ham, fried egg patty, and apple cheddar spread

SERVED WARM

\$10 or 1180 miles

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Departure time from
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Lunch & dinner



Fresh Cheese & Fruit Tray

Sharp Cheddar cheese, Fontiago cheese, Grand Cru cheese, Partners® crackers, red seedless grapes, Bonne Maman® fig preserves, Frango mint chocolate

VEGETARIAN

\$10 or 1180 miles



Pimento Pretzel Burger

Beef burger with green chile pimento and bacon jam on a pretzel bun
Condiments served upon request — please ask your flight attendant for today's selection

SERVED WARM

\$11 or 1300 miles



Cacio e Pepe Rigatoni

Mezze rigatoni with cacio e pepe and Calabrian chili sauce

VEGETARIAN, SERVED WARM

\$11 or 1300 miles

Flight details

Flights scheduled over 1,190 miles

Within the United States, including to/from Hawaii (excluding long-haul Hawaii routes with complimentary meal service in Economy class)

Lunch and dinner times

Departure time from 10:00 a.m. to 8:59 p.m.

All menu selections may vary by flight. We apologize if your preferred choice is not available. Please review the packaging labels for full product descriptions and listings of ingredients and allergens. Products may contain food allergens such as milk, eggs, fish, crustacean shellfish, tree nuts, wheat, soybeans and sesame.

We accept credit/debit cards via contactless payment only. To view and print your receipts from purchases made on mainline United-operated flights, visit [united.com/inflightreceipts](https://www.united.com/inflightreceipts)



Beverages



Non-alcoholic

Complimentary on all flights



Sparkling

Coca-Cola®, Coca-Cola® Zero Sugar, Diet Coke® and Sprite®

Seagram's®: Ginger Ale, Seltzer Water, Tonic Water

AHA® Sparkling Water:
Pineapple + Passionfruit,
Blueberry + Pomegranate


Juice

Minute Maid®: Orange Juice, Apple Juice, Cranberry Cocktail Juice

Mott's® Tomato Juice

Mr & Mrs T® Bloody Mary Mix

Other

 illy dark roast coffee:
regular, decaffeinated

Hot tea

DASANI® Bottled Water

Alcoholic

Available for purchase in United Economy® on U.S., Canada, Latin America and Caribbean flights

Beer

Michelob ULTRA® \$8 or 950 miles

Stella Artois® \$9 or 1070 miles

Bell's® Two Hearted® IPA
\$9 or 1070 miles

White Claw® Hard Seltzer
Black Cherry \$9 or 1070 miles

Kona Big Wave Golden Ale*
\$8 or 950 miles

*Available only on mainline United flights between the continental United States and Hawaii



Wine

\$10 or 1180 miles

Red Wine (187mL)

White Wine (187mL)

Sparkling Brut (187mL)

Liquor

\$10 or 1180 miles

Vodka

Tito's® Handmade Vodka

Gin

Bombay Sapphire®

Rum

Bacardi®

Tequila

Corazón® Blanco

Bourbon

Buffalo Trace®

Whiskey


Jack Daniel's®

Scotch

Glenfarclas®

Liqueur

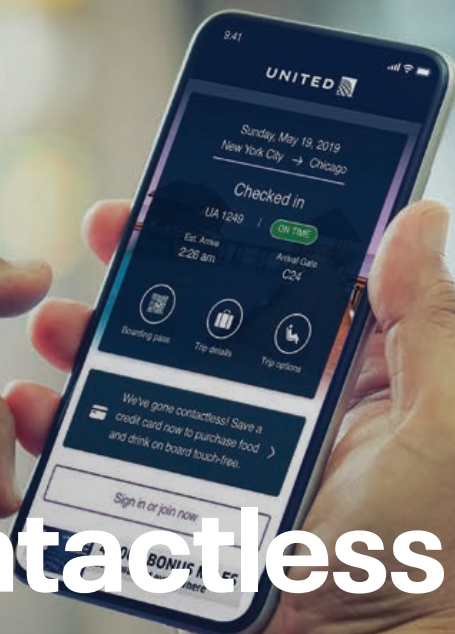
Baileys® Irish Cream

 Free on flights between the continental United States and Africa, Asia, Australia, Europe, India, Israel, New Zealand, South America and Tahiti

Menu selections may vary by flight. Alcohol may be served only to customers 21 and older.

Contactless pay, your way

How to purchase snacks & drinks on your flight.



Enjoy 25% back as a statement credit on purchases of food and beverages on board United and United Express®-operated flights when you pay with your UnitedSM Explorer Card.*

Not a cardmember? Please see your seatback pocket for more information about the United Explorer Card or ask a flight attendant for an application.

*For details, visit unitedexplorercard.com/inflight. Credit cards issued by Chase Bank USA, N.A.



United Airlines now accepts
PayPal™ on board

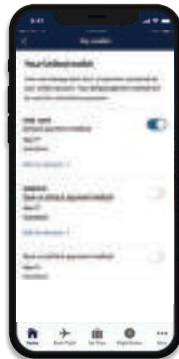
It's fast, easy and secure, with no Wi-Fi connection needed. Download the app and set your payment preference now.

MILEAGEPLUS MEMBERS

OPTION 1

Store a card in your MP account

- Ensure your MP number is attached to your reservation
- Go to United Wallet in the app
- Save your primary payment



OPTION 2

Pay with miles on board

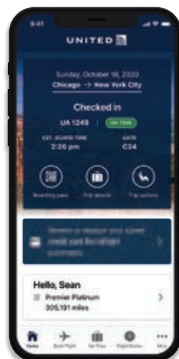
- Ask the flight attendant to use your miles balance to complete the transaction

OPTION 3

Pay with a United Wallet QR code

- Connect to United Wi-Fi
- Go to United Wallet in the app
- Select your payment type
- Generate QR code for flight attendant.

Screenshots of United wallet QR codes will not work

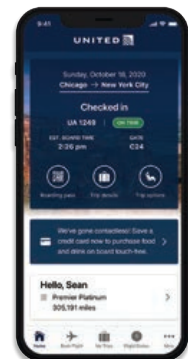
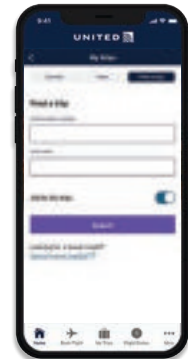


NON-MEMBERS

Please follow the instructions below so you can buy snacks and drinks while in the air:

Store a card in your app

- Download the latest United app version
- Add your reservation to "My United" and tap on the Trips icon
- On the home screen below the box with details about your trip, select the "We've gone contactless!" banner
- Fill out your credit card information and continue until you select "Save"
- If for some reason you do not see the banner, simply tap on "Trip Options" and scroll down until you see the Inflight Purchases banner — you can add a card by tapping there!



For anyone who does not have the United app and would like to purchase food or beverages on board, you can now add a contactless payment option to your trip by connecting to United Wi-Fi and visiting united.com/inflightpayment to enter your confirmation number and credit card details. This card will only be saved for your current trip.

International



Canada

BREAKFAST | 5:00 a.m. to 9:59 a.m.

Maple Breakfast Sandwich

Black Forest ham, cheddar cheese and maple butter on a croissant

SERVED WARM

\$10 or 1180 miles

LUNCH & DINNER | 10:00 a.m. to 8:59 p.m.

Hummus Platter

Carrot edamame salad, red pepper hummus and herbed pita wedges

VEGETARIAN

\$11 or 1300 miles

Forty Creek Barbecue Burger

Beef patty, white cheddar cheese and Forty Creek whisky barbecue sauce on a pretzel bun. Condiments served upon request.

SERVED WARM

\$11 or 1300 miles

Sun-Dried Tomato Chicken Pesto Wrap

Chicken, cheese, lettuce and sun-dried tomato pesto in a tortilla wrap

\$11 or 1300 miles

Menu selections may vary by flight. We apologize if your preferred choice is not available. Please review the packaging labels for full product descriptions and listings of ingredients and allergens. Products may contain food allergens such as crustacean shellfish, eggs, fish, milk, soybeans, tree nuts or wheat.

Latin America and the Caribbean

BREAKFAST | 5:00 a.m. to 9:59 a.m.

Maple Breakfast Sandwich

Black Forest ham, cheddar cheese and maple butter on a croissant

SERVED WARM

\$10 or 1180 miles

LUNCH & DINNER | 10:00 a.m. to 8:59 p.m.

Turkey and Mozzarella Sandwich

Smoked turkey, mozzarella cheese and cream cheese spread on a ciabatta baguette

SERVED WARM

\$11 or 1300 miles

BBQ Chicken Sandwich

Grilled barbecue chicken, mozzarella cheese and ranch dressing on a ciabatta baguette

SERVED WARM

\$11 or 1300 miles

Canada flight details

Select flights over 1,190 miles from Canada to the United States

Latin America and the Caribbean flight details

Select flights over 1,190 miles from Latin America and the Caribbean to the United States (excluding long-haul routes with complimentary meal service in Economy class).

Enjoy free movies and TV shows



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Mean Girls

112 min. PG-13



© See-Saw Films Pty Limited.

American Fiction M

117 min. R



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Anyone But You M

103 min. R



© 2024 Warner Bros. Entertainment Inc.

The Color Purple

141 min. PG-13



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Migration

83 min. PG



© Two Wolves Films Limited, Extreme Emotions BIS Limited, Soft Money LLC, ZOI Film LLC and Channel Four Television Corporation 2023.

The Zone of Interest

105 min. PG-13

More movies

Wish

Aquaman and the
Lost Kingdom

The Book of Clarence

All Dirt Roads Taste
of Salt

David Holmes:
The Boy Who Lived



Frasier 2023
30 min. TV-14



Fight the Power: How Hip-Hop Changed the World
60 min. TV-14



Barmageddon
45 min. TV-14



The Prison Confessions of Gypsy Rose Blanchard
45 min. TV-PG

More TV shows

Julia • Getting Warmer with Kal Penn • The Pioneer Woman • The Lebanese Burger Mafia

Award Nominated

Watch this year's highly-acclaimed films from the comfort of your seat. Visit our Award-Nominated Collection.



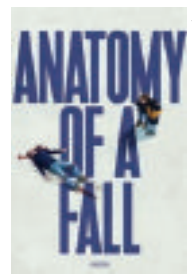
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Seatback entertainment



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Mean Girls (2023)

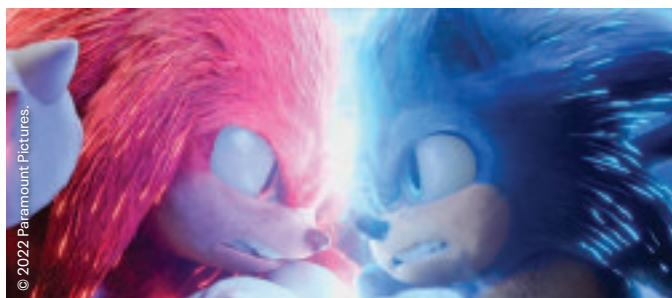
112 min. PG-13



© 2022 Paramount Pictures

The Lost City

92 min. PG-13



© 2022 Paramount Pictures

Sonic the Hedgehog 2

110 min. PG



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Instant Family

117 min. PG-13



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Mission: Impossible - Dead Reckoning Part One

163 min. PG-13



© 2017 Sesame Workshop. All Rights Reserved.

Sesame Street

100 min. TV-G



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Kings of BBQ

90 min. TV-PG



Planet Earth III

120 min. TV-PG

DIRECTV channel lineup

A WEALTH OF ENTERTAINMENT.....	387	ESPNNEWS.....	207	NHL NETWORK.....	215
A&E.....	265	ESPNU.....	208	NICK JR.....	301
ABC (WABC).....	9533	FAMILY ENTERTAINMENT TELEVISION.....	323	NICKELODEON EAST.....	299
ACC NETWORK.....	612	FOOD NETWORK.....	231	NICKTOONS.....	302
AMC NETWORK.....	254	FOX (WNYW).....	9534	OPRAH WINFREY NETWORK.....	279
AMERICAN HEROES CHANNEL.....	287	FOX BUSINESS NETWORK.....	359	OUTDOOR NETWORK.....	606
ANIMAL PLANET.....	282	FOX NEWS CHANNEL.....	360	OVATION.....	274
BBC AMERICA.....	264	FOX SPORTS 1.....	219	OXYGEN.....	251
BET.....	329	FOX SPORTS 2.....	618	PARAMOUNT NETWORK.....	241
BET HER.....	330	FREEFORM.....	311	POP.....	273
BLOOMBERG TV.....	353	FX.....	248	QVC.....	317
BOOMERANG.....	298	FX MOVIE.....	258	QVC2.....	315
BRAVO.....	237	FXX.....	259	SCIENCE.....	284
BTN.....	610	FYI.....	266	SEC NETWORK.....	611
CARTOON NETWORK.....	296	GALAVISION.....	404	SPORTSMAN CHANNEL.....	605
CBS (WCBS).....	9531	HALLMARK.....	312	SUNDANCE TV.....	239
CBSSPORTS NETWORK.....	221	HEADLINE NEWS.....	204	SYFY.....	244
CELEBRITY SHOPPING NETWORK.....	223	HGTV.....	229	TBSSUPERSTATION.....	247
CMT.....	327	HISTORY.....	269	TEENNICK.....	303
CNBC.....	355	IFC.....	333	THE GOLF CHANNEL.....	218
CNN.....	202	INVESTIGATION DISCOVERY.....	285	THE TENNIS CHANNEL.....	217
COMEDY CENTRAL.....	249	LIFETIME.....	252	THE TRAVEL CHANNEL.....	277
COOKING CHANNEL.....	232	LIFETIME MOVIE NETWORK.....	253	THE WEATHER CHANNEL.....	362
CSPAN.....	350	MAGNOLIA NETWORK.....	230	TLC.....	280
CSPAN 2.....	351	MLB NETWORK.....	213	TNT.....	245
DESTINATION AMERICA.....	286	MSNBC.....	356	TRUTV.....	246
DISCOVERY.....	278	MTV.....	331	TURNER CLASSIC MOVIES.....	256
DISCOVERY FAMILY CHANNEL.....	294	MTV CLASSIC.....	336	TV LAND.....	304
DISNEY.....	290	MTV2.....	332	UNIVISION EAST.....	402
DISNEY JUNIOR.....	289	NAT GEO WILD.....	283	UPTV.....	338
DISNEY XD.....	292	NATIONAL GEOGRAPHIC.....	276	USA NETWORK.....	242
E!.....	236	NBATV.....	216	VH1.....	335
ESPN.....	206	NBC (WNBC).....	9532	VICELAND.....	271
ESPN2.....	209	NEWSNATION.....	307	WETV.....	260
		NFL NETWORK.....	212	WGN.....	307

Seatback entertainment



737 Guam/Micronesia entertainment

CH.	CHANNEL INFORMATION
1	Information Channel/Instructions
2	Wish [E, J]
3	Trolls Band Together [E, K]
4	The Marvels [E, J, CHS]
5	Barbie [E, J]
6	Kingdom: Flame of Destiny, The [J, E]
7	Suzume [J, E]
8	The Moon [K, E]
9	Godspeed [C, E]

Explore a world of content

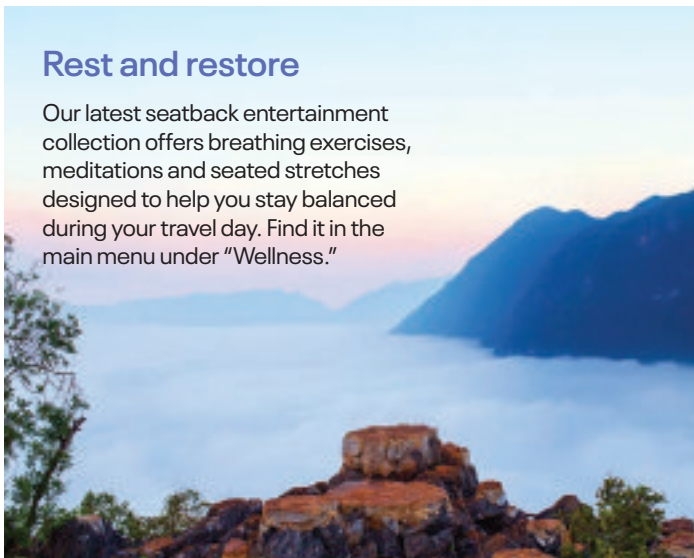
Experience an award-winning, feature-rich seatback entertainment system.

Visit unitedprivatescreening.com to learn more.



Rest and restore

Our latest seatback entertainment collection offers breathing exercises, meditations and seated stretches designed to help you stay balanced during your travel day. Find it in the main menu under "Wellness."



Complimentary earbuds are available on select flights

Please ask a flight attendant for more information.

COLDPLAY
June 26, 2000



Exclusive video and music

Get a front-row seat for the most iconic moments in music with The Coda Collection. See live concerts, critically acclaimed documentaries and world premieres from some of music's best. Enjoy this free sampling of The Coda Collection catalogue, exclusively on United.

Marcus King: The Marcus King Band Performs El Dorado

Ripe: Live from MGM Music Hall at Fenway

Cory Wong: Live at Montreux Jazz Festival

Coldplay: Amsterdam Sessions

Kenny Wayne Shepherd: Trouble Is...25: The Film

The Black Crowes: Brothers of a Feather

Greensky Bluegrass: Live at Red Rocks 9/14/2019

Idles: Don't Go Gentle: A Film About Idles

Jimi Hendrix Experience: Electric Church - Atlanta Pop Festival

Gov't Mule: Bring on the Music: Live at the Capitol Theatre

Audio Playlists

Tune in and turn up with this month's collection of curated audio playlists and artist spotlights.

- | | |
|-------------------------------|-----------------------------|
| <i>Chill</i> | <i>Spring is in the Air</i> |
| <i>Today's Hits</i> | <i>Classic Hits</i> |
| <i>Today's Country</i> | <i>Soundtracks</i> |
| <i>Alternative & Rock</i> | <i>Musica Latina</i> |
| <i>Classical</i> | <i>House</i> |
| <i>80s</i> | <i>K-Pop</i> |
| <i>90s</i> | <i>Best of Taylor Swift</i> |
| <i>2000s</i> | <i>Hip-Hop</i> |

Enjoy our collection of top podcasts

Feed your curiosity with our collection of podcasts that explore topics including technology, culture, music, comedy and more.



Connect to United Wi-Fi and free entertainment



Watch hit movies and TV for free on your mobile device

No purchase necessary. New movies and shows are added monthly.

Visit unitedprivatescreening.com or check out the Entertainment section of this magazine to see what's playing on your flight.



Special pricing for United Wi-FiSM

MileagePlus[®] members: \$8
Non-members: \$10

Members can also purchase Wi-Fi access with miles. The prices above apply to domestic and short-haul international flights only. Pricing varies on long-haul international flights.



Free inflight messaging

iMessage, WhatsApp, Messages by Google and more.

Free messaging plan does not support photo or video messages. Voice over Internet Protocol (VoIP) and video or audio conferencing are not supported on inflight Wi-Fi.

How to connect to inflight Wi-Fi



Using your web browser (laptop, tablet or smartphone):

- 1 Enable airplane mode and then turn on Wi-Fi
- 2 Connect to the "Unitedwifi.com" network
- 3 Open your web browser* and go to unitedwifi.com
- 4 Enjoy Wi-Fi and entertainment

* Use Safari on Apple devices or Google Chrome on Android devices for best results.

Using the United app (tablet or smartphone):

- 1 Enable airplane mode and then turn on Wi-Fi
- 2 Connect to the "Unitedwifi.com" network
- 3 Open up the app and select "Wi-Fi and Entertainment"*
- 4 Enjoy Wi-Fi and entertainment

* Wi-Fi and Entertainment can be found within the menu in the top left on Android devices, and within the "More" menu in the bottom right tab on Apple devices.

Free Wi-Fi for T-Mobile customers

Eligible T-Mobile customers get free inflight Wi-Fi on all United flights equipped with Wi-Fi.

Visit www.unitedwifi.com or use the United app to activate your session. Only available on mobile devices.



United Wi-FiSM

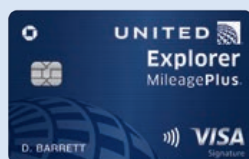
Connect via QR code

Connect to "Unitedwifi.com" then scan this QR code to visit the United Wi-Fi home page.



United Explorer Card

Enjoy 25% back as a statement credit when you purchase a United Wi-Fi plan on board with your UnitedSM Explorer Card.



Not an Explorer Cardmember? Please see your seatback pocket for more information about the United Explorer Card, ask a flight attendant for an application or visit UnitedExplorerCard.com/inflight

HELPFUL TIPS

- United is committed to offering you quality inflight Wi-Fi. If your expectations were not met, submit a refund request at united.com/refunds
- For the best experience, disable any active VPNs on your device before connecting to United Wi-Fi.

UNITED WI-FI COVERAGE

- On select Boeing 737 and 757-300 aircraft, Wi-Fi service is only available within the continental U.S. (provided by Thales).
- On select 737s, Airbus A319s and Boeing 737 MAX 8/9s, Wi-Fi service is available over North/Central America (provided by Viasat).
- Wi-Fi service may be unavailable on flights to and from Hawaii.

Deutsch

So verbinden Sie sich während des Fluges mit Wi-Fi und dem Personal Device Entertainment

Greifen Sie über Ihr persönliches Gerät auf unsere umfangreiche Auswahl an kostenlosen Filmen und Fernsehsendungen zu oder kaufen Sie ein United Wi-FiSM-Abo, um während Ihres Fluges mit dem Internet verbunden zu bleiben.

- 1 Flugmodus aktivieren
- 2 Verbinden Sie sich mit dem Netzwerk „UnitedWiFi“
- 3 Öffnen Sie Ihren Webbrowser und gehen Sie zu unitedwifi.com - oder öffnen Sie die United-App und wählen Sie „Wi-Fi and entertainment“

Weitere Informationen zu United Wi-Fi:

- Zu bestimmten Zeiten während des Fluges stehen der Wi-Fi-Service und das Personal Device Entertainment möglicherweise nicht zur Verfügung.
- Mit kostenlosem Inflight-Text-Messaging können Sie über Apps wie iMessage, WhatsApp und Messages by Google während des Fluges Nachrichten senden und empfangen. Nachrichten, die Fotos oder Videos enthalten, werden nicht unterstützt.
- Während Sie mit United Wi-Fi verbunden sind, können Sie kostenlos auf united.com, die United-App und ausgewählte Partnerseiten zugreifen. Die United-App kann während des Fluges nicht heruntergeladen werden. Bitte stellen Sie daher sicher, dass sie vor dem Abflug heruntergeladen und auf Ihrem Gerät installiert wurde.

Español

Cómo conectarse al Wi-Fi a bordo y disfrutar del entretenimiento con dispositivos personales

Acceda a nuestra selección rotativa de películas y programas de televisión gratis desde su dispositivo personal, o compre un plan Wi-FiSM de United para mantenerse conectado durante su vuelo.

- 1 Active el modo avión
- 2 Conéctese a la red “UnitedWiFi”
- 3 Abra su navegador web y vaya a unitedwifi.com, o abra la aplicación de United y seleccione “Wi-Fi and entertainment” (Wi-Fi y entretenimiento)

Información adicional sobre United Wi-Fi:

- Es posible que el servicio de Wi-Fi y el entretenimiento con dispositivos personales no estén disponibles en determinados momentos durante el vuelo.
- El servicio de mensajería de texto gratuito a bordo permite enviar y recibir mensajes a través de aplicaciones como iMessage, WhatsApp y Messages by Google. No se admiten mensajes que contengan fotos o videos.
- Mientras esté conectado a United Wi-Fi, puede acceder a united.com, a la aplicación de United y a determinados sitios de socios sin cargo. La aplicación de United no se puede descargar en vuelo, así que asegúrese de descargarla e instalarla en su dispositivo antes de la salida.

Français

Comment se connecter au Wi-Fi à bord et au système de divertissement personnel

Accédez à notre sélection renouvelée régulièrement de films et de programmes télévisés gratuits depuis votre appareil personnel, ou achetez un abonnement United Wi-FiSM pour rester connecté(e) pendant votre vol.

- 1 Activez le mode Avion
- 2 Connectez-vous au réseau « UnitedWiFi »
- 3 Ouvrez votre navigateur Web et rendez-vous sur unitedwifi.com, ou ouvrez l'application United et sélectionnez « Wi-Fi et divertissement »

Informations supplémentaires concernant le service United Wi-Fi :

- Le service Wi-Fi et le système de divertissement personnel peuvent être indisponibles à certains moments pendant votre vol.
- Le service de messagerie gratuit à bord vous permet d'envoyer et de recevoir des messages via des applications telles qu'iMessage, WhatsApp et Messages par Google. Les messages contenant des photos ou des vidéos ne sont pas pris en charge.
- Grâce à la connexion au service Wi-Fi United, vous pouvez accéder gratuitement à united.com, à l'application United et à certains sites partenaires. L'application United ne peut pas être téléchargée pendant le vol ; pensez donc à la télécharger et à l'installer sur votre appareil avant le départ.

한국어

기내 Wi-Fi 및 개인 휴대기기 엔터테인먼트 연결 방법

개인 기기에서 다양한 무료 영화 및 TV를 이용하거나 유나이티드 Wi-FiSM 플랜을 구매해 비행 중 인터넷을 이용할 수 있습니다.

- 1 비행기 모드 활성화
- 2 ‘UnitedWiFi’ 네트워크에 연결합니다.
- 3 웹 브라우저를 열고 unitedwifi.com으로 이동하거나 유나이티드 앱을 열고 ‘Wi-Fi and entertainment’를 선택합니다.

유나이티드 Wi-Fi 관련 추가 정보:

- 항공편 이용 중 특정 시간에는 Wi-Fi 서비스 및 개인 휴대기기 엔터테인먼트 이용이 불가합니다.
- 무료 기내 문자 메시지를 통해 iMessage, WhatsApp 및 Messages by Google과 같은 앱에서 메시지를 주고받을 수 있습니다. 사진, 동영상은 포함된 메시지는 지원되지 않습니다.
- 유나이티드 Wi-Fi 연결 중 united.com, 유나이티드 앱 및 일부 제휴사 사이트에 무료로 액세스할 수 있습니다. 유나이티드 앱은 비행 중에는 다운로드할 수 없습니다. 출발 전 기기에 다운로드하여 설치해 주시기 바랍니다.

日本語

機内Wi-Fiとパーソナル・デバイス・エンターテイメントへの接続方法

定期的に更新される無料の映画やテレビ番組をお手持ちのスマートフォンやタブレットなどのデバイスでお楽しみいただくか、機内でインターネットをご利用いただける United Wi-FiSMプランをご購入ください。

- 1 機内モードをONにします
- 2 「United Wi-Fi」ネットワークに接続します
- 3 ブラウザからunitedwifi.comにアクセスします。またはユナイテッドアプリを開いて「Wi-Fi and entertainment」を選択します。

United Wi-Fiに関する追加のご案内:

- 機内Wi-Fiサービスおよびパーソナル・デバイス・エンターテイメントをご利用いただけない時間帯が発生する場合があります。
- 無料の機内テキストメッセージは iMessage、WhatsApp、Googleの Messagesなどのアプリでメッセージを送受信できます。写真や動画を含むメッセージはサポートされていません。
- United Wi-Fiに接続中はunited.com、ユナイテッドアプリ、一部の提携パートナーのウェブサイト無料でアクセスできます。ユナイテッドアプリをフライト中にダウンロードすることはできませんので、ご出発前にお手持ちのデバイスでダウンロードのうえインストールしてください。

Português

Como se conectar ao Wi-Fi e entretenimento para dispositivos pessoais a bordo

Acesse nossa seleção rotativa e gratuita de filmes e programas de TV em seu dispositivo pessoal ou compre um plano United Wi-FiSM para permanecer conectado durante o voo.

- 1 Ative o modo Avião.
- 2 Conecte-se à rede “United Wi-Fi”.
- 3 Abra seu navegador e acesse unitedwifi.com ou abra o aplicativo da United e seleccione “Wi-Fi and entertainment” (Wi-Fi e entretenimento).

Mais informações sobre o United Wi-Fi:

- O serviço de Wi-Fi e o entretenimento para dispositivos pessoais podem estar indisponíveis em determinados momentos do voo.
- A troca de mensagens de texto gratuita a bordo permite que você envie e receba mensagens por meio de aplicativos como iMessage, WhatsApp e Messages by Google. Mensagens que contenham fotos ou vídeos não são compatíveis.
- Enquanto sua conexão ao United Wi-Fi estiver ativa, você poderá acessar gratuitamente o site united.com, o aplicativo da United e alguns sites de parceiros. Como não é possível baixar o aplicativo da United durante o voo, baixe e instale-o em seu dispositivo antes da partida.

简体中文

如何连接机舱内 Wi-Fi 和个人娱乐系统

使用您的个人设备观看我们轮播精选的免费电影和电视剧，或购买美联航 Wi-FiSM 计划，在飞行期间随时保持互联。

- 1 启用飞行模式
- 2 连接至“UnitedWiFi”网络
- 3 打开您的网络浏览器并访问 unitedwifi.com - 或打开美联航应用程序并选择“Wi-Fi and entertainment”

有关美联航 Wi-Fi 的更多信息:

- 飞行期间，Wi-Fi 服务和个人娱乐系统在某些时候可能不可用。
- 免费的机上短信服务允许您通过 iMessage、WhatsApp 和 Message by Google 等应用程序发送和接收消息。不支持包含照片或视频的短信。
- 连接至美联航 Wi-Fi 后，您可以免费访问 united.com、美联航应用程序和指定合作伙伴网站。无法在飞行中下载美联航应用程序，因此请确保在出发前将该应用程序下载并安装至您的设备上。

繁體中文

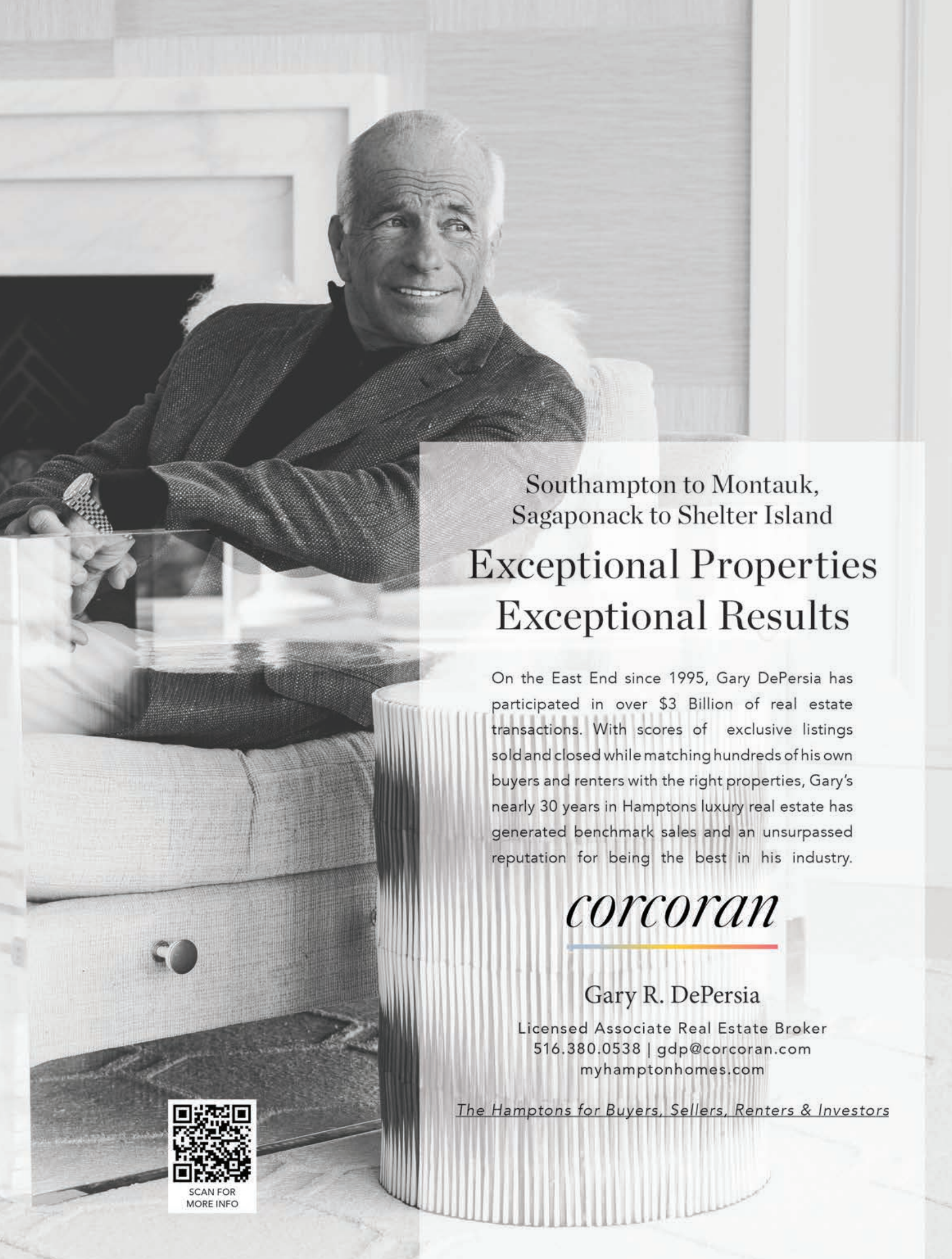
如何連線至機上無線網絡 (Wi-Fi) 和個人裝置娛樂系統

從您的個人裝置觀看我們提供的精選免費電影和電視節目，或購買聯合航空無線網絡 (United Wi-FiSM)，即可在飛行途中保持連線。

- 1 開啟飛行模式
- 2 連接至「UnitedWiFi」網絡
- 3 開啟您的網頁瀏覽器，並前往 unitedwifi.com，或開啟聯合航空APP，然後選擇「Wi-Fi and entertainment」

有關聯合航空無線網絡 (Wi-Fi) 的其他資訊:

- 在飛行期間，無線網絡 (Wi-Fi) 服務和個人裝置娛樂服務有時可能無法使用。
- 免費機上文字短訊服務可讓您透過 iMessage、WhatsApp 和 Messages by Google 等應用程式傳送和接收訊息。不支援包含相片或影片的訊息。
- 連線至聯合航空無線網絡 (Wi-Fi) 後，您可以免費使用 united.com、聯合航空APP和指定合作夥伴網站。由於在機上無法下載聯合航空APP，請確保已在起飛前下載並安裝在您的裝置。



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Sagaponack to Shelter Island

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The Airbus A321neo joins our fleet

We continue to hit one milestone after another in our historic fleet modernization efforts. The latest goal in this yearslong project was reached in October, when we took delivery of our first Airbus A321neo. This aircraft is state-of-the-art in every way, and you can expect to experience it for yourself soon, as we add more to our network.

The delivery of the A321neo comes just over 20 years after we last took delivery of an Airbus aircraft. These new planes are a crucial part of our goal to add 800 new aircraft to our fleet over the next 10 years. For United travelers,

these planes promise not only a better onboard experience, but also more flexibility to get wherever you need to go. With the addition of the A321neo, among other new aircraft being added to our fleet, we expect to grow our number of available seats by up to 40 percent in the coming years.

No matter where you're sitting in these new jets, you'll get to experience our new signature interior, which includes enough overhead bin space for everyone's carry-on bags, inflight entertainment screens at every seat, Bluetooth connectivity, and faster Wi-Fi. The A321neo

will also be fitted with our newest first-class seats for domestic flights, which incorporate wireless chargers and privacy dividers between seats.

More industry-leading technology can be found in the A321neo's engines, which consume 20 percent less fuel and run 50 percent quieter than previous-generation models. These stats give the A321neo the lowest per-seat carbon emissions in its class, making it a core part of our efforts to reduce our carbon footprint.

We hope you're looking forward to experiencing all that the A321neo has to offer as it joins our fleet.

MAINLINE



AIRCRAFT	777-200/ -200ER/ -300ER	787-8/-9/-10	767-300ER/ -400ER	757-200/- 300	737-700/ -800/-900/ -900ER	737 MAX 8/ MAX 9	Airbus A321neo	A319/A320
CRUISE SPEED	550 mph	560 mph	540 mph	530 mph	530 mph	530 mph	518 mph	530 mph
CAPACITY	Between 276 and 364 passengers	Between 243 and 318 passengers	Between 167 and 231 passengers	Between 176 and 234 passengers	Between 126 and 179 passengers	Between 166 and 179 passengers	200 passengers	Between 126 and 150 passengers
PROPULSION	Two General Electric GE90-115B or two Pratt Whitney PW4077/4090 turbofan engines, rated up to 115,300 pounds thrust	Two General Electric GEnx-1B turbofan engines, rated up to 76,000 pounds thrust	Two General Electric CF6-80C2B or Pratt & Whitney PW4060 turbofan engines, rated up to 63,500 pounds thrust	Two Rolls-Royce RB211-535 turbofan engines, rated up to 43,700 pounds thrust	Two General Electric CFM56-7B turbofan engines, rated up to 27,100 pounds thrust	Two CFM LEAP-1B engines, rated up to 27,900 pounds thrust	Two Pratt & Whitney PW1100G-JM engines, rated up to 33,110 pounds thrust	Two IAE V2500-A5 turbofan engines, rated up to 26,500 pounds thrust
WINGSPAN	Up to 212 ft., 7 in.	197 ft., 4 in.	Up to 170 ft., 4 in.	134 ft., 9 in.	118 ft., 2 in.	117 ft., 10 in.	117 ft., 5 in.	111 ft., 11 in.

UNITED EXPRESS



AIRCRAFT	EMB 170/175	CRJ-200/-550/-700/-900	EMB 145
CRUISE SPEED	520 mph	530 mph	500 mph
CAPACITY	Between 70 and 76 passengers	Between 50 and 76 passengers	50 passengers
PROPULSION	Two General Electric CF34-8E jet engines, rated up to 14,500 pounds thrust	Two General Electric CF34-8C1 jet engines, rated up to 13,000 pounds thrust	Two Rolls-Royce AE3007 turbofan engines, rated up to 8,900 pounds thrust each
WINGSPAN	85 ft., 4 in.	Up to 76 ft., 3 in.	69 ft., 7 in.



**From Left: Dr. Chris Patronella, Dr. Abigail Rodriguez, Dr. Henry Mentz,
Dr. Germán Newall, Dr. Rolando Morales, Dr. Kristi Hustak & Dr. Paul Fortes**

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Find new flight options, hotel and meal vouchers, and checked bag info all in one place on the [United app](#) or [united.com](#)



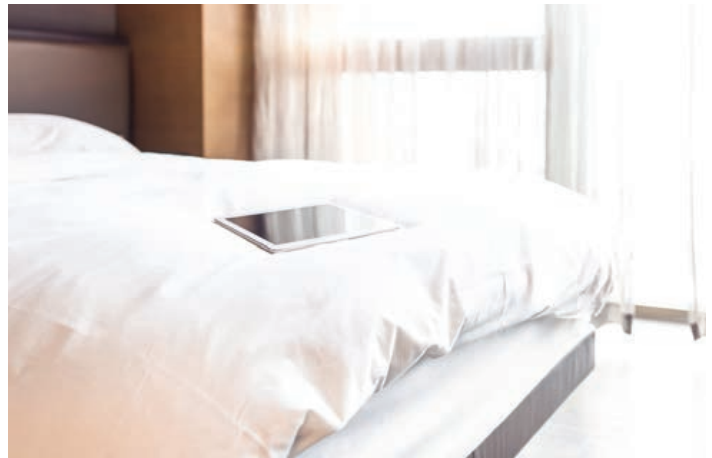
Track your bags

Keep tabs on your checked bags at each point in your journey with real-time updates, from the time you checked them in to when they have been delivered to baggage claim at your destination.



Switch your flights

If your flight is delayed by more than 60 minutes or canceled, use the "Delays and cancellations" section in the United app, [united.com](#) or a self-service airport kiosk to change your flight.



Manage hotel and meal vouchers

Find any meal and hotel vouchers that may have been issued to you easily in the "Delays and Cancellations" section of the United app and [united.com](#). Vouchers are issued automatically in some cases, so you don't need to speak to an agent.



Need extra help?

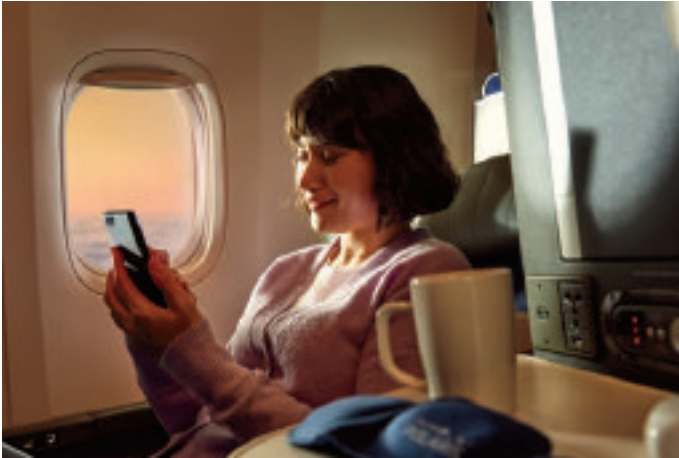
Connect with a United agent anytime, directly from the United app using Agent on Demand. You can also give us a call at **1-800-UNITED-1** or reach out on social media by tagging [@united](#)

We want to know what you think.

Reach out to us on social media [@united](#) to tell us about your trip.

Different policies may apply depending on the nature of the delay. Please refer to [united.com](#) for our Contract of Carriage for additional information.

Use of personal electronic devices



Our portable electronic device policy

You may use small, lightweight portable electronic devices in non-cellular or airplane mode from gate to gate on United- and United Express®-operated flights. A visible airplane mode symbol should be identifiable and shown to a crew member upon request. This policy doesn't apply to laptops or larger devices.

During takeoff, taxi, and landing, you can hold on to your smaller devices or place them in the seatback pocket as long as the device weighs less than 2 pounds. You must place devices weighing more than 2 pounds in approved carry-on bags in the

overhead compartment or under the seat in front of you. This policy applies to flights operating within the 50 U.S. states, all U.S. territories, and select international locations.

For international destinations, your flight attendants will advise if it's necessary to turn off and stow your device. All devices must be used with the sound off or with headphones at all times.

In-seat power and Wi-Fi
You can use in-seat power throughout the flight, except during taxi, takeoff, and landing if you're in the emergency exit rows. You can connect to Wi-Fi on the ground and purchase it above 10,000 feet. Select aircraft have gate-to-gate connectivity, and we plan to add more in the future.

Please note: Use of the in-seat power system is at your own risk. Please don't remove batteries. We're not responsible for loss of data or damage to computer hardware or software.

Cellular services

The use of cellular network services during the flight is not permitted by the Federal Communications Commission. The use of any voice application, such as a web-based Voice over Internet Protocol service like Skype and FaceTime, in connection with inflight Wi-Fi service, is not permitted.

Flight attendants will notify mobile phone and two-way pager users when it is safe to begin placing or receiving phone calls or pages after landing. One-way pagers may be used to receive messages at any time.

Please note: If your phone, tablet, or other personal electronic device gets lodged or misplaced within the seat assembly or aircraft structure and you can't easily reach it, please inform the flight crew immediately. Don't try to alter the seat assembly or aircraft structure, or attempt to operate the electronic controls if you're seated in a lie-flat seat. Visit united.com/lob and complete the lost items form.

Permitted

Small, lightweight devices may remain on from door closure to landing

Cell phones in airplane mode or with cellular service disabled

Bluetooth devices

Limited Permission

Laptops, notebook computers, and DVD players must be stowed in approved carry-on baggage during taxi, takeoff, and landing

Never permitted

Radio Receivers and/or transmitters, including AM/FM/SW/CB and Scanners

Televisions

Remote-controlled toys

Air purifiers and ionizers

Spare lithium batteries in checked or gate-checked bags

Damaged, defective, or recalled lithium batteries or lithium battery-powered devices

E-cigarettes or personal vaporizers in checked or gate-checked bags

Hoverboards, self-balancing wheeled vehicles, smart wheeled vehicles, riding suitcases, or battery-powered luggage

Medical syringes: Customers are permitted to pack medical syringes in carry-on baggage. If you need to use your syringes during your flight, please ask a flight attendant to help you properly dispose of them so they won't harm you, other customers, or United employees.

Special notices

Captain requests

The captain may request that all devices be turned off and stowed in certain circumstances, such as for poor-visibility landings. Please always listen to and follow crewmember instructions.

Smart baggage/powered luggage

Lithium batteries in bags and personal items must be removed and carried into the cabin if these items are being checked. Bags and personal items containing non-removable lithium batteries aren't permitted.

Medical and assistive devices

Customers may always use medically prescribed physiological instruments, such as a hearing aid or a pacemaker. On aircraft equipped with in-ear headphones, customers with hearing-assistance devices may request a different headset from a flight attendant.

MedLink and medical emergencies

If a passenger medical situation arises during a flight, United uses a ground-based medical advisory service called MedLink. Flight attendants will coordinate with the captain to contact MedLink. MedLink's medical doctors are extensively trained

in emergency aeromedical medicine, airline procedures and onboard medical equipment. United relies on the MedLink doctor to provide medical guidance and leadership. United respectfully asks any medical volunteers, if willing, to follow the lead of the MedLink doctor and assist with procedures such as obtaining vital signs and administering recommended medical treatment, including medications.

Accessibility info

For wheelchair assistance and other accessibility questions, call our Accessibility Desk at 1-800-228-2744.

Safety information

Need to know

Customer safety is our primary concern. Our flight attendants are thoroughly trained in all safety procedures, but they need your help to ensure that the flight runs as smoothly as possible. Please be aware of the following:



Please review the information on the safety card located at your seat.



Know where your oxygen mask is and how to use it. If you're wearing a face mask, remove it before using an oxygen mask.



Know the correct procedure for exiting the cabin in an emergency.



Know the location of the nearest emergency exit.



Smoking and using smokeless tobacco products are not permitted. Federal law imposes fines of \$1,000 for smoking and up to \$2,200 for any attempt to disable an aircraft's smoke detectors.



Using or charging e-cigarettes or personal vaporizers (vapes) is prohibited on our flights. E-cigarettes and personal vaporizers can't be packed in checked bags, including gate checked bags, because they may accidentally activate. Please stow these items in carry-on bags.



Drinking personal alcohol you brought on board is not permitted. We can't serve alcoholic beverages to anyone who is under 21 or appears to be intoxicated.



Spare lithium batteries can never be packed in checked bags, including gate-checked bags, because of the risk of overload or fire. These batteries should be stored in their electronic devices or properly protected, and stowed away in carry-on bags.

Hazardous materials

You're not allowed to carry hazardous materials in checked or carry-on bags. Substantial penalties can be imposed for violations. The following are a few prohibited items.

See united.com/restrictedarticles or www.faa.gov/hazmat/packsafe for more information.

Not permitted in checked or carry-on baggage



Poisons and radioactive material



Corrosive and oxidizing agents



Flammable liquids, gases and compressed gases



Liquid and solid explosives

Not permitted in checked baggage



Spare lithium batteries



E-cigarettes and personal vaporizers

Travel notes

Face masks

Face masks may be required on board flights to or from certain countries.

Lost and found

To report an item left on board, please fill out the online "lost items" form located at united.com/lostitems.

Customer care

We are committed to providing quality service, and we want to hear about your travel experience with us. In addition, if you think a certain employee or action deserves special recognition, please let us know. Please give us your comments at united.com/feedback.

Can I take photos and video on board?

The use of small cameras or mobile devices for photography and video is permitted on board, provided that the purpose is capturing personal events. Any photographing or recording of other customers or airline personnel that creates a safety or security risk, or that interferes with crew members' duties, is prohibited.

Please note

United strictly prohibits the modification or use of any object or device to alter or limit the functionality or intended use (whether temporarily or permanently) of any aircraft structure, seat assembly, tray table, etc. or which limits access to or egress from any area of the aircraft. This includes, but is not limited to inflatable child beds, inflatable footrests, etc. If you see a customer using any such device or object, please inform United personnel immediately.

Expedite your travel experience today

Enroll or enable these services to move quickly through security at many U.S. airports.



Mobile Passport Control¹

Streamline your entry into the U.S. Download the free Mobile Passport Control app to submit passport and customs declaration information before inspection at select U.S. and Preclearance airports.

The MPC app helps travelers save time when they enter the U.S. by simplifying the passport inspection process and reducing time spent waiting in line. MPC users don't need to fill out a paper entry form and may be provided a designated queue. Plus, families can enter together using MPC on a single device.

The MPC mobile app is available to download for free from the Apple App Store and the Google Play store.

Learn more at cbp.gov/mpc.



TSA PreCheck²

Enroll in TSA PreCheck to experience a smoother security screening process at more than 200 airports in the U.S.

Once you're approved, add your Known Traveler Number to your MileagePlus[®] profile and to your reservation each time you book travel. Children 17 and under may be eligible to join enrolled adults in the TSA PreCheck line in most cases. [Learn more and enroll at tsa.gov/precheck](https://tsa.gov/precheck) to travel with ease.

Save time and money

MileagePlus members: Cover your TSA PreCheck application costs for only 11,000 miles when you enroll with Idemia.³ Visit securityfees.mileageplus.com to learn more.



Global Entry⁴

Travel seamlessly and reliably with Global Entry and enjoy expedited entry into the U.S. Streamline your customs experience even more and download the Global Entry Mobile App to use in select airports.

Global Entry includes TSA PreCheck, and conditionally approved applicants can use Enrollment on Arrival (EoA) to conveniently complete their interview when they arrive in the U.S. at many airports instead of scheduling an appointment.

Not a U.S. citizen? You may still be eligible to apply. [Learn more at cbp.gov/globalentry](https://cbp.gov/globalentry).⁴

Up to \$100 Global Entry or TSA PreCheck fee credit for Chase Cardmembers

Get up to a \$100 Global Entry, NEXUS or TSA PreCheck fee credit every four years when charged to your UnitedSM Explorer Card, United QuestSM Card or United ClubSM Infinite Card. Visit unitedcards.com to learn more.

Are you REAL ID ready? Starting May 7, 2025, you'll need a REAL ID-compliant driver's license or another acceptable form of ID to fly within the U.S. Learn more at tsa.gov/real-id

On aircraft equipped with Wi-Fi, you can access the sites on this page for free from your mobile device.

¹ Our sites, mobile applications and our online services may contain links to third-party applications or sites that are governed by the privacy policies of those third parties and not by United's privacy policy. United is not responsible for your use of these third-party sites and applications, or the information practices of such third parties.

² The Transportation Security Administration (TSA) manages and operates TSA PreCheck, an expedited security screening program that allows certain travelers to move through security more quickly and easily at participating airports in the U.S. TSA, not United, selects travelers for expedited screening.

³ 11,000 miles covers the \$78 application fee when you enroll with Idemia.

⁴ Global Entry is a U.S. government program. United has no control over the application and/or approval process, and does not have access to any information provided to the government by the United Explorer, United Quest, and United Club Infinite Cardmembers. United has no liability regarding the Global Entry Program. Visit globalentry.gov for more information regarding the application and/or approval process, as well as the full terms and conditions of this program.

U.S. Customs Declaration

English

Each arriving traveler or responsible family member must provide the following information (only ONE written declaration per family is required). The term "family" is defined as "members of a family residing in the same household who are related by blood, marriage, domestic relationship, or adoption."

1. Family name; First (Given) name; Middle name
2. Birth date: Month, day, year
3. Number of family members traveling with you
4. (a) U.S. street address (hotel name/destination); (b) City; (c) State
5. Passport issued by (country)
6. Passport number
7. Country of residence
8. Countries visited on this trip prior to U.S. arrival
9. Airline/Flight No. or Vessel name
10. The primary purpose of this trip is business: Yes No
11. I am (We are) bringing
 - (a) fruits, vegetables, plants, seeds, food, insects: Yes No
 - (b) meats, animals, animal/wildlife products: Yes No
 - (c) disease agents, cell cultures, snails: Yes No
 - (d) soil or have been on a farm/ranch/pasture: Yes No
12. I have (We have) been in close proximity of livestock (such as touching or handling) Yes No
13. I am (We are) carrying currency or monetary instruments over \$10,000 U.S. or foreign equivalent (see definition of monetary instruments on reverse) Yes No
14. I have (We have) commercial merchandise (articles for sale, samples used for soliciting orders, or goods that are not considered personal effects) Yes No
15. RESIDENTS — the total value of all goods, including commercial merchandise I/we have purchased or acquired abroad, (including gifts for someone else, but not items mailed to the U.S.) and am/are bringing to the U.S. is: \$ _____
 VISITORS — the total value of all articles that will remain in the U.S., including commercial merchandise is: \$ _____

Read the instructions on the back of this form. Space is provided to list all the items you must declare.
 I HAVE READ THE IMPORTANT INFORMATION ON THE REVERSE SIDE OF THIS FORM AND HAVE MADE A TRUTHFUL DECLARATION

Signature _____ Date (month/day/year) _____

CBP Form 6059B (8/21)

French / Français

À l'arrivée, chaque voyageur ou un membre responsable de la famille doit fournir les informations suivantes (ne remplir qu'UNE seule déclaration écrite par famille). Le terme « famille » signifie « les membres d'une famille résidant sous le même toit et unis par les liens du sang, du mariage, d'une union civile ou de l'adoption ».

1. Nom de famille, Prénom, Autre(s) prénom(s)
2. Date de naissance : Mois, Jour, Année
3. Nombre de membres de votre famille voyageant avec vous
4. (a) Adresse aux États-Unis (nom de l'hôtel / destination)
(b) Ville, (c) État
5. Passeport délivré par (pays)
6. Numéro de passeport
7. Pays de résidence
8. Pays visités lors de ce voyage avant l'arrivée aux États-Unis
9. Compagnie aérienne / Numéro de vol ou nom du navire
10. Ce déplacement est principalement un voyage d'affaires : Oui Non

11. J'apporte (nous apportons)
 - (a) des fruits, légumes, plantes, graines, aliments, insectes : Oui Non
 - (b) de la viande, des animaux, des produits animaliers / de la faune : Oui Non
 - (c) des agents pathogènes, des cultures cellulaires, des escargots : Oui Non
 - (d) de la terre ou j'ai visité une ferme / un ranch / des pâturages : Oui Non
12. J'ai (nous avons) été en contact avec des animaux d'élevage : (c.-à-d. les toucher ou manipuler) Oui Non
13. Je transporte (nous transportons) des espèces ou des instruments monétaires d'une valeur supérieure à 10 000 USD ou l'équivalent en devises étrangères : (voir la définition des instruments monétaires au verso) Oui Non
14. J'ai (nous avons) des marchandises commerciales : (articles pour la vente, échantillons utilisés pour solliciter des commandes, ou des biens qui ne sont pas considérés comme des effets personnels) Oui Non
15. RÉSIDENTS — la valeur totale de tous les biens, y compris les marchandises commerciales, que j'ai / nous avons achetés ou acquis à l'étranger (incluant les cadeaux pour quelqu'un d'autre, mais excluant les articles envoyés par la poste aux États-Unis) et que j'amène / nous amenons aux États-Unis est de : USD _____
 VISITEURS — la valeur totale de tous les articles qui resteront aux États-Unis, marchandises commerciales incluses, est de : USD _____

Lisez les instructions au verso de ce formulaire. Un espace est prévu pour énumérer tous les articles que vous devez déclarer.
 J'AI PRIS CONNAISSANCE DES INFORMATIONS IMPORTANTES AU RECTO DE CE FORMULAIRE ET FAIT UNE DÉCLARATION VÉRIDIQUE.

Signature _____ Date (mois/jour/année) _____

German / Deutsch

Jeder ankommende Reisende oder jedes ankommende zuständige Familienmitglied hat die folgenden Informationen bereitzustellen (pro Familie ist nur EINE schriftliche Erklärung erforderlich). Unter dem Begriff „Familie“ versteht man „Mitglieder einer Familie, die im gleichen Haushalt wohnen und blutsverwandt, durch Heirat verwandt, Lebenspartner oder durch Adoption verwandt sind.“

1. Familienname, Vorname (Rufname), Mittelname
2. Geburtsdatum: Monat, Tag, Jahr
3. Anzahl der mit Ihnen reisenden Familienmitglieder
4. (a) Straße und Hausnummer in den USA (Name des Hotels/Reiseziel) (b) Stadt, (c) Bundesstaat
5. Reisepass ausgestellt in (Land)
6. Nummer des Reisepasses
7. Land des Wohnortes
8. Im Rahmen dieser Reise besuchte Länder vor der Ankunft in den USA
9. Fluggesellschaft/Flugnummer oder Name des Schiffes
10. Der Hauptzweck dieser Reise ist geschäftlich: Ja Nein
11. Ich führe (wir führen) mit
 - (a) Obst, Gemüse, Pflanzen, Samen, Lebensmittel, Insekten: Ja Nein
 - (b) Fleisch, Tiere, Tier-/Wildtierprodukte: Ja Nein
 - (c) Krankheitserreger, Zellkulturen, Schnecken: Ja Nein
 - (d) Erde, oder ich war (wir waren) auf einem Bauernhof/einer Ranch/einer Viehweide: Ja Nein
12. Ich war (wir waren) in nächster Nähe von Vieh: (z. B. habe(n) es berührt oder hatte(n) damit zu tun) Ja Nein
13. Ich führe (wir führen) Bargeld oder Zahlungsmittel im Wert von mehr als 10.000 US-Dollar in US-Währung oder gleichwertiger Auslandswährung mit (siehe Definition von Zahlungsmitteln auf der Rückseite) Ja Nein

14. Ich habe (wir haben) kommerzielle Handelsgüter dabei: Verkaufsgegenstände, Muster zum Anwerben von Aufträgen, oder Waren, die nicht als persönliche Gegenstände angesehen werden Ja Nein
15. **Einwohner der USA** – der Gesamtwert sämtlicher Waren, einschließlich kommerzieller Handelsgüter, die ich/wir im Ausland gekauft oder erworben habe/haben (einschließlich Geschenke für Dritte ausschließlich Gegenstände, die in die USA versandt wurden), und die ich/wir in die USA einführe/einführen, beträgt: USD _____
- BESUCHER** – der Gesamtwert sämtlicher Gegenstände, die in den USA verbleiben werden, einschließlich kommerzieller Handelsgüter, beträgt: USD _____

Bitte lesen Sie die Anweisungen auf der Rückseite dieses Formulars. Zur Auflistung sämtlicher von Ihnen zu erklärender Gegenstände ist hier Platz vorhanden.

ICH HABE DIE WICHTIGEN INFORMATIONEN AUF DER RÜCKSEITE DIESES FORMULARS GELESEN UND HABE EINE WAHRHEITSGETREUE ERKLÄRUNG ABGEGEBEN.

Unterschrift _____ Datum (Monat/Tag/Jahr) _____

Portuguese / Português

Cada viajante ou membro responsável pela família deve fornecer as seguintes informações (somente UMA declaração por escrito por família é necessária). O termo "família" é definido como "membros de uma família que residam no mesmo domicílio, que sejam parentes consanguíneos, casados ou em relacionamento de união estável, ou aparentados por adoção".

1. **Sobrenome**, Nome, Nome do meio
2. **Data de nascimento**: Mês, Dia, Ano
3. Número de **familiares** viajando com você
4. (a) Endereço nos EUA (nome do hotel/destino)
(b) Cidade, (c) Estado
5. **Passaporte emitido por** (país)
6. Número do passaporte
7. País de **residência**
8. **Países visitados** nesta viagem antes da chegada aos EUA
9. **Empresa aérea/N.º de voo** ou **Nome da embarcação**
10. O objetivo principal desta viagem é **negócios**: Sim Não
11. Estou (Estamos) trazendo
 - (a) frutas, vegetais, plantas, sementes, comida, insetos: Sim Não
 - (b) carnes, animais, produtos animais/silvestres: Sim Não
 - (c) agentes de doenças, culturas de células, caracóis: Sim Não
 - (d) solo ou estive (estivemos) em fazenda/rancho/pasto: Sim Não
12. Tive (Tivemos) contato próximo com animais de **fazenda**: (tocar ou manusear os animais) Sim Não
13. Estou (Estamos) portando **dinheiro ou instrumentos monetários** no valor excedente a \$10.000 dólares americanos, ou o equivalente em moeda estrangeira: (ver a definição de instrumentos monetários no verso) Sim Não
14. Tenho (Temos) **mercadorias comerciais**: (artigos para venda, amostras usadas para pedidos de compra, ou bens que não são considerados efeitos pessoais) Sim Não
15. **RESIDENTES** – o valor total de todos os bens, incluindo as mercadorias comerciais que comprei ou adquiri/compramos ou adquirimos no exterior (incluindo presentes para outra pessoa, mas não itens enviados por correio para os EUA) e que estou/estamos trazendo para os EUA é: US\$ _____
- VISITANTES** – o valor total de todos os artigos que permanecerão nos EUA, incluindo mercadorias comerciais, é: US\$ _____

Leia as instruções no verso deste formulário. Há um espaço para você enumerar todos os itens que deve declarar. LI AS INFORMAÇÕES IMPORTANTES NO VERSO DESTE FORMULÁRIO E ESTA DECLARAÇÃO É EXPRESSÃO DA VERDADE.

Assinatura _____ Data (mês/dia/ano) _____

Formulário CBP 6059B (8/21)

Spanish / Español

A la llegada, todo viajero o miembro responsable de la familia debe proveer la siguiente información (se requiere solo UNA declaración escrita por familia). La palabra "familia" se define como "miembros de una familia que residen en el mismo hogar, que están relacionados por consanguinidad, matrimonio, relación doméstica o adopción".

1. **Apellido** de la familia, Nombre de pila (otorgado)
2. **Fecha de nacimiento**: Mes, Día, Año
3. Número de **miembros de la familia** que viajan con usted
4. (a) Dirección postal de los EE. UU. (nombre del hotel/destino)
(b) Ciudad, (c) Estado
5. **Pasaporte expedido por** (país)
6. **Número de pasaporte**
7. País de **residencia**
8. **Países visitados** en este viaje antes de la llegada a los EE. UU.
9. **Aerolínea/N.º de vuelo** o **Nombre de la embarcación**
10. El propósito principal de este viaje es **negocios**: Sí No
11. Traigo (traemos)
 - (a) frutas, verduras, plantas, semillas, alimentos, insectos: Sí No
 - (b) carnes, animales, productos animales/de vida silvestre: Sí No
 - (c) agentes de enfermedades, cultivos celulares, caracoles: Sí No
 - (d) tierra, o hemos estado en un rancho/granja/pastizales: Sí No
12. He estado (hemos estado) muy cerca de **ganado**: (como por ejemplo, tocándolo o manipulándolo) Sí No
13. Traigo (traemos) **dinero o instrumentos monetarios** por una cantidad superior a USD 10 000 o su equivalente en otra moneda: (ver la definición de instrumentos monetarios al dorso) Sí No
14. Tengo (tenemos) **mercadería comercial**: (artículos para la venta, muestras que se usan para solicitar pedidos o bienes que no se consideran efectos personales) Sí No
15. **RESIDENTES**: el valor total de todos los bienes, incluida la mercadería comercial que he/hemos adquirido/comprado en el exterior (incluidos regalos para alguna otra persona, que no son artículos que se han enviado por correo a los EE. UU.) y que traigo/traemos a los EE. UU. es: USD _____
- VISITANTES**: el valor total de todos los artículos que permanecerán en los EE. UU., incluida la mercadería comercial es: USD _____

Lea las instrucciones en el dorso de este formulario. Se provee espacio para hacer una lista de todos los artículos que usted debe declarar.

HE LEÍDO TODA LA INFORMACIÓN IMPORTANTE EN EL DORSO DE ESTE FORMULARIO Y HE REALIZADO UNA DECLARACIÓN VERAZ.

Firma _____ Fecha (mes/día/año) _____

Dutch / Nederlands

Elke arrivinge reiziger of verantwoordelijk familielid moet de volgende gegevens verstrekken (ÉÉN ingevulde verklaring per familie is vereist). Het woord "familie" wordt gedefinieerd als "leden van een familie die in hetzelfde huis wonen en die met elkaar door bloedband, huwelijk of partnerschap, of adoptie verbonden zijn".

1. **Familienaam**, voornaam (zoals vermeld in paspoort), tussenvoegsel
2. **Geboortedatum**: maand/dag/jaar
3. Aantal **familieleden** die met u meereizen
4. (a) **Amerikaans straatadres** (hotelnaam/bestemming)
(b) stad, (c) staat
5. **Paspoort afgegeven door** (Land)
6. **Paspoortnummer**
7. **Woonachtig in** (Land)
8. **Landen bezocht** tijdens deze reis vóór aankomst in de V.S.
9. **Luchtvaartmij-/Vluchtnr. of Naam v/h schip**
10. Hoofddoel van deze reis is **zakelijk**: Ja Nee
11. Ik (we) breng(en)
 - (a) vruchten, groenten, planten, zaden, voedsel, insecten: Ja Nee

- (b) vlees, dieren, dierlijke/ flora-fauna-producten: Ja Nee
 (c) ziekteverwekkers, celculturen, slakken: Ja Nee
 (d) aarde of zijn op/in een boerderij/ranch/weiland geweest: Ja Nee
12. Ik was (Wij waren) in de nabijheid van vee: (zoals het aanraken of het behandelen) Ja Nee
13. Ik heb (Wij hebben) valuta of monetaire instrumenten bij ons van meer dan USD 10.000 of equivalent in buitenlandse valuta (voor een definitie van monetair instrument, zie achterzijde) Ja Nee
14. Ik heb (Wij hebben) commerciële goederen: (artikelen te koop, monsters gebruikt voor het werven van klanten of goederen die niet als persoonlijke bezittingen beschouwd worden). Ja Nee
15. INGEZETENEN - de totale waarde van alle goederen, met inbegrip van commerciële koopwaren die ik/wij in het buitenland hebben gekocht of verworven, (geschenken voor een ander inbegrepen, maar geen artikelen die per post naar de V.S. verstuurd worden) en die ik/wij naar de V.S. breng(en), is: \$ _____
 BEZOEKERS - de totale waarde van alle artikelen die in de V.S. zullen blijven, met inbegrip van commerciële goederen, is: \$ _____

Lees de instructies op de achterzijde van dit formulier. Er is ruimte om alle artikelen op te sommen die u moet aangeven. IK HEB DE BELANGRIJKE INFORMATIE OP DE ACHTERZIJDE VAN DIT FORMULIER GELEZEN EN HEB EEN WAARHEIDSGETROUWE VERKLARING AFGELEGD.

Handtekening _____ Datum (maand/dag/jaar) _____

Japanese / 日本語

到着する渡航者各個人、または家族の世帯主には、以下の情報を提供することが義務づけられています(申告書は一家族につき一通のみです)。「家族」とは、血縁関係、婚姻関係、慣習婚姻関係、または養子縁組による家族関係を持ち、同じ世帯に居住している者を意味します。

- 姓(苗字)、名(ファーストネーム)、ミドルネーム
- 誕生年月日: 月、日、西暦年
- 渡航に同行している家族の人数
- (a) 米国における滞在・居住先の住所(番地と通り)(ホテルの名称・訪問先)
(b) 市、(c) 州
- 旅券発行国
- 旅券番号
- 居住国
- 今回渡米に先立って訪れた国・国々
- 航空会社・便名もしくは船船名
- 今回の渡米の主要目的はビジネスです: はい いいえ
- 私(私達)は、以下の物品を所持しています:
 (a) 果物類、野菜類、植物類、種物、食物、昆虫類: はい いいえ
 (b) 肉類、動物、動物/野生生物製品: はい いいえ
 (c) 病原体、細胞培養、巻貝類: はい いいえ
 (d) 土壌、あるいは、私(私達)は、農場・牧場・牧草地にいました: はい いいえ
- 私(私達)は、家畜の近くにいました:(家畜との接触、または処理・扱いなど) はい いいえ
- 私(私達)は、現在通貨、または、金融商品にして、10,000ドル以上の米ドル、または、それに相当する外国通貨を所持しています:(金融商品の定義は裏面参照) はい いいえ
- 私(私達)は、市販用商品を所持しています:(販売対象になる商品、または、発注を促す目的で使用する試供品、または、個人の身の回りの所持品の範疇に当てはまらない物品) はい いいえ
- 米国居住者 - 市販用商品を含め、海外で購入、あるいは取得した物品(他人への贈与品も含める、ただし米国に郵送したものは含まない)の総額: \$ _____
 渡航訪問者 - 米国に残していく物品の総額(市販用商品を含める): \$ _____

この書式の裏面にある記入説明文をお読みください。申告義務のあるすべての品目について記入する欄が設けてあります。

私は、この書式の裏面にある重要な情報項目を読み、真実に基づいた申告をしました。

署名 _____ 日付(月/日/年) _____

Korean / 한국어

입국하는 각 여행자나 가족의 책임자는 다음 정보를 제공해야 합니다(가족당 한 부의 신고서만 작성하면 됨. "가족"이란 "같은 가정에서 함께 살고 있으며 혈연, 결혼, 동거 또는 입양 관계인 구성원"을 말합니다).

- 성, (성이 아닌) 이름, 중간 이름
- 생년월일: 월, 일, 연도
- 함께 여행 중인 가족 구성원의 수
- (7) 미국 내 주소(호텔 이름/목적지) (L) 도시, (C) 주
- 여권 발행국
- 여권 번호
- 거주 국가
- 이번 여행 중 미국에 입국하기 전에 방문했던 국가
- 항공사/항공편 번호 또는 선박 명칭
- 이번 여행의 주 목적은 사업임: 예 아니오
- 본인(우리)의 반입 물품: 예 아니오
 (7) 과일, 채소, 식물, 씨앗, 음식, 곤충: 예 아니오
 (L) 육류, 동물, 동물/야생생물 제품: 예 아니오
 (C) 병원체, 세포 배양물, 달팽이류: 예 아니오
 (R) 흙 또는 농장/목장/목초지를 방문함: 예 아니오
- 본인(우리)은 가족에 근접한 적이 있음: (예를 들어 만지거나 다름) 예 아니오
- 본인(우리)은 미화 1만 달러 이상 또는 그에 상당하는 외국의 통화 또는 지급 수단을 소지하고 있음: (뒷면의 지급 수단의 정의를 참조) 예 아니오
- 본인(우리)은 상업용 물품을 가지고 있음:(판매용 물품, 주문을 유도하기 위한 견본, 또는 개인용품으로 간주되지 않는 제품) 예 아니오
- 거주자 - 본인(우리)이 해외에서 구입 또는 취득하여 미국으로 가지고 오는 상업용 물품을 포함한 모든 재화(다른 사람에게 줄 품목을 포함하지만, 미국으로 우송한 물건은 제외)의 총가액: \$ _____
 방문자 - 상업용 물품을 포함하여 미국에 남아 있을 모든 물품의 총가액: \$ _____

이 서식의 뒷면에 적힌 지시사항을 읽어 보십시오. 귀하가 신고해야 하는 모든 품목을 기재할 지면이 제공되어 있습니다.

본인은 이 서식의 반대면에 적혀 있는 중요 정보를 읽었으며 사실 그대로 신고하였습니다.

서명 _____ 날짜(월/일/연도) _____

Chinese / 中文

每位抵达的旅客或家庭负责人必须提供下列信息(每个家庭只需填写一张申报表)。“家庭”的定义是“因血缘、婚姻、同居伴侣关系、或领养而住在同一住户的家庭成员”。














- 姓、名、中间名
- 出生日期: 月/日/年
- 与您一同旅行的家庭成员人数
- (a) 在美国的街道地址(旅店名/目的地), (b) 城市, (c) 州
- 护照签发方(国家)
- 护照号码
- 居住国
- 此次旅行抵达美国前访问过的国家
- 航空公司/航班号或船名
- 此次旅行的主要目的是商务吗? 是 不是
- 我(我们)携带了: 是 不是
 (a) 水果、蔬菜、植物、种子、食物、昆虫: 是 不是
 (b) 肉类、动物、动物/野生生物产品: 是 不是
 (c) 病原体、细胞培养物、蜗牛: 是 不是
 (d) 土壤或到过农场/牧场/放牧草场: 是 不是
- 我(我们)曾经与家畜近距离接触过:(例如触摸或处理) 是 不是
- 我(我们)携带了超过 10,000 美元或等值外币的货币或金融票据:(请参考此表格背面有关金融票据的定义) 是 不是
- 我(我们)有商品:(销售用物件、用来推销获取订单的样品、或非个人使用的物品) 是 不是
- 居民 - 包括商品在内的我/我们在海外购买或获得(包括给别人的礼物赠品,但不包括经邮寄到美国的物项)并携带进入美国的全部物品总价值是: \$ _____
 访客 - 包括商品在内的将留在美国的全部物件总价值是: \$ _____

请阅读此表格背面的说明。有空白处供您列出所有必须申报的项目。

我已阅读了此表格背面的重要信息,并已如实申报。

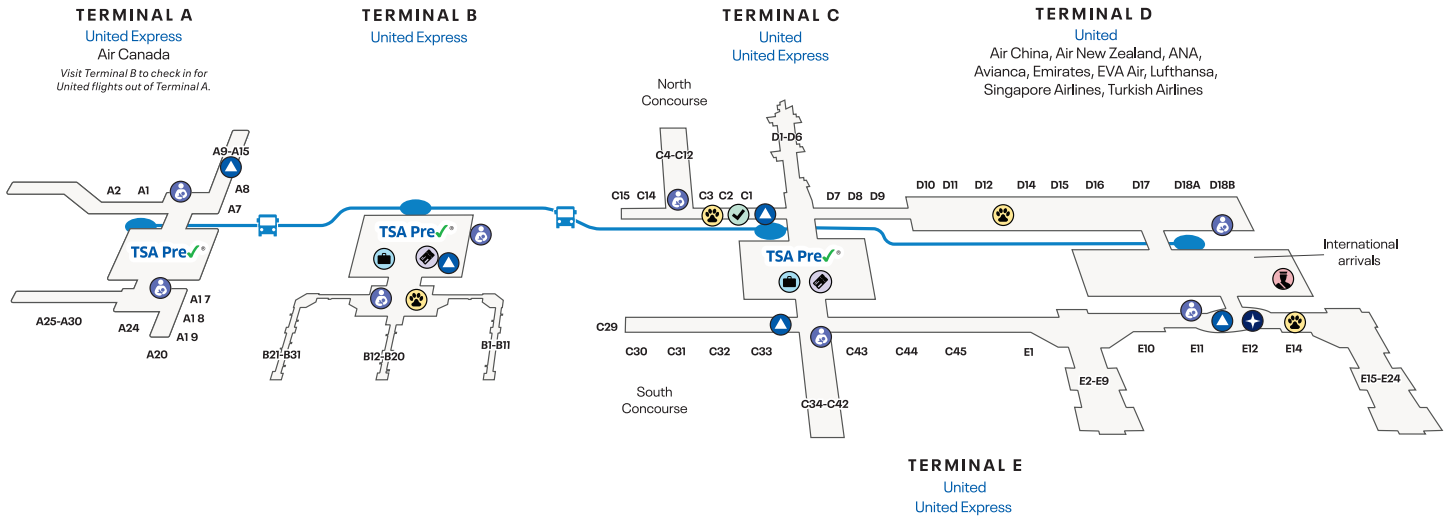
签名 _____ 日期(月/日/年) _____

Travel info Airport maps

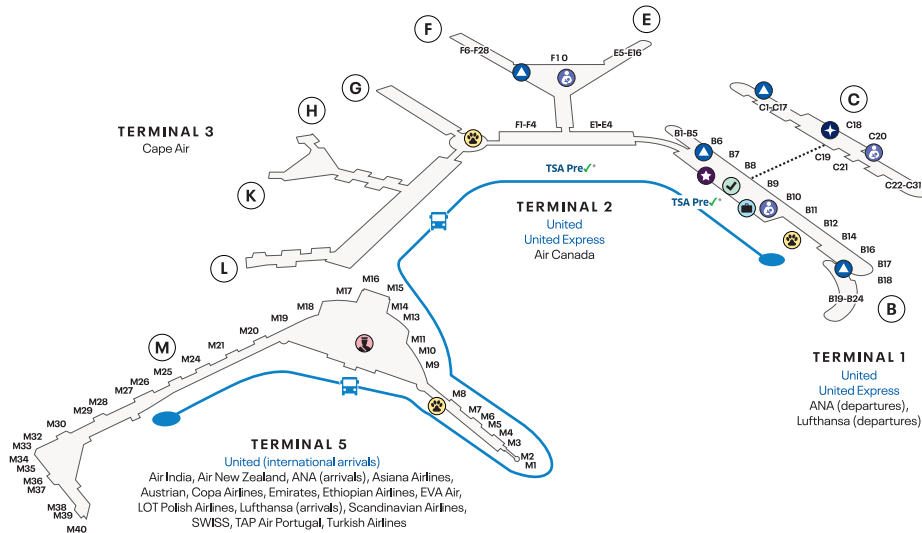
-  Kiosk check-in/customer service center
-  Ticketing/check-in
-  Baggage claim
-  Immigration
-  Animal relief area
-  United Polaris® lounge
-  United Club™ location
-  United Premier® check-in
-  Medical center
-  Nursing room
-  Transfer shuttle, bus, monorail or train transport
-  Secure walkway
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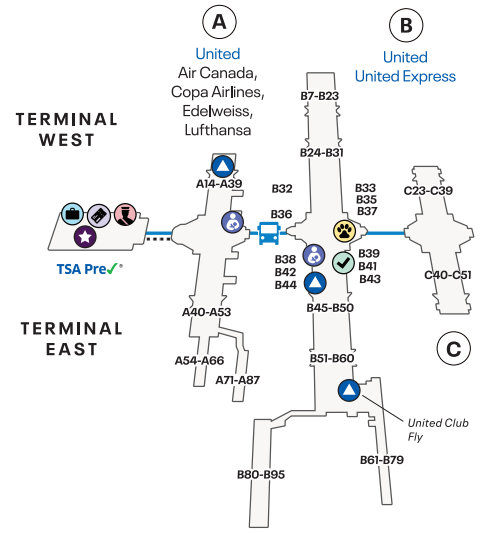
IAH | HOUSTON GEORGE BUSH INTERCONTINENTAL AIRPORT



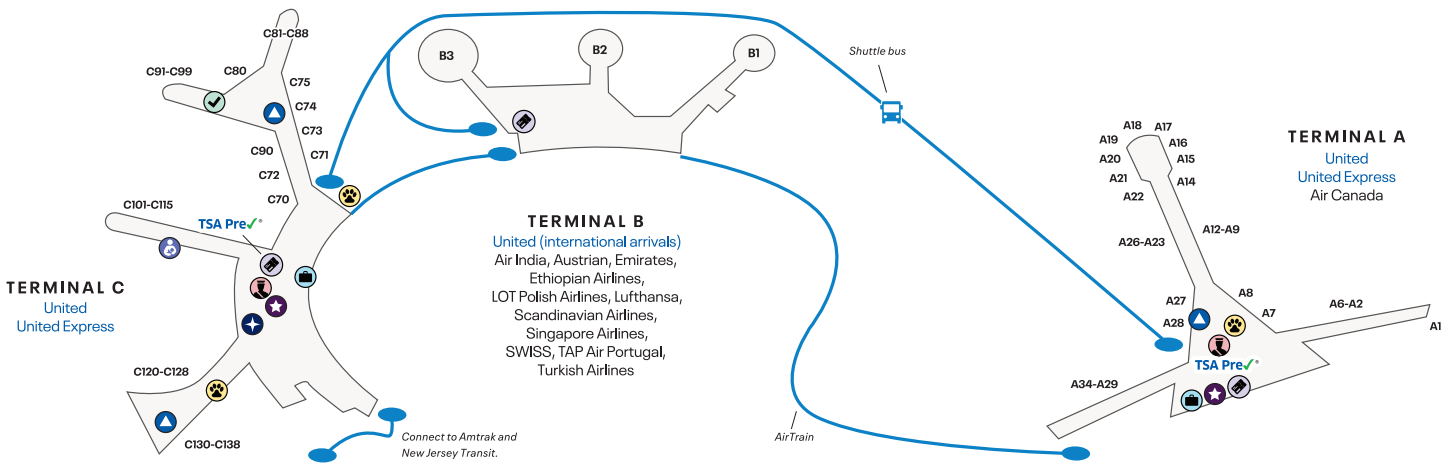
ORD | CHICAGO O'HARE INTERNATIONAL AIRPORT



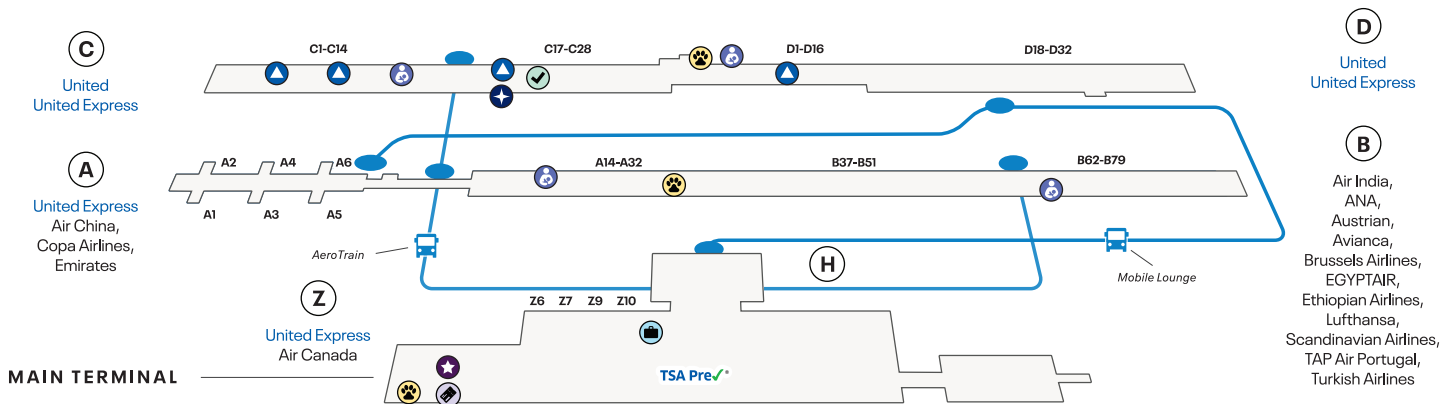
DEN | DENVER INTERNATIONAL AIRPORT



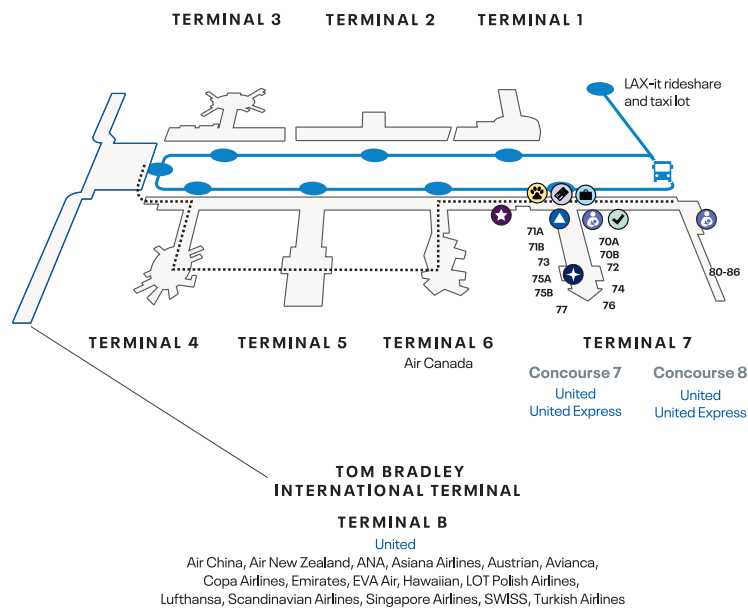
EWR | NEW YORK/NEWARK LIBERTY INTERNATIONAL AIRPORT



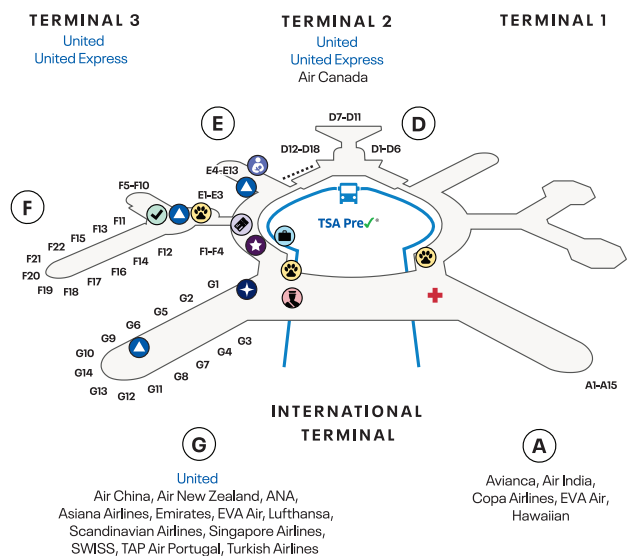
IAD | WASHINGTON DULLES INTERNATIONAL AIRPORT



LAX | LOS ANGELES INTERNATIONAL AIRPORT



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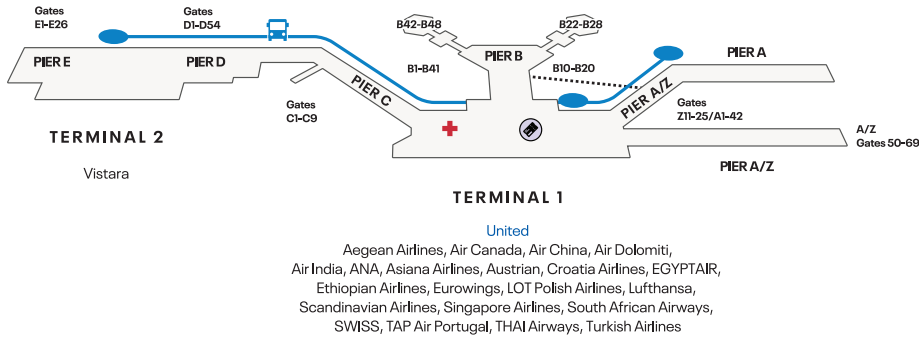
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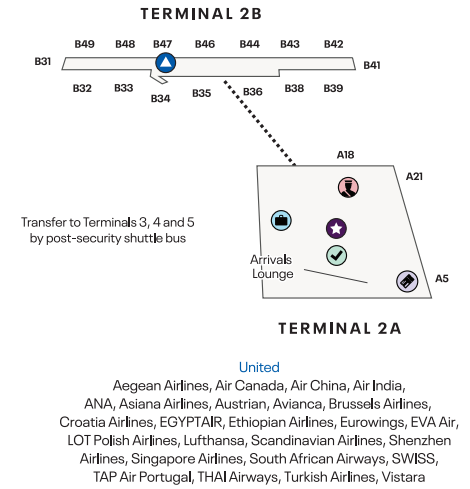
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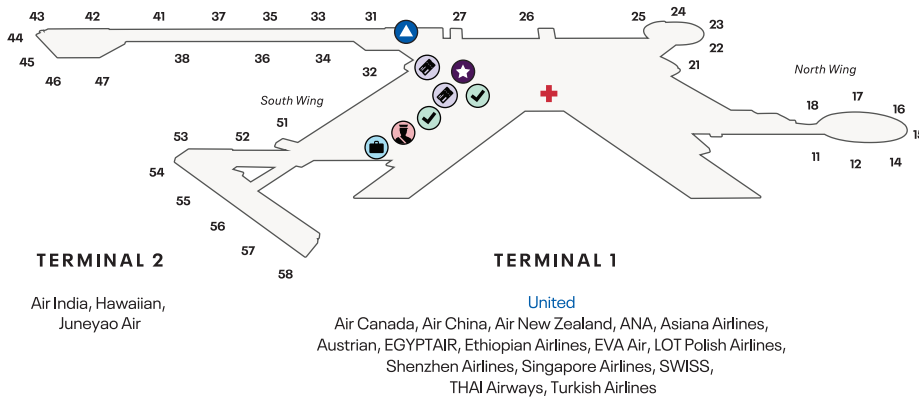
FRA | FRANKFURT AIRPORT



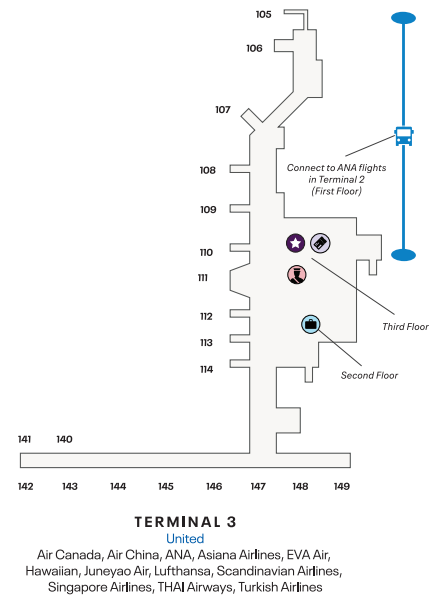
LHR | LONDON HEATHROW AIRPORT



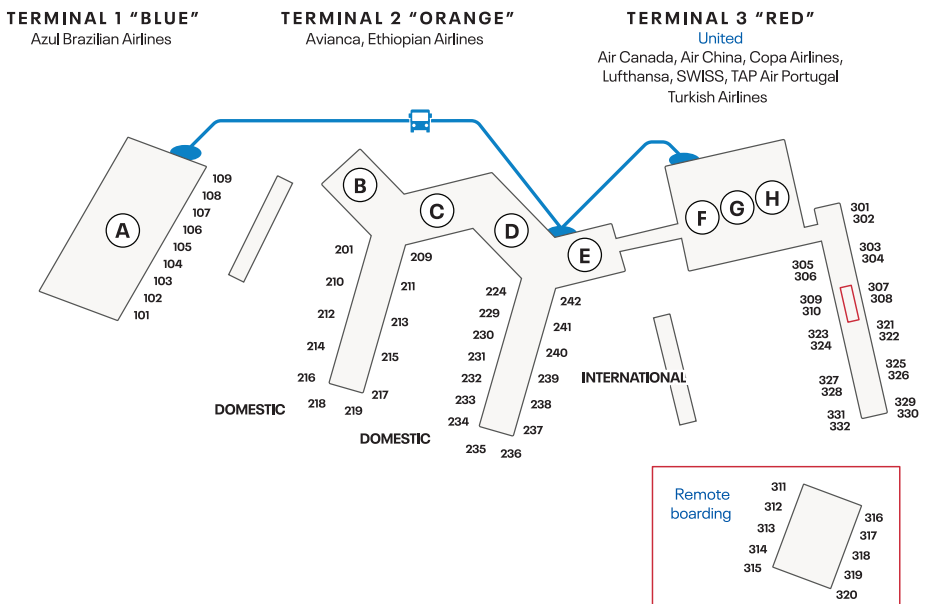
NRT | NARITA INTERNATIONAL AIRPORT



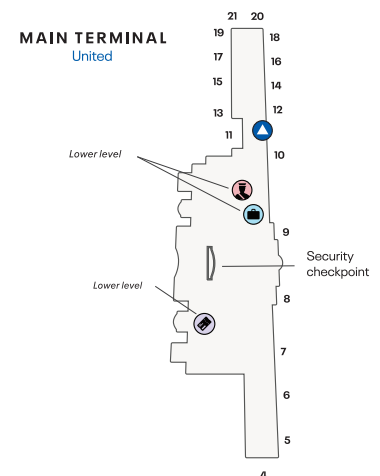
HND | TOKYO HANEDA INTERNATIONAL AIRPORT



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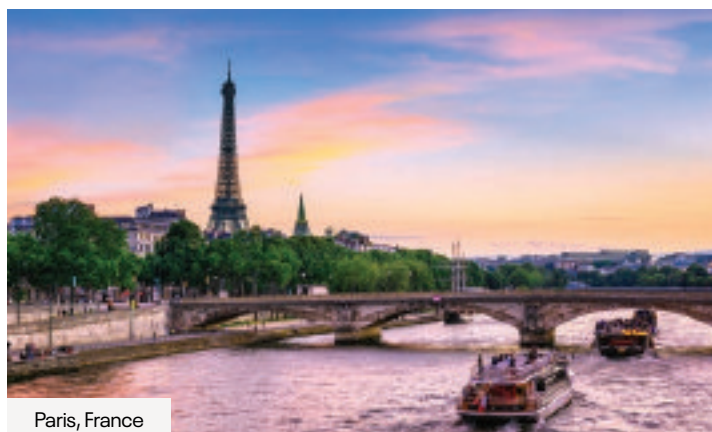
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¹As published by IdeaWorksCompany Annual Reward Availability of economy saver style rewards for June-Oct 2019; among loyalty programs of U.S. global airlines

²Among U.S. global airlines. Includes Star Alliance partner flights.

³Of U.S. airline loyalty programs

The Takeaway

Skipping Barcelona was kind of a bold move. But we decided to drive straight from El Prat Airport to Cadaqués, a breathtakingly beautiful town situated right on the Cap de Creus peninsula, on the Costa Brava, the northernmost stretch of the coast of Catalonia. Rocky coastline, glorious beaches, and quiet coves seemed like a great place for, well, let's call it a "date," even though both of us had traveled over 12 hours to meet in Spain. J and I had met a month before, but work had us in different parts of the world. Spain was in the middle. Plus, it was Spain.

I drove the first two hours from the airport, but upon entering the old town at the head of Cadaqués Bay, I passed the wheel to J. The very charming, very narrow cobblestoned streets seemed like they'd be more enjoyable from the passenger seat. This proved to be a good call. At one point, as we navigated the town looking for our Airbnb, I instructed J to "turn right," because Google told me to "turn right." But that *right* ended up being a steep stone staircase ending at someone's front door, forcing J to reverse the car up the steps, *Mission Impossible*-style, to get back on an actual road. Which he did, very impressively.

After finding our white-washed, Mediterranean-style house, we set off on a 10-minute walk to the historic quarter. We were expecting a quaint harbor village dotted with cafés and seafood restaurants. Instead, we happened upon a full-blown Mardi Gras celebration; turns out it was Carnavales. Men, women, and children dressed in lavish costumes and elaborate masks spilled out of the bars and restaurants and onto

"Three days later, I was being harnessed to a large Spanish man who reassured me, as J did, that I could change my mind at any minute."



On a trip to Spain's Costa Brava, Maura Tierney embraces the unexpected

the square. Carnival music blared from every corner, and bands played on floats roving the streets. People offered to buy us drinks or share food, the language barrier basically nonexistent. The purely communal, celebratory vibe was a truly unique and amazing way to start the trip.

The area's stunning nature topped it, though. Our first hike from Cadaqués to the Cap de Creus lighthouse was a gorgeous four-mile trek full of small ups and downs and secluded beaches, ending with a steep climb to the lighthouse and the adjacent Restaurant Cap de Creus, a lovely place for a beer and some snacks. So lovely, in

fact, that we stayed to watch the sunset ... and learned that grabbing a cab from a remote lighthouse on the edge of the Mediterranean is not really a thing. While we contemplated if we could survive the four-mile hike back, in the dark, with no flashlight, our waiter offered to drive us to town—not something we'll forget.

The rest of the trip was filled with more hikes—including a challenging yet rewarding trek from Palamós to Calella de Palafrugell—and lazy days in town. We visited the Santa Maria Church and the Teatre-Museu Dalí, ate *suquet de peix* (a traditional Catalan fish stew), and drank excellent wine by the sea.

And then we jumped out of a plane.

As with Carnavales, this was not part of the plan. But as we were driving up from Barcelona, we saw a billboard for Skydive Empuriabrava. J mentioned that he had been skydiving several years before, and, without thinking, I said, "I'd do that"—a bit of a flex on my part, but also I didn't think we'd *really* do it. But, three days later, I was being harnessed to a large Spanish man who reassured me, as J did, that I could change my mind *at any minute*. Which didn't necessarily feel reassuring.

The ascent was the most nerve-racking part of the experience. Then I was standing at the open door of the plane, 13,000 feet in the air, and at that point I *couldn't* really change my mind. We free-fell for one full minute, at a speed of 124 mph—one of the most exhilarating minutes of my life. The instructor opened the parachute at 5,000 feet, and then we floated for five minutes, looking out over the beaches of Costa Brava and glimpsing the Pyrenees mountains. When my feet touched the ground, I looked around at everyone else in the landing area, and they all had the same astonished grin that I had; we had all just jumped out of a plane! Sitting at picnic tables, we ate sandwiches and watched other jumpers land. Again, in spite of the language barrier, we all shared the same feelings, the same thought: *When can I do this again?*

So, I think it was a good date.

Golden Globe Award-winner Maura Tierney stars in American Rust: Broken Justice, now streaming on Prime Video.

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